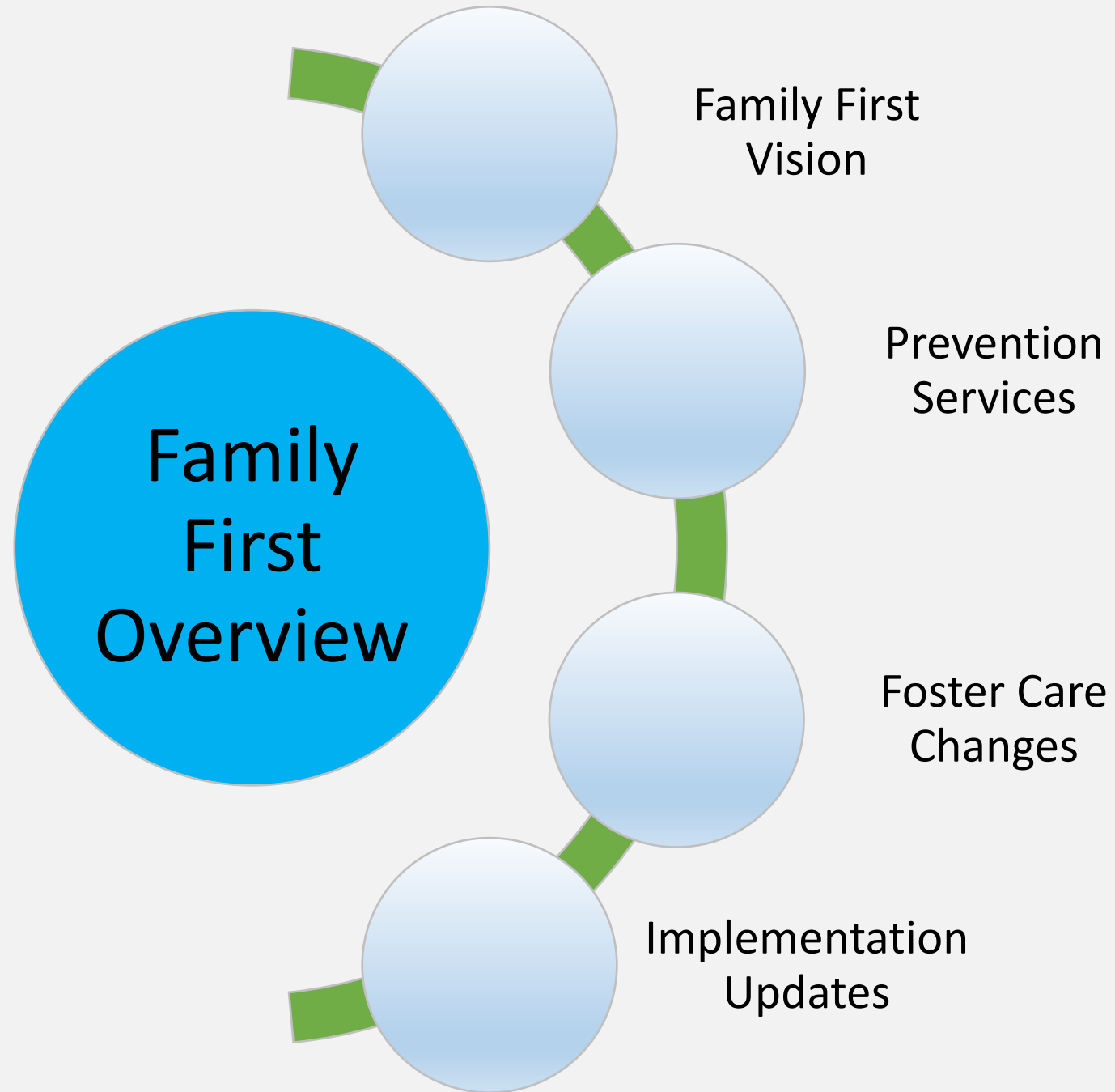


Family First Prevention Services Act And Implementation Updates



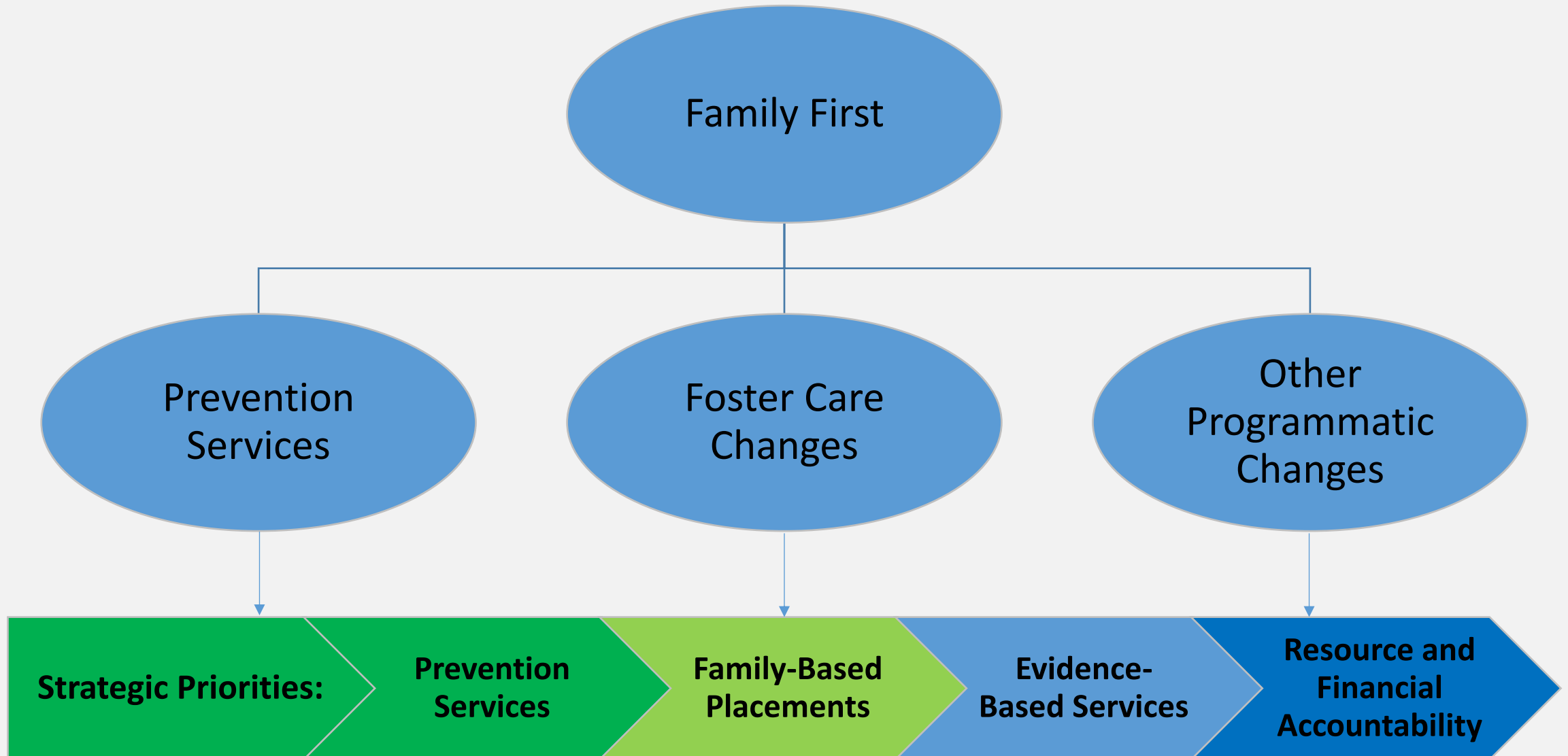
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**The vision for Family First is
to keep children safe,
strengthen families and
reduce the need for foster
care whenever it is safe to
do so.**

