

Mental Health Services in the 21st Century Joint Subcommittee *Continuum of Care Workgroup*

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on behalf of the Virginia Network of Private Providers

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Family Preservation Services, Inc.

- FPS provides community-based behavioral health services to over 3500 children and adults across Virginia
 - 900+ employees
 - 30 offices
 - Subsidiary of Providence Human Services
- Support individuals and families in their homes and communities through array of services, such as:
 - Therapeutic day treatment (TDT)
 - Intensive in-home (IIH)
 - Mental health skill building (MHSS)
 - Behavioral Therapy Services (BTS)

Private Providers in Virginia

| | MH/SA Providers | MH/SA Locations |
|-------------------|-----------------|-----------------|
| CSB (Public) | 40 | 1,710 |
| Private Providers | 557 | 2,683 |
| Total | 597 | 4,393 |

DBHDS Licensed Services for Behavioral Health:

- Residential Services
- Day Treatment
- Supportive Services
- Inpatient Services
- Intensive In-Home Services
- Medication Assisted/Opioid Treatment Services
- Outpatient
- Respite Services
- Correctional Facility
- Children's Residential Services
- Case Management
- Intensive Community Treatment (ICT)
- Program of Assertive Community Treatment (PACT)

Commitment to Quality and Outcomes

- Private providers are committed to using evidenced-based practice to deliver high quality services
 - Using SAMHSA System of Care principles
 - Working toward accreditation through national organizations, such as Council on Accreditation
- Private providers have the resources and infrastructure to respond to emerging needs and are fully at-risk for providing these services

Partnerships

- The current behavioral health system is a complex network of stakeholders
 - Individuals and families
 - Community Services Boards & Behavioral Health Authorities
 - Magellan of Virginia
 - DMAS and DBHDS
 - Local schools, DSS, jails, CSA programs, law enforcement, and hospitals
- Providers must work with each of these entities to ensure individuals receive appropriate services

Challenges

- Recent service eligibility changes and rate reductions have left individuals without needed services (e.g. MHSS, IHH)
- Eliminating the VICAP program while maintaining and enforcing clear criteria for each service through the Magellan pre-authorization process

Challenges

- Case management should be free of conflict
- Current rates and rate structure are not aligned with evidence-based practices and outcomes-based performance

Looking to the Future

- Providers want to be part of the mental health transformation discussions
 - SJR47 Mental Health Services 21st Century Joint Subcommittee
 - DBHDS Transformation Teams
 - A Healthy Virginia: Integrated Health Homes and GAP plan
- Any transformation efforts should explore:
 - Additional care coordination and integration of primary and behavioral health care
 - Shifting toward outcomes-based performance expectations and accountable care models
 - Collecting better data to guide rate setting and regulatory changes
 - Providing case management free from any conflict



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Thank You

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