BEHAVIORAL HEALTH MEDICAID TRANSFORMATION

A Collaborative Effort of the Department of Medical Assistance Services; The Department of Behavioral Health and Developmental Services; and the Eugene S. Farley, Jr. Health Policy Center, University of Colorado School of Medicine
Virginia Behavioral Health Landscape

Virginia spends 50% of state general fund dollars on 3% of the public behavioral health population.

Mental Health America ranks Virginia:

- 40th in the nation overall (adults and youth)
- 47th in the nation for youth

2018: http://www.mentalhealthamerica.net/issues/ranking-states
Expenditures on Community-Based Medicaid Mental Health Services

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Vision

- Behavioral health system is seamless, coordinated, and integrated
- Evidence-based and trauma informed
- Person-centered care that centers on early intervention, prevention, wellness & recovery
- Incorporates the continuum of care across the lifespan
- Aligns with and supports STEP VA
Farley Center for Health Policy

• National experts who provide technical assistance and leadership to state agencies to advance policies and achieve integration and whole person health

• Specifically assisted Oregon, Washington, Idaho, Virginia with their Medicaid population

• For more information on the Farley center, please visit [http://farleyhealthpolicycenter.org/](http://farleyhealthpolicycenter.org/)
Project Kick Off

Project Introductions and Listening Sessions

• What does our system look like? What do we want it to look like?
  ▪ Behavioral Health Quality Collaborative- MCOs
  ▪ Stakeholders- providers, consumers, advocates
  ▪ Cross agency engagement and participation
  ▪ Meetings with DMAS and DBHDS Executive Leadership and Senior Staff
Key Dates

- Monthly updates: to stakeholders (providers, MCOs, consumers) with feedback opportunities
- Fall 2018: Initial draft recommendations
- December/January: In person stakeholder meeting to provide input on the strategic plan
- January/February: Farley Health Policy Center presentation to key stakeholders and legislators of strategic plan
Transformation Outcomes

• Medicaid behavioral health services will be evidence-based, person-centered, cost effective, and available in multiple settings where individuals present for care.

• Medicaid behavioral health services will be focused on prevention and trauma-informed, connecting the gaps between community, outpatient and inpatient services, family/caregiver engagement, resulting in positive health outcomes for all Virginians with behavioral health needs.
Questions?

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