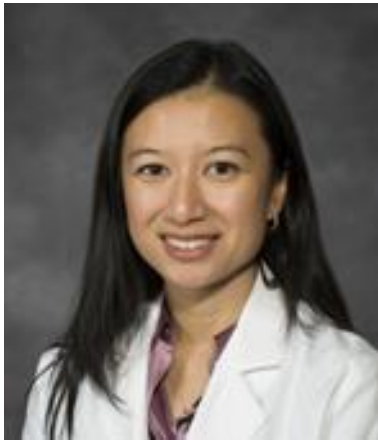


# MEDICAID BEHAVIORAL HEALTH REDESIGN UPDATE

DECEMBER 4<sup>TH</sup>, 2018



# BEHAVIORAL HEALTH REDESIGN LEADERSHIP



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*Department of Behavioral Health and  
Developmental Services*



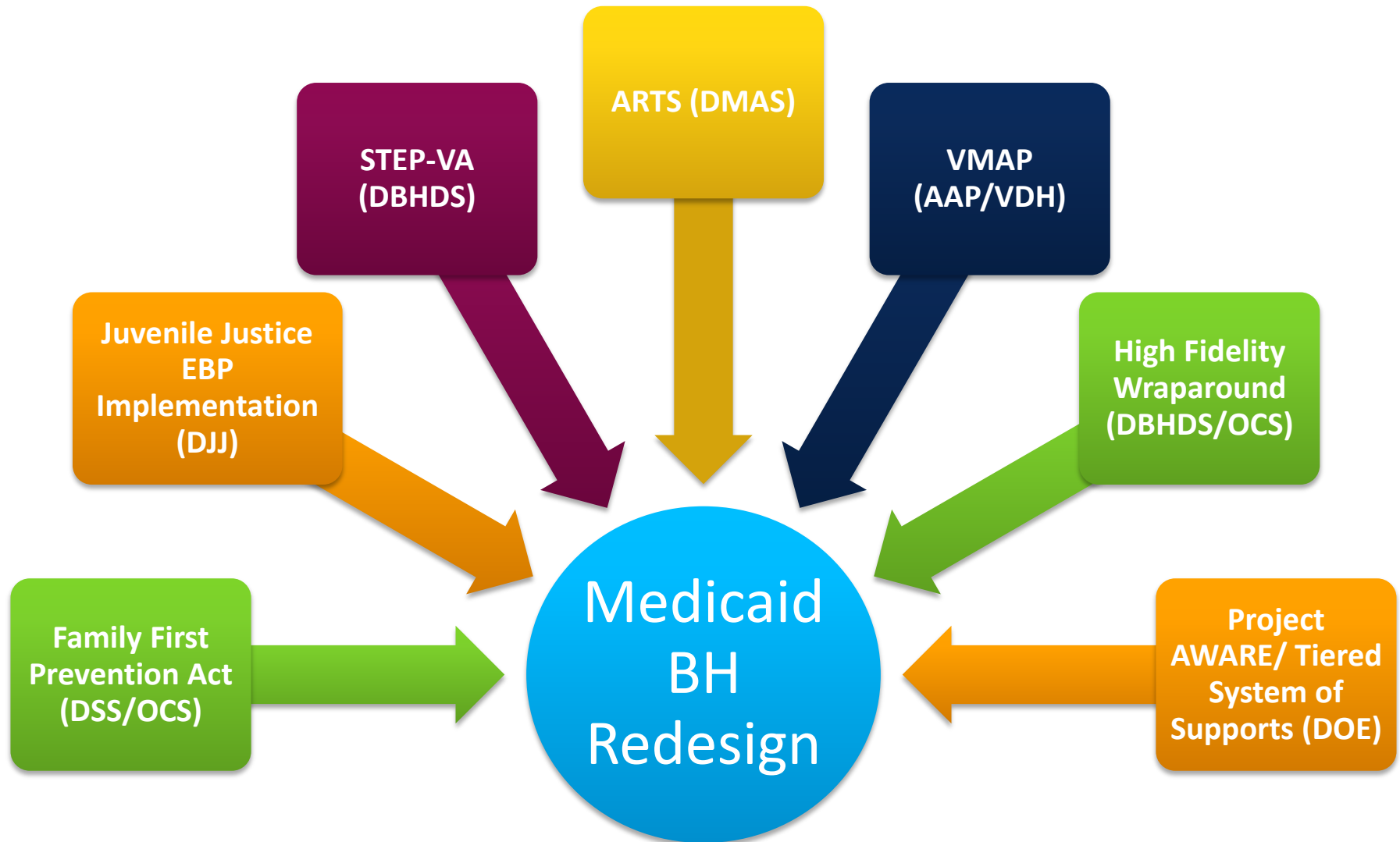
Alyssa Ward, Ph.D., LCP

*Department of Medical Assistance Services*

## The start of behavioral health transformation

- STEP-VA has paved the way forward in creating a path for mental health system change in the 21<sup>st</sup> century
