

STEP-VA Implementation Update

SJ47 Joint Subcommittee to Study
Mental Health Services in the 21st Century

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Commissioner
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STEP-VA Overview

STEP-VA services will improve access, increase quality, build consistency and strengthen accountability across Virginia's public behavioral health system.

STEP-VA Service	General Assembly Implemented By Date Requirement
Same Day Access	July 1, 2019
Primary Care Screening and Monitoring	July 1, 2019
Behavioral Health Crisis Services	July 1, 2021
Outpatient Behavioral Health	July 1, 2021
Psychiatric Rehabilitation	July 1, 2021
Peer/Family Support Services	July 1, 2021
Veterans Behavioral Health	July 1, 2021
Care Coordination	July 1, 2021
Targeted Case Management (Adults and Children)	July 1, 2021

DBHDS Proposed Implementation Timeline

STEP-VA Service	General Assembly Implemented By Date Requirement	DBHDS Anticipated Start & End Implementation Dates
Same Day Access	July 1, 2019	July 1, 2017 - July 1, 2019
Primary Care Screening	July 1, 2019	July 1, 2018 - July 1, 2019
Behavioral Health Crisis Services	July 1, 2021	July 1, 2019 - July 1, 2021
Outpatient Behavioral Health	July 1, 2021	July 1, 2018 - July 1, 2020
Psychiatric Rehabilitation	July 1, 2021	July 1, 2017 – July 1, 2021
Peer/Family Support Services	July 1, 2021	July 1, 2017 - July 1, 2019
Veterans Behavioral Health	July 1, 2021	July 1, 2018 - July 1, 2021
Care Coordination	July 1, 2021	Jan 1, 2017 - Jan 1, 2021
Targeted Case Management (Adults and Children)	July 1, 2021	Jan 1, 2017 - Jan 1, 2021

Implementation of the First Steps

Same Day Access

By the end of FY 2019, 100% of CSBs have SDA. Thirty CSBs fully implemented, 2 partial, and 8 preparing for implementation.

Primary Care Screening & Monitoring

CSBs will begin providing or expand this service in early 2019.

Outpatient Services

The 2018 General Assembly provided \$15M in FY 2020 for outpatient counseling services to allow the majority of people requesting services to be seen within 10 business days of the SDA appointment.

Beginning to Build Crisis Services

The 2018 General Assembly provided \$2M in FY 2020 for detoxification services to help divert individuals from state hospital admission under the influence of substances during emergency services evaluation.

Examples of STEP-VA Definitions

Same Day Access

Provides comprehensive assessments to individuals at the time the assessment is requested; appointments are not necessary. The individual comes to the CSB during SDA operating hours. Serves children, adolescents, and adults.

Primary Care Screening

Individuals over age 3 presenting at CSB for treatment being prescribed antipsychotic medication will be initially and annually screened for obesity, dyslipidemia, hyperglycemia, hypertension, and family history of cardio metabolic disease and referred to primary care if positive.

Outpatient

Best practice outpatient individual, group, and family psychotherapy provided face to face or via telehealth by CSBs. Treatment available for a range of issues and severity and for all ages. CSBs refer out and ensure treatment for specialized services as needed. Treatment is evidence-informed and trauma informed.

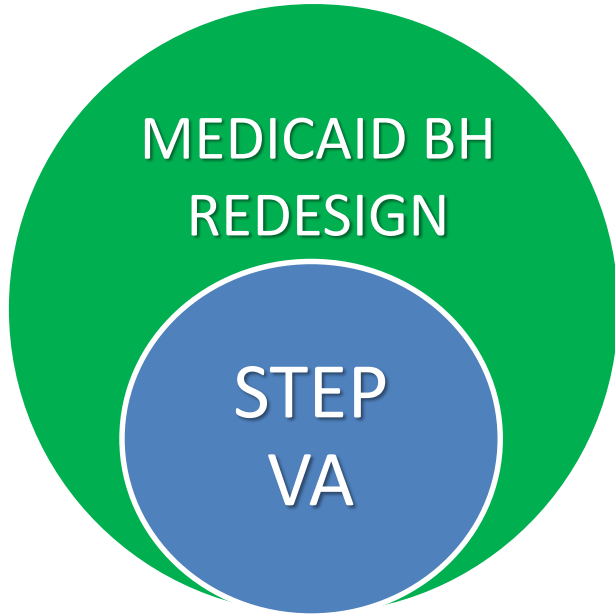
Re-envisioning the Future of Crisis Services