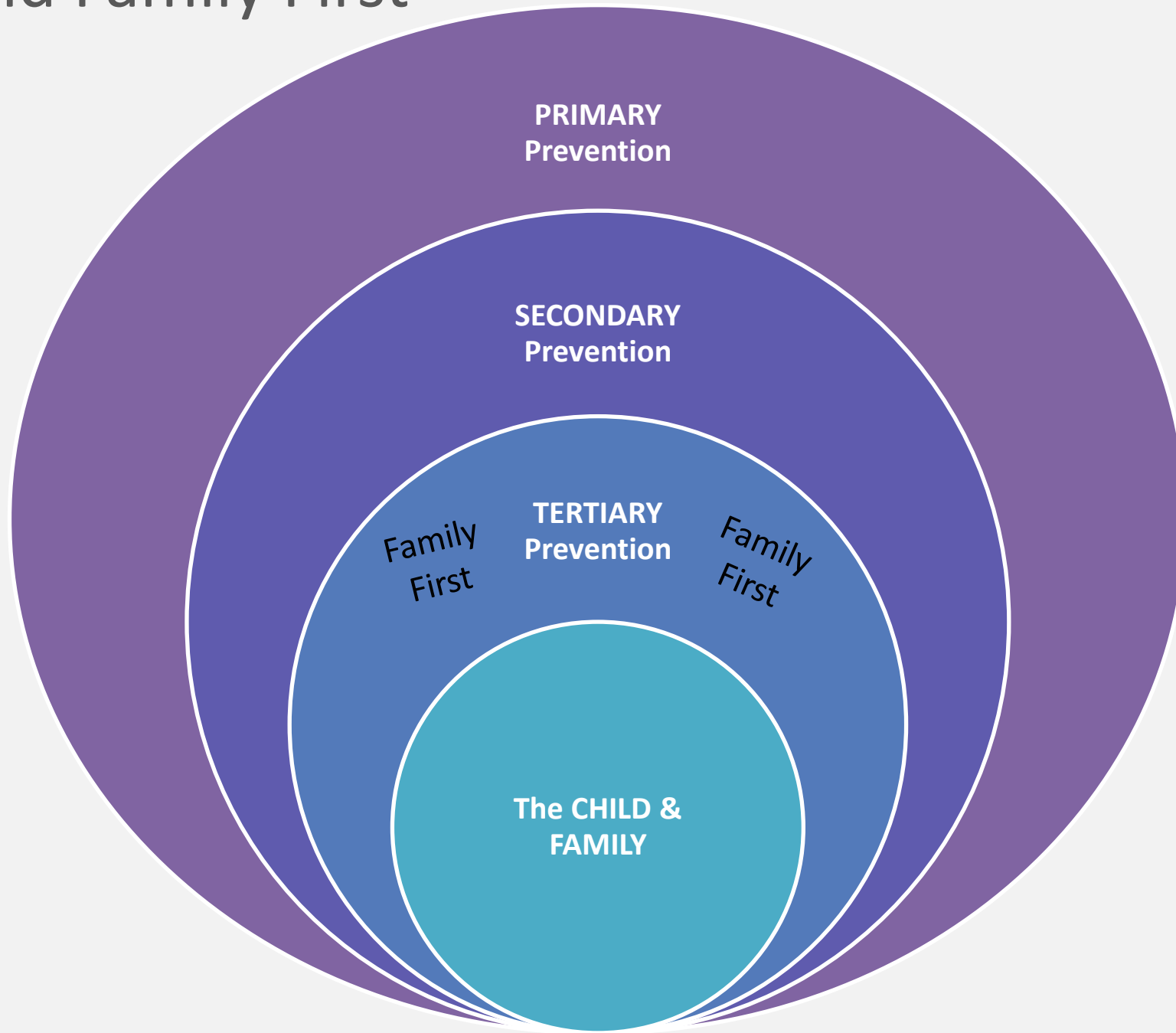
Three Tiers of Family First





Prevention Services

Prevention and Family First



Who is Eligible for Title IV-E Prevention Services Funds?