- Implementation is in progress and the next step in the process is to critically examine the sustainability of the program
- The *need* identified is to establish an array of services that complement the foundational changes that STEP-VA provides
- The *process* for the development of the array is through the concurrent redesign of the Medicaid behavioral health services to support and sustain STEP-VA

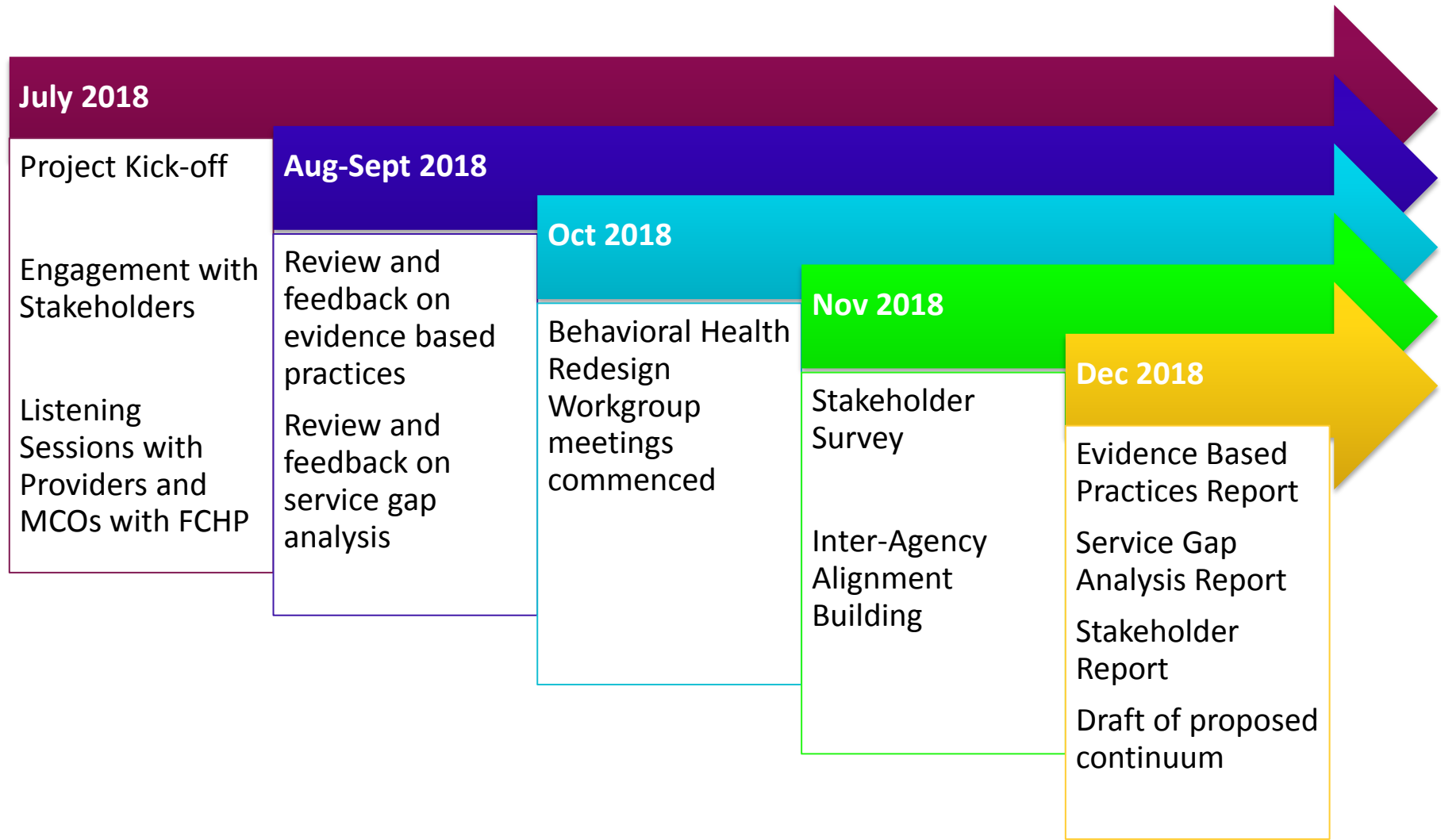
# Shared Goals and Alignment of Initiatives