Comprehensive Array of Services	Lifespan Support	Cross Disability
<ul style="list-style-type: none">• Prevention Services• Mobile Crisis Stabilization• Children's Crisis Therapeutic Homes• Provider Development	<ul style="list-style-type: none">• Children• Adolescents• Adults	<ul style="list-style-type: none">• Behavioral Health• Developmental Disability• Dual Diagnosis

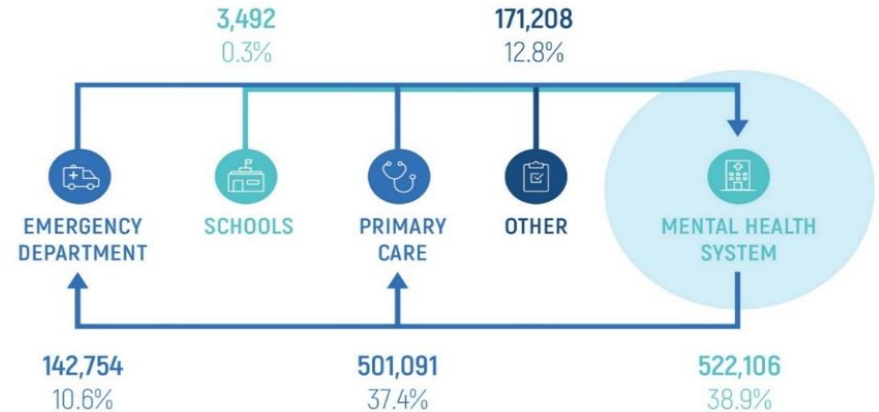
FY18 –FY 20 Current Funding Allocations

STEP-VA Service now required by VA Code	GA Implementation Date Requirement	State General Funds Allocated	Requested by DBHDS
Same Day Access	July 1, 2019	\$ 10.8 million	
Primary Care Screening and Monitoring	July 1, 2019	\$3.7 million FY19 \$7.4 million FY20	
Crisis Services for Behavioral Health*	July 1, 2021	\$2 million FY20	\$20 million FY 20
Outpatient Behavioral Health	July 1, 2021	\$15 million FY20	
Psychiatric Rehabilitation	July 1, 2021	–	
Peer Support and Family Support Services	July 1, 2021	–	
Veterans Behavioral Health Services	July 1, 2021	–	
Care Coordination	July 1, 2021	–	
Targeted Case Management (Adults and Children)	July 1, 2021	–	

STEP-VA and Medicaid BH Redesign

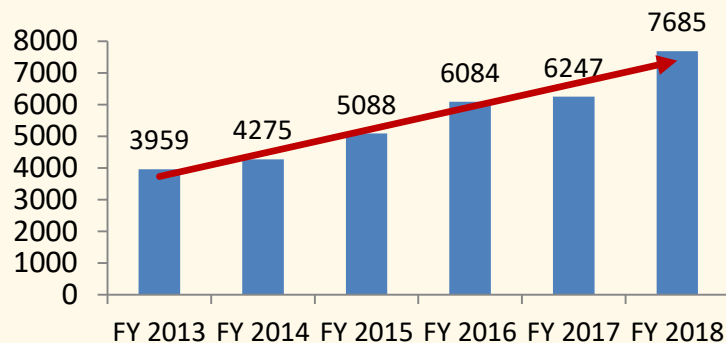


- A strong public behavioral health system provides a necessary foundation.
- STEP VA meets the essential needs of of individuals through the public mental health system.
- The remaining proportion of mental health needs will be met through the system redesign.
- Both transformative efforts provide and enhance services through the continuum meeting the needs of all populations.

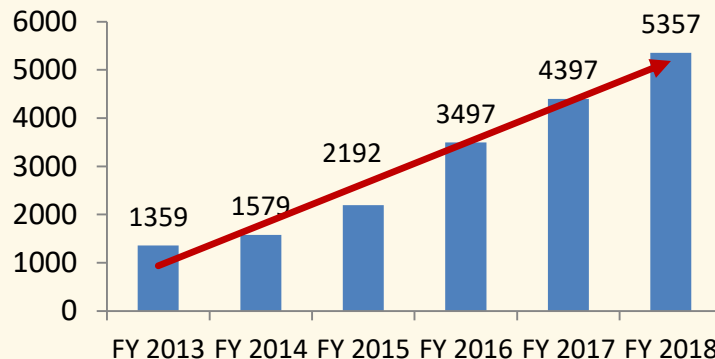


Managing State Hospital Census

Total State Hospital Admissions, FY13 – FY18



Total Temporary Detention Order Admissions, FY13 - FY18



- TDO admissions have increase 294% since FY 2013
- If trend continues the state hospitals will be operating at over 101% capacity by FY 2023, compromising staff and patient safety and likely sparking DOJ investigations.