



Virginia's Problem Gambling Treatment and Support

Presentation to the Virginia Gaming Commission Joint Subcommittee

June 17, 2024

Anne Rogers, DBHDS

Dr. Carolyn Hawley, VCPG

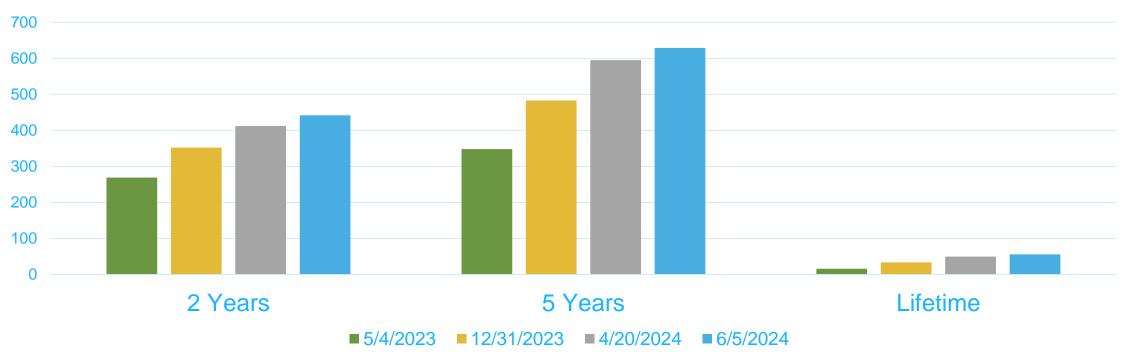






Steady Increase in those Enrolling

State Exclusion List

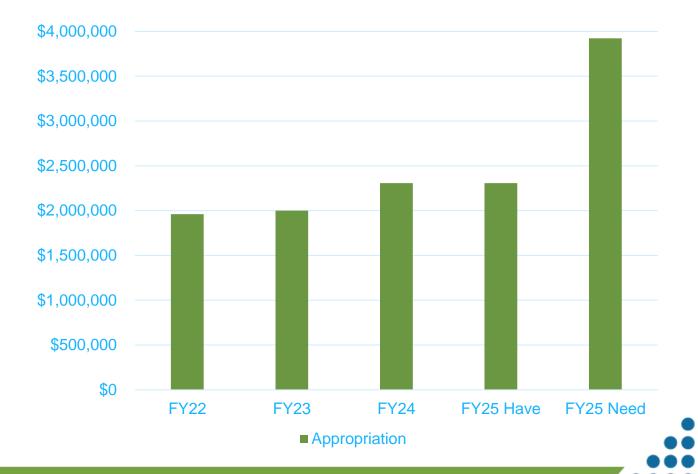






PGTS Fund Appropriation

- Started conservatively with assessing needs
- Needs assessed, continued development of workforce and certifying treatment and peer specialists
- All 5 DBHDS regions in the State have prevention, treatment, and recovery services occurring in them, although <u>not</u> all Counties in Virginia are receiving all services.







Problem Gambling Continuum



- Enjoyment
- Recreation
- Socializing

- Betting more \$ than planned
- Spending more time gambling than planned
- Borrowing \$ to gamble
- · Illusions of control

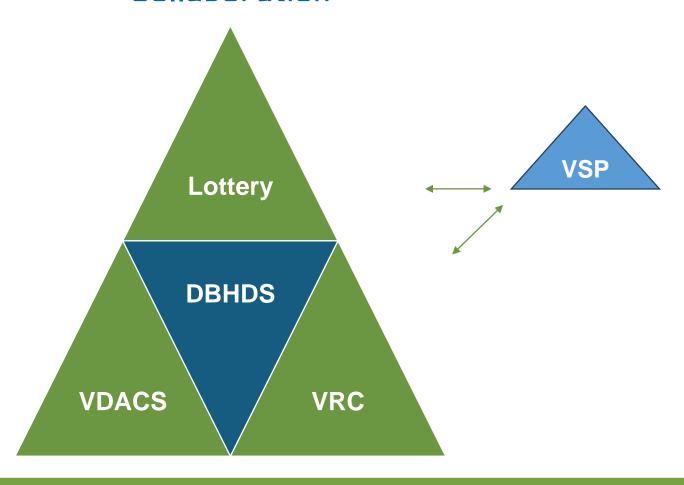
- Impaired control
- Experiencing negative consequences
- Affecting family, friends, community
- Sustained impaired control
- Experiencing significant negative consequences
- Recurring problems over time