**Prevention
Services**

- ❖ A child (and their caregivers) who is a candidate for foster care who can remain safely at home or in a kinship home and is identified as being at *imminent risk* of entering foster care
- ❖ A child in foster care who is pregnant or parenting
- ❖ A child whose adoption or guardianship arrangement is a risk of a disruption/dissolution and includes post-reunification services



**Prevention
Services**

Imminent Risk Definition

“Imminent risk” means a child and family’s circumstances demand that a defined case plan is put into place within 30 days that identifies interventions, services and/or supports and absent these interventions, services and/or supports, foster care placement is the planned arrangement for the child.

What services are reimbursable?

A green arrow pointing to the right, containing the text "Prevention Services".

**Prevention
Services**



Mental Health
Prevention and
Treatment
Services



Substance Abuse
Prevention and
Treatment
Services



In-home Parent
Skill-Based
Programs

Trauma Informed and Evidence-Based Services

Evidence-
Based
Services

Well Supported(1)

Improved outcome must be based on the results of at least 2 studies that used a random control or quasi-experimental trial

Carried out in a usual care or practice setting

Sustained effect for at least one year beyond the end of treatment

Supported(2)

Improved outcome must be based on the results of at least one study that used a random control or quasi-experimental trial

Carried out in a usual care of practice setting

Sustained effect for at least 6 months beyond the end of treatment

Promising(3)

Improved outcomes must be based on at least one study that uses some form of control group

Initial List of Services Under Review

Mental Health Prevention Treatment Services

- Parent-Child Interaction Therapy
- Trauma-Focused Cognitive Behavioral Therapy
- Multisystemic Therapy
- Functional Family Therapy

Substance Abuse Prevention Treatment Services

- Motivational Interviewing
- Multisystemic Therapy
- Families Facing the Future
- Methadone Maintenance Therapy

In-Home Parent Skill- Based Programs

- Nurse-Family Partnership
- Healthy Families America
- Parents as Teachers

Kinship Navigator Programs

- Children's Home Inc. Kinship Interdisciplinary Navigation Technologically-Advanced Model (KIN-Tech)
- Children's Home Society of New Jersey Kinship Navigator Model

**Evidence-
Based
Services**

Federal Prevention Services Clearinghouse

Release of Clearinghouse
Handbook of Standards and
Procedures

April 2019

Release of the next list of
evidence-based services
to be reviewed

Late Spring-Summer 2019

May 2019

Release of Program and
Service Ratings of the
Initial 11 evidence-
based services

**Evidence-
Based
Services**



Foster Care Program Changes

We believe that children do best when raised in families.

