

BEHAVIORAL HEALTH MEDICAID TRANSFORMATION

A Collaborative Effort of the
Department of Medical Assistance Services;
The Department of Behavioral Health and
Developmental Services;
and
the Eugene S. Farley, Jr. Health Policy Center,
University of Colorado School of Medicine

Virginia Behavioral Health Landscape

Virginia spends 50% of state general fund dollars on 3% of the public behavioral health population.

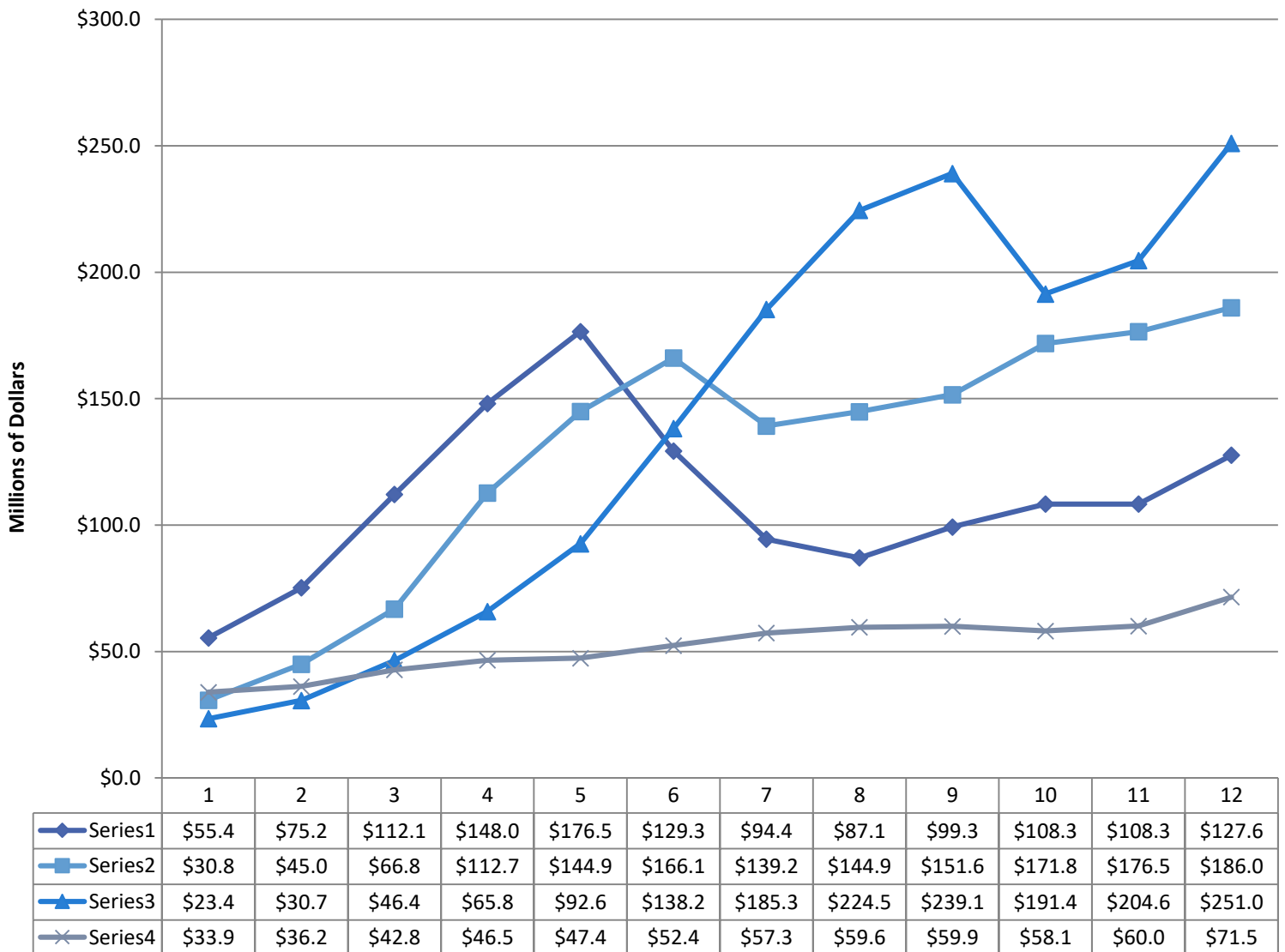


Mental Health America ranks Virginia:

- 40th in the nation overall (adults and youth)
- 47th in the nation for youth

2018: <http://www.mentalhealthamerica.net/issues/ranking-states>

Expenditures on Community-Based Medicaid Mental Health Services



Vision

- Behavioral health system is seamless, coordinated, and integrated
- Evidence-based and trauma informed
- Person-centered care that centers on early intervention, prevention, wellness & recovery
- Incorporates the continuum of care across the lifespan
- Aligns with and supports STEP VA

Farley Center for Health Policy

- National experts who provide technical assistance and leadership to state agencies to advance policies and achieve integration and whole person health
- Specifically assisted Oregon, Washington, Idaho, Virginia with their Medicaid population
- For more information on the Farley center, please visit <http://farleyhealthpolicycenter.org/>

Project Kick Off

Project Introductions and Listening Sessions

- What does our system look like? What do we want it to look like?
 - Behavioral Health Quality Collaborative- MCOs
 - Stakeholders- providers, consumers, advocates
 - Cross agency engagement and participation
 - Meetings with DMAS and DBHDS Executive Leadership and Senior Staff

Key Dates

- Monthly updates: to stakeholders (providers, MCOs, consumers) with feedback opportunities
- Fall 2018: Initial draft recommendations
- December/January: In person stakeholder meeting to provide input on the strategic plan
- January/February: Farley Health Policy Center presentation to key stakeholders and legislators of strategic plan

Transformation Outcomes

- Medicaid behavioral health services will be evidence-based, person-centered, cost effective, and available in multiple settings where individuals present for care.
- Medicaid behavioral health services will be focused on prevention and trauma-informed, connecting the gaps between community, outpatient and inpatient services, family/caregiver engagement, resulting in positive health outcomes for all Virginians with behavioral health needs.

Questions?

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