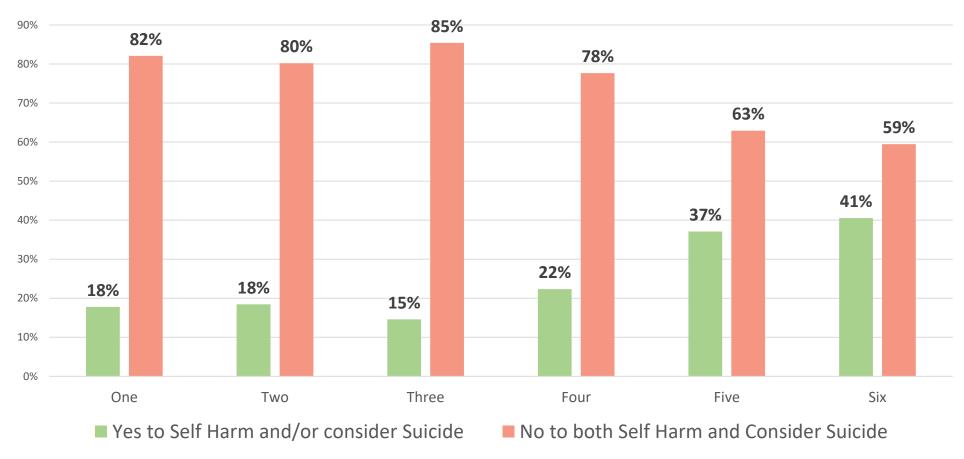
Collaboration







As Gambling Types Increase....

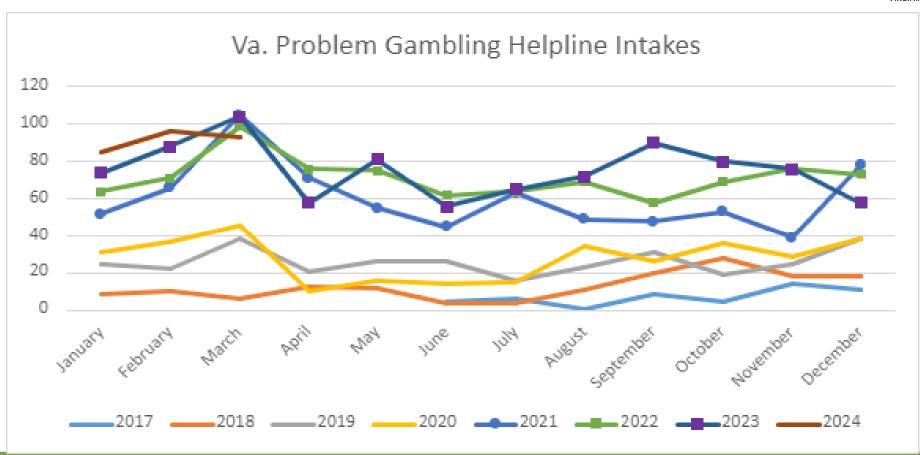






VA PG Helpline Intake Calls









VA PG Helpline Calls 2019-2023



Total calls increased 973% (989 to 10608)

Total intakes increased 189% (311 to 898)





VA Partnership for Gaming & Health Treatment & Recovery Model

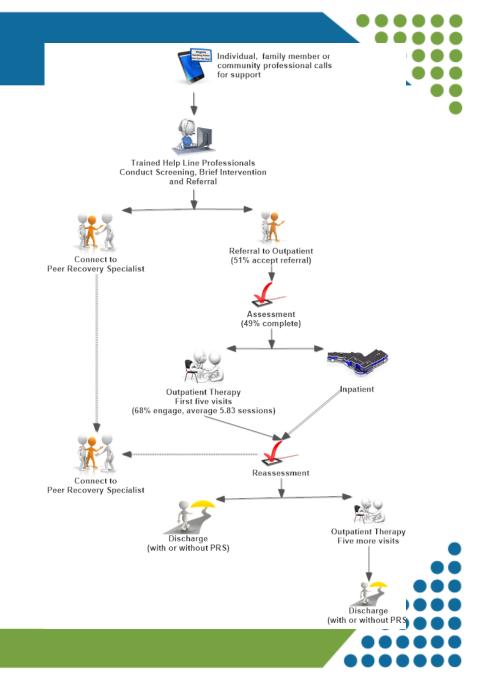
VA resident calls VA PG helpline

Caller connected to Partnership Certified Peer Recovery Specialist

CPRs helps coordinates treatment and other services

All callers receive free assessment regardless of insurance

Appropriate treatment/recovery services follow







Virginia Partnership for Gaming & Health Data Q1

166 Referrals	Connected with 54% At 1 week follow-up 66% reached had met with provider
VPGH Intakes	83% referred to treatment 78% referred to CPRS
Clinical Services	105 providers 306 sessions 77 clients
External Peer Services	15 CPRS 5 RCOs 117 sessions 61 clients
\$ Total Provider Reimbursement 1/1/24 to 3/31/24: \$59,678.00	January \$11k February \$39k March \$9k





VA Partnership Follow-up Data

- % (Of those who answered) who had either decreased or were not gambling:
 - 90% at one week f/u (76% reached)
 - 93% at one month (63% reached)
 - 92% at three month (61% reached)
 - 85% at six month (65% reached)







Question?

For more information:

Anne Rogers, Department of Behavioral Health and Developmental Services, Office of Behavioral Health Wellness Anne.rogers@dbhds.virginia.gov 804-944-4105

Dr. Carolyn Hawley, President, Virginia Council on Problem Gambling Director, Virginia Partnership for Gaming & Health, VCU cehawley@vcu.edu