# Vision for Medicaid Redesign

- Keep Virginians well and thriving in their communities
- Reach people in environments where they already seek support such as primary care and schools
- Support and sustain STEP Virginia
- Assure Medicaid coverage and high quality behavioral health options for those eligible
- Retrain and build our workforce
- **Long term vision:** shift our system's need to focus on crisis by investing in prevention and early intervention with mental illness

# Medicaid Redesign Project Timeline and Progress



# Summary of Evidence Synthesis & Service Gap Analysis

## Major Highlights

- Our current system employs very few evidence-based practices
- Many states and large localities have successfully implemented redesigns such as the one we propose to improve quality of care and reduce crisis and suffering
- There are significant opportunities for us to bolster existing trauma-informed and evidence-based programs
- Strong precedent in other states for system change through developing capacity for integrated care in physical health and school settings

# Behavioral Health Redesign Workgroup

## *Stakeholder Partnership in Action*

### Goals of the workgroup:

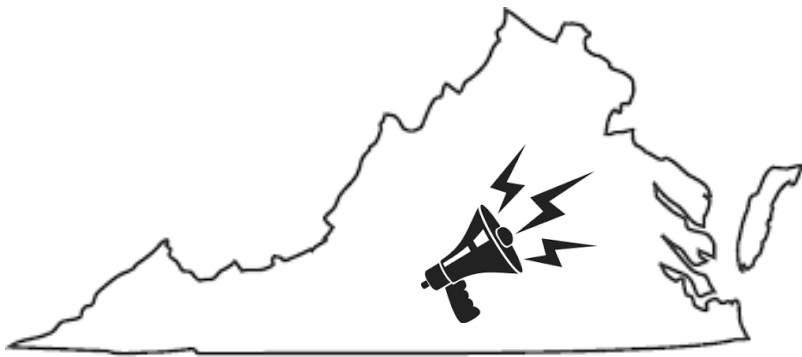
- To create and maintain a venue for open communication regarding systems redesign
- To strengthen our collective, collaborative partnership as these will be central to the success of redesign
- To gather perspectives from key stakeholder informants on priorities and concerns of those they represent
- To share information on our current work and intentions over the course of the project



# Stakeholders in Redesign

Over 100 Members including representatives from:

- **State Agencies**  
DBHDS, DSS, OCS, DJJ, DOC, VDH, DHP, DOE
- **Advocacy Organizations**  
NAMI, VOCAL, Voice's for Virginia's Children
- **Private Provider Associations**  
VNPP, VACSB, VCOPPA, Caliber, VABA, VACBP
- **Professional Associations**  
VHHA, Psychiatric Society, Va Academy of Clinical Psychologists, American Academy of Pediatrics, Medical Society of Virginia, National Association of Social Workers, NP Coalition, Virginia Community of Healthcare Association
- **Managed Care Organizations**  
Aetna, VAP, Magellan CC, Optima, United, Anthem
- **Magellan:** Behavioral Health Services Administrator