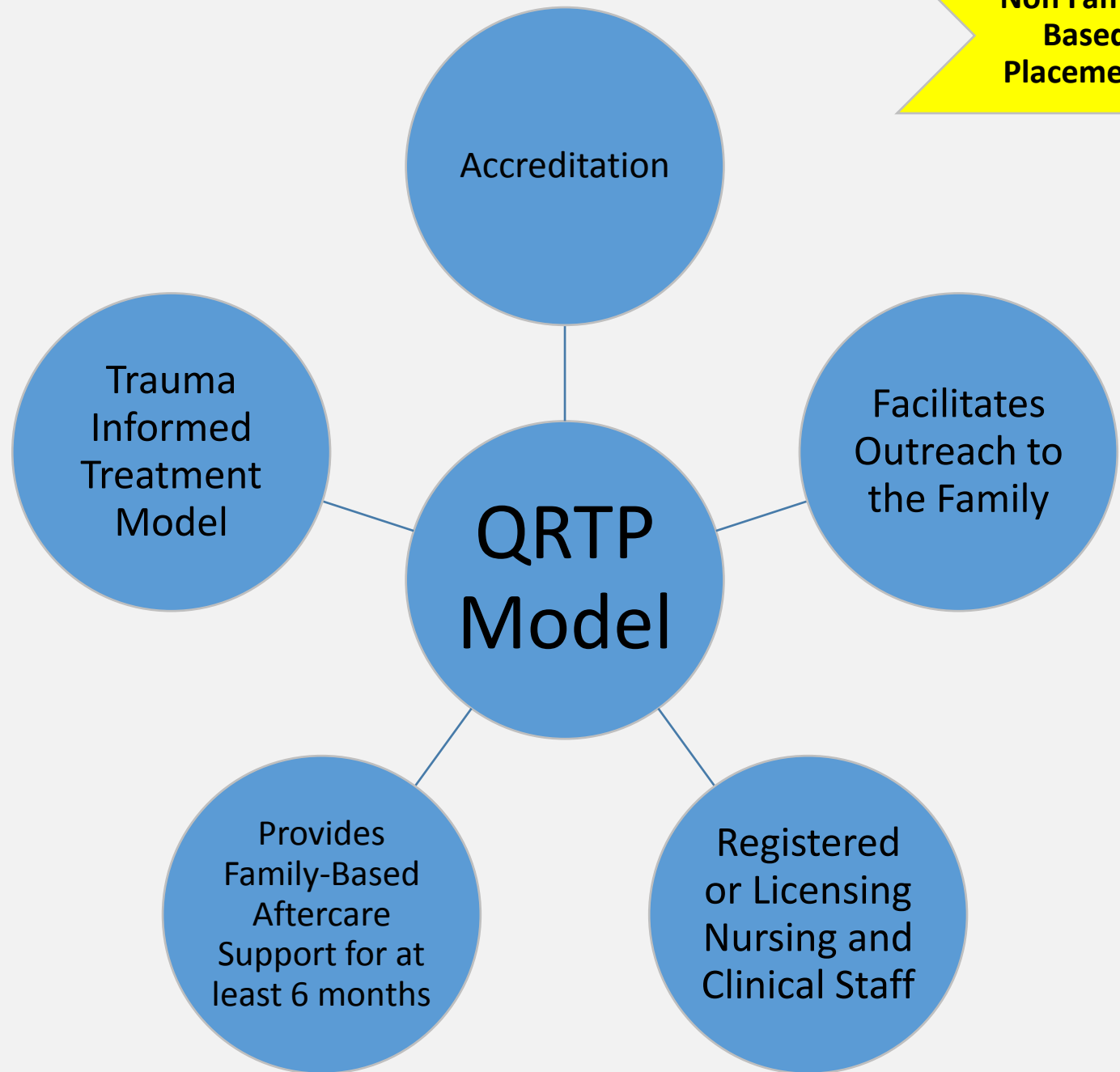
After a two-week grace period, Family First limits IV-E Maintenance Payments to:

- ❖ Family and kinship foster homes
- ❖ Placements for pregnant or parenting youth
- ❖ Supervised independent living for youth 18+
- ❖ Qualified Residential Treatment Programs (QRTP) for youth with treatment needs
- ❖ High quality residential placements and support services for victims of sex trafficking
- ❖ Family-based residential treatment facility for substance abuse *(beginning October 2018)*

