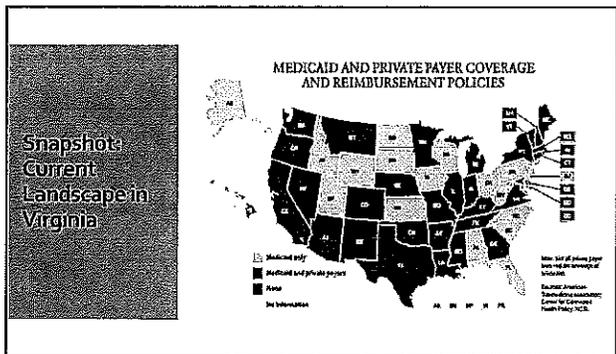


Tele-Behavioral Health:
A Health Plan Perspective

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Setting the Context: Opportunities for Telemedicine in Behavioral Health	Challenges in the Behavioral Health Landscape	Opportunities in Tele-Behavioral Health
	Lack of network & provider shortages	Creates an opportunity for providers to serve more patients and keep traditional overhead costs relatively low (staff, buildings etc.)
	Geographical access constraints	Creates an opportunity for providers to serve areas they otherwise would not have an ability to serve, particularly in rural areas
	Lack of integration between Primary Care and Behavioral Health providers	Creates an opportunity for BH providers to collaborate more effectively with PCPs



Requirements for Health Plans: What is covered today?

Medicaid & Commercial Plans

- Telemedicine Parity: Requires coverage for Medicaid, the State Employee Health Plan and private insurers
- Behavioral Health:
- Counseling/Psychiatric Care
- Online Prescribing (controlled substances II-VI)

*The GAP program also offers reimbursement for Telehealth/telepsychiatry services

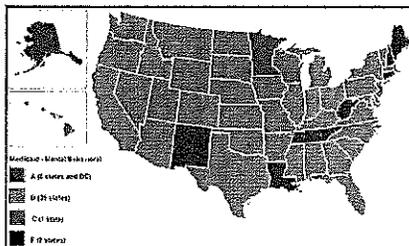
Requirements for Providers

Physician Licensure and Practice Standards

- Requirements for telemedicine are on par with requirements for in-person services, not including prescribing.
- Requires full license and allows provider to provider exemption.
- Extends licensure reciprocity to bordering states.
- Allows physical examination/relationship to be established via telemedicine.
- Establishing an ad hoc committee to study the current telemedicine landscape and develop a guidance document reflective of current law and regulation, Board case decisions, and best practices in the industry.
- No unique laws regulating practice of telemedicine. Standards are the same as in-person care

How does Virginia measure up?

State Parity - Medicaid Mental and Behavioral Health Services



Potential Barriers & Considerations

- "Place of Service" requirements
- Uninsured population
- Psychotropic medical management



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