# STAKEHOLDER SURVEY INFORMATION

*Collecting voices from across  
the Commonwealth*

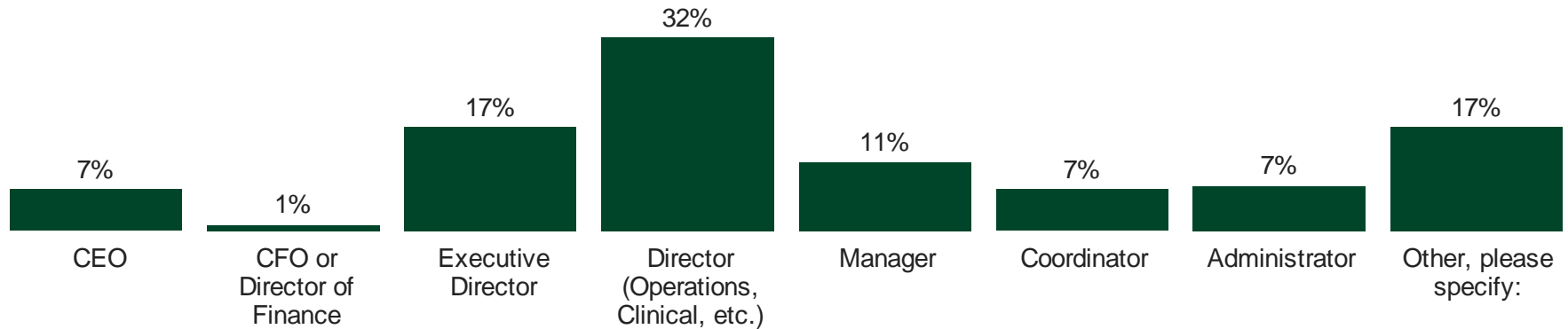
# Survey Development & Distribution

- **Purpose of this survey:** To collect perspectives on the development of a continuum of evidence-based, trauma-informed, and prevention-focused Medicaid community mental health services in Virginia.
  - Based on the current array of Medicaid funded services
- **Distribution:**
  - Initially BHRW members and essential partners
  - Redistributed internally to relevant team members

