Mental Health Services in the 21st Century
Joint Subcommittee
Continuum of Care Workgroup

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Family Preservation Services, Inc.
on behalf of the Virginia Network of Private Providers

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Family Preservation Services, Inc.

- FPS provides community-based behavioral health services to over 3500 children and adults across Virginia
  - 900+ employees
  - 30 offices
  - Subsidiary of Providence Human Services
- Support individuals and families in their homes and communities through array of services, such as:
  - Therapeutic day treatment (TDT)
  - Intensive in-home (IIH)
  - Mental health skill building (MHSS)
  - Behavioral Therapy Services (BTS)
Private Providers in Virginia

<table>
<thead>
<tr>
<th></th>
<th>MH/SA Providers</th>
<th>MH/SA Locations</th>
</tr>
</thead>
<tbody>
<tr>
<td>CSB (Public)</td>
<td>40</td>
<td>1,710</td>
</tr>
<tr>
<td>Private Providers</td>
<td>557</td>
<td>2,683</td>
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<td><strong>Total</strong></td>
<td><strong>597</strong></td>
<td><strong>4,393</strong></td>
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</tbody>
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DBHDS Licensed Services for Behavioral Health:

- Residential Services
- Day Treatment
- Supportive Services
- Inpatient Services
- Intensive In-Home Services
- Medication Assisted/Opioid Treatment Services
- Outpatient
- Respite Services
- Correctional Facility
- Children’s Residential Services
- Case Management
- Intensive Community Treatment (ICT)
- Program of Assertive Community Treatment (PACT)
Commitment to Quality and Outcomes

• Private providers are committed to using evidenced-based practice to deliver high quality services
  – Using SAMHSA System of Care principles
  – Working toward accreditation through national organizations, such as Council on Accreditation

• Private providers have the resources and infrastructure to respond to emerging needs and are fully at-risk for providing these services
Partnerships

• The current behavioral health system is a complex network of stakeholders
  – Individuals and families
  – Community Services Boards & Behavioral Health Authorities
  – Magellan of Virginia
  – DMAS and DBHDS
  – Local schools, DSS, jails, CSA programs, law enforcement, and hospitals

• Providers must work with each of these entities to ensure individuals receive appropriate services
Challenges

• Recent service eligibility changes and rate reductions have left individuals without needed services (e.g. MHSS, IIH)

• Eliminating the VICAP program while maintaining and enforcing clear criteria for each service through the Magellan pre-authorization process
Challenges

• Case management should be free of conflict

• Current rates and rate structure are not aligned with evidence-based practices and outcomes-based performance
Looking to the Future

- Providers want to be part of the mental health transformation discussions
  - SJR47 Mental Health Services 21st Century Joint Subcommittee
  - DBHDS Transformation Teams
  - A Healthy Virginia: Integrated Health Homes and GAP plan
- Any transformation efforts should explore:
  - Additional care coordination and integration of primary and behavioral health care
  - Shifting toward outcomes-based performance expectations and accountable care models
  - Collecting better data to guide rate setting and regulatory changes
  - Providing case management free from any conflict
Thank You