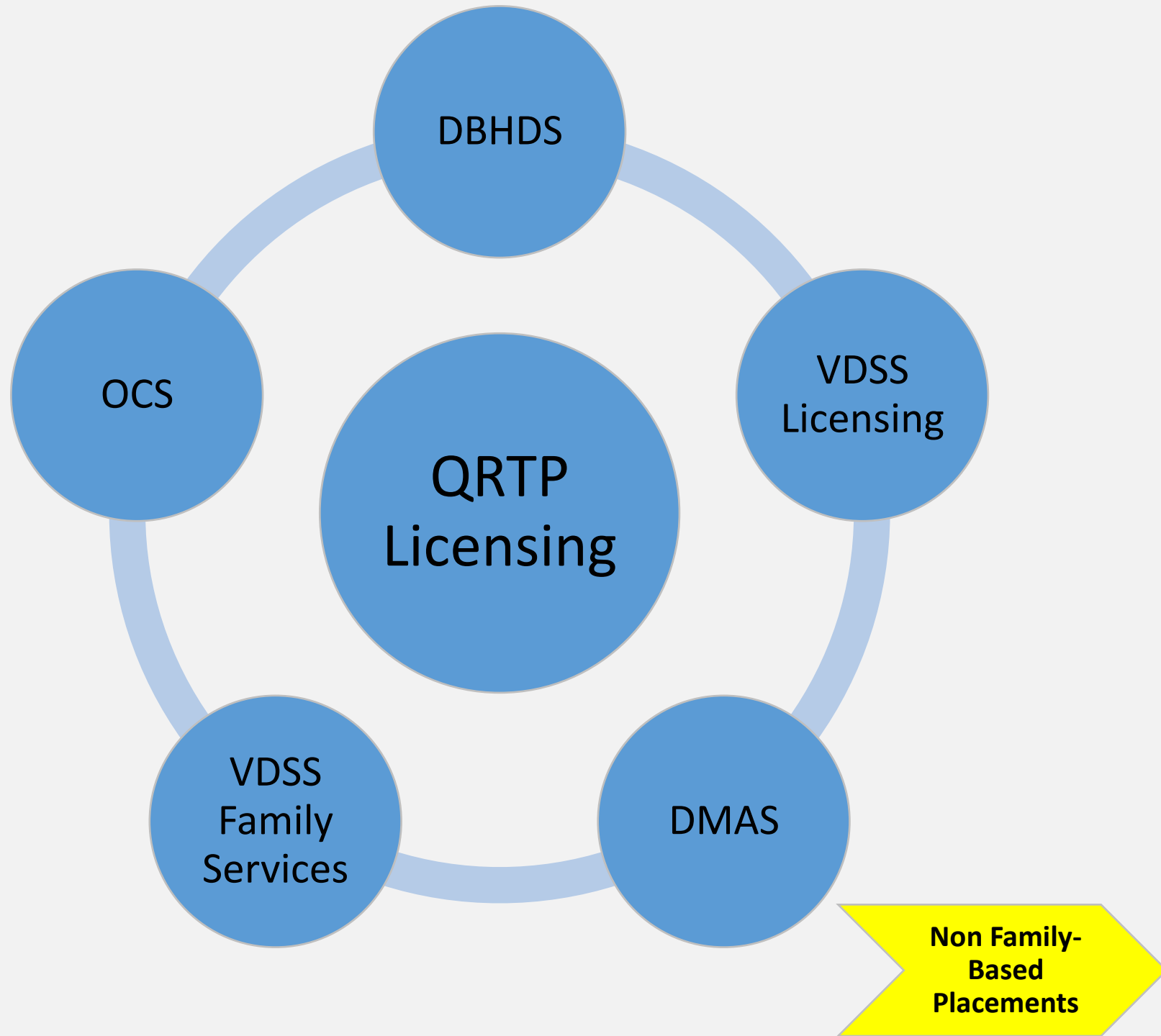
**Family-Based
Placements**



Qualified Residential Treatment Program(QRTP)