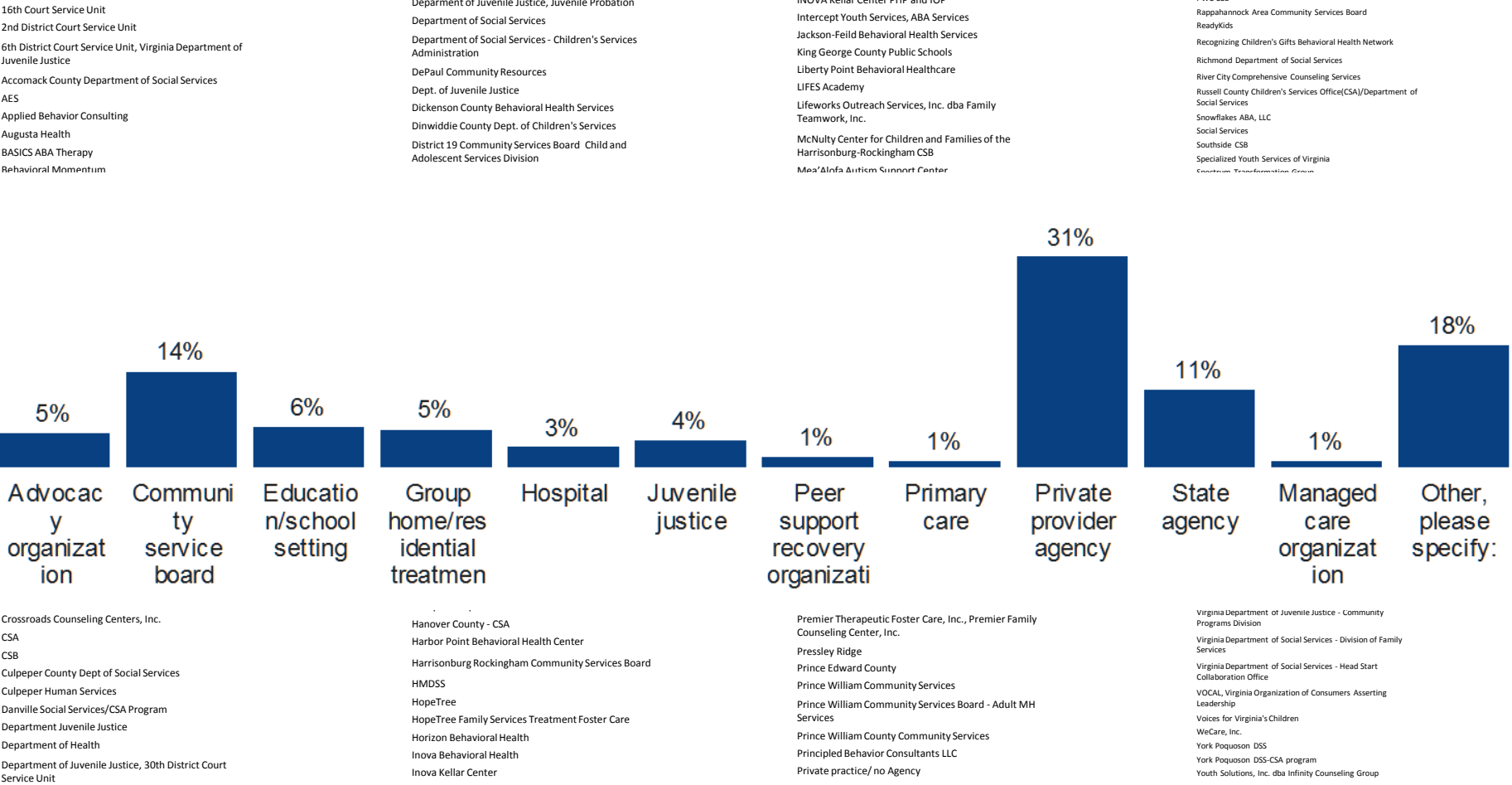
# Profile of survey respondents

n=203

Current role/position:

