# **Therapeutic Docket**

A sentencing alternative to traditional probation for offenders with serious mental illness

# Eligibility

- 18 Years Old or Older
- Any Criminal Misdemeanor Offense Excluding DUI
- Post Plea of Guilty or Nolo Contendere
- Serious Mental Illness as defined by DSM-V
- PTSD or TBI diagnosis
- Voluntary Consent to Participate
- Waiver of Certain Constitutional Rights

# Referral

- Defense Attorney
- Commonwealth Attorney
- Probation Officer
- Mental Health Case Manager or Worker
- Defendant
- Judge

### Post Referral

- Court orders PSI to be prepared by Court Community Corrections
- Defendant placed on probation supervision pending the return of the PSI
- Defendant returns to court in 30 days for presentation of PSI and additional sentencing evidence
- Defendant represented by counsel who is present with defendant

# Post Referral (continued)

- If Defendant satisfies eligibility criteria and agrees to participate, then Defendant reviews with counsel outside the presence of the court, the Waiver of Constitutional Rights and Agreement to Participate form
- If Defendant agrees in writing to comply with all conditions, then the court places the Defendant's case on the Therapeutic Docket and places the Defendant on intensive probation supervision

# Post Referral Continued

through Court Community Corrections

- Typically term of probation is 12 months
- Defendant executes conditions of probation with probation officer following the hearing
- Defendant executes all necessary release of information forms

### **Treatment Team Members**

- Probation Officer
- Mental Health Case Manager
- VA Justice Outreach Case Manager
- Jail Discharge Coordinator
- Prosecuting Attorney
- Public Defender
- Judge

#### **Treatment Team**

- Meets weekly with the judge to discuss offender's progress in meeting goals of treatment plan
- Free exchange of information between members
- Recommendations discussed
- Modifications to treatment plan discussed

# **Requirements for Probationer**

- Participation in mental health treatment including psychiatric/counseling/therapy/ group to address SMI and SA
- Medication compliance
- Alcohol/Illegal Drug Abstinence
- Report to court every other week for progress updates
- Report to PO every other week
- No new criminal convictions

# Sanctions

- Lecture
- Community Service
- More frequent court appearances
- Probation officer or mental health case manager ordered to report non compliance immediately to court for immediate court action
- Additional treatment including substance abuse treatment

# Sanctions (continued)

- Additional group treatment including life skills training, trauma treatment, etc.
- Referral to NA or AA as appropriate
- Daily/Weekly breath/urine screens
- Remand to jail
- Revocation hearing scheduled
- Appointment of counsel; revocation hearing; removal from the Theraputic Docket

### Incentives

- Praise by Judge
- Recognition through applause from peers for achieving program goals
- Fewer court appearances
- Fewer group treatment requirements
- Gift cards
- Early graduation

# Graduation

- Ceremony
- Red Rose
- Certificate showing successful completion
- Book-Don't Sweat the Small Stuff
- Handshake from the Judge
- Applause
- Case called first
- Dismissal of charge or suspended sentence with no time to serve