QRTP Collaborations



QRTP Requirements

30-day Assessment

12-month review by Commissioner

60-day Court Review



Reduce Congregate Care

**Non Family-
Based
Placements**



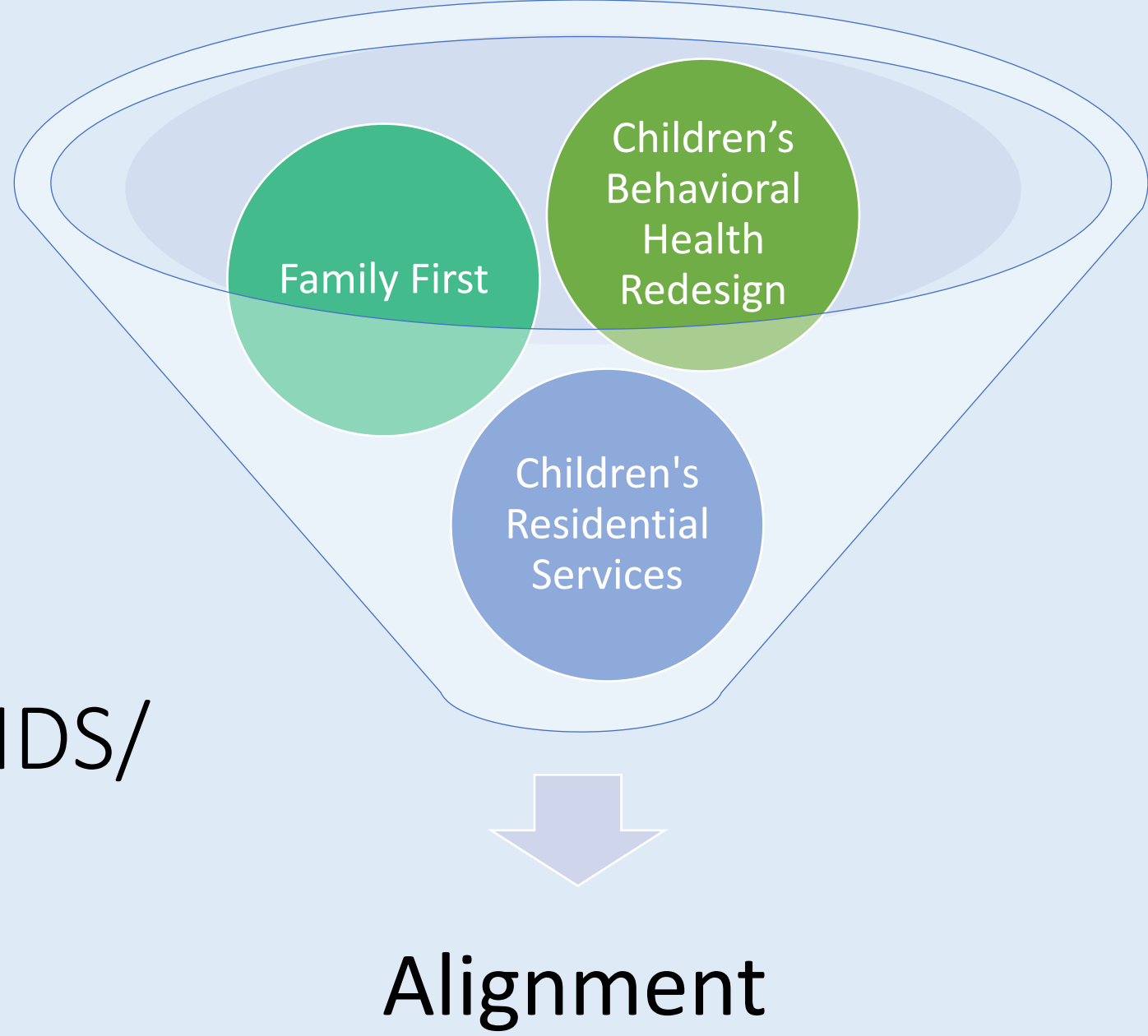
Implementation Updates



We know some of
the pieces,
But we're still
figuring out many
of the pieces.