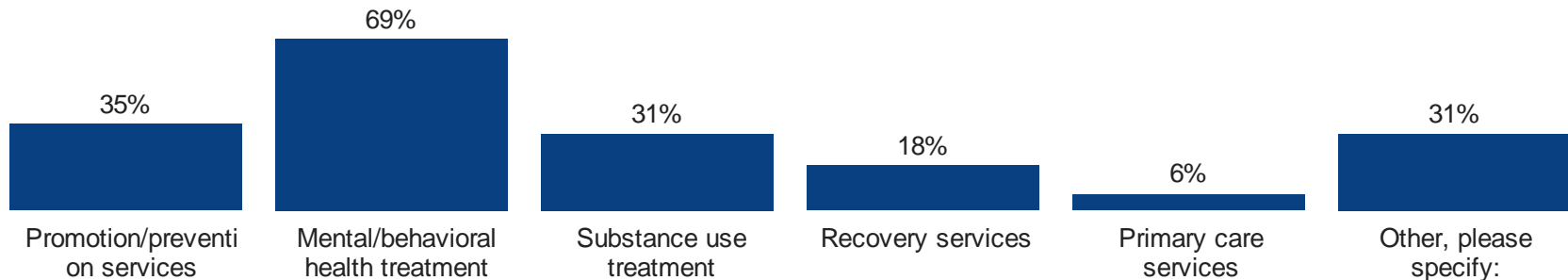


# Organizations represented

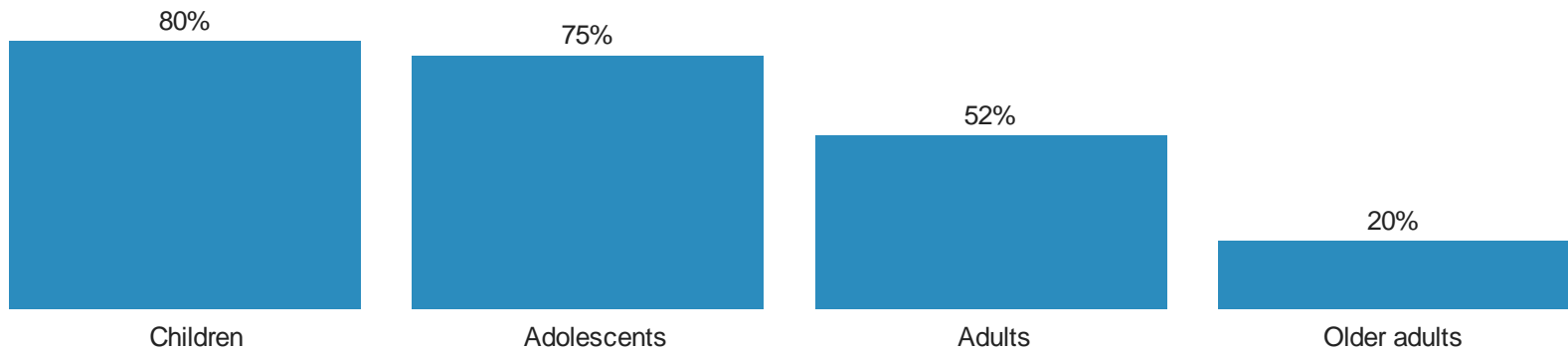


# Services & Populations

What are the primary behavioral health services your organization provides? (select all that apply)



What are the primary populations your organization serves?



# Does the array of currently Medicaid-funded services meet the mental/behavioral health needs in Virginia?

	n	Yes, just fine as categorized	Yes, but services need redesign	No, current array does not meet need	Don't know or have enough info to respond
Promotion & Prevention	108	16%	19%	47%	18%
Treatment	142	20%	38%	36%	6%
Recovery	54	31%	20%	43%	6%

# Are there services types in this array that those you serve have trouble accessing?

	n	No, services are available and accessible	Depends, services are not uniformly available	Yes, there are consistently access problems	Don't know or have enough info to respond
Promotion & Prevention	95	18%	33%	26%	23%
Treatment	131	10%	33%	46%	11%
Recovery	54	24%	30%	37%	9%



# Does Virginia have proficient workforce to provide this array of services?

	n	Yes, proficient workforce currently provides these services	Yes, proficient workforce exists, but needs redesign	No, there are significant workforce challenges to providing these services	Don't know or have enough info to respond
Promotion & Prevention	95	6%	11%	57%	26%
Treatment	129	6%	12%	75%	7%
Recovery	54	20%	9%	52%	19%

# Emerging Themes: Current Strengths

High Fidelity Wraparound  
MST FFT  
Public awareness  
SURVEY Peer support  
AWAKENING STEP VA  
Stakeholder Involvement  
Behavioral Health Redesign Workgroup  
General funds PACCT Telehealth  
DJJ positions at CSBs  
Legislative support

# Emerging Themes: Future Needs

Community based services  
Rate redesign  
PACT expansion  
Address disparities  
Integrated care  
Faster credentialing  
0 to 5  
ACCOUNTABILITY  
clear communication  
Public advocacy  
prevention  
Community linkages  
ALIGNMENT  
Licensure reciprocity  
EBP reimbursement  
Recruitment  
Equitable pay  
Licensed professionals  
Psychiatry access

# Intersecting Themes

- Emerging themes are highly interdependent.
  - Workforce/Access
  - Access/Regulation
  - Funding/Workforce
  - Workforce/Regulation
  - Regulation/Communication





# OUR PATH FORWARD

## Behavioral Health Redesign 2019

# 2019 Plans

- January
  - 1/7/18: Next Workgroup Meeting
    - Presentation of proposed continuum
    - Sharing of stakeholder survey comprehensive results
    - Workgroup evolution planning
  - General Assembly
- March
  - Stakeholder Workgroup Sub-Committees
  - Continued Partnership Building across Agencies
  - Formal Implementation Planning