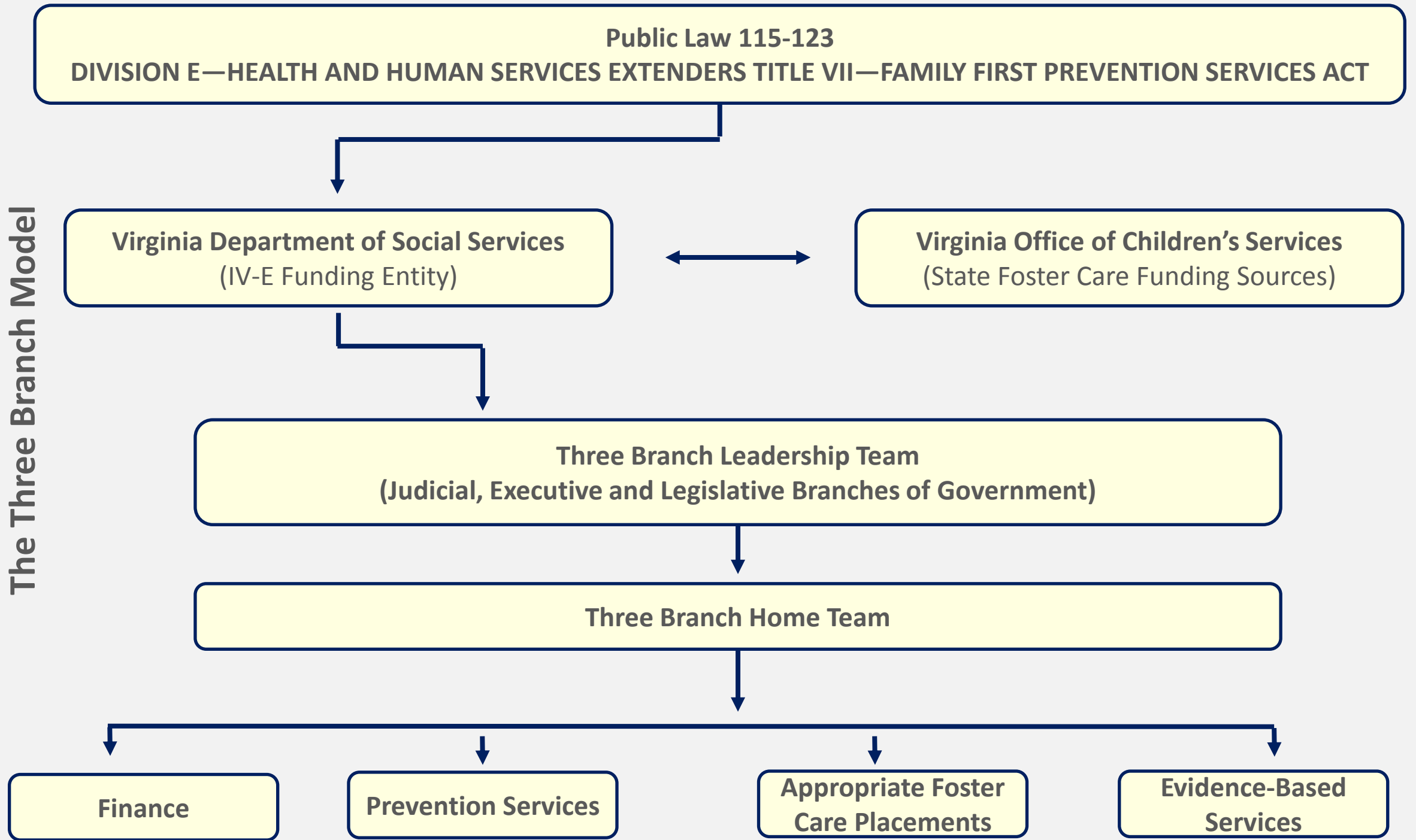
The Collaborative Relationships

VDSS/OCS/DMAS/DBHDS/
DJJ/VDH



A Collaborative Approach to Implementation:

The Three Branch Model



Core Team

Carl Ayers, Virginia Department of Social Services

Sandy Karison, Court Improvement Program

Scott Reiner, Office of Children's Services

The Honorable Monty Mason, Senator

The Honorable Chris Peace, Delegate

The Honorable Frank Somerville, Culpeper JDR Court

Children's Home Society

Commission on Youth

Court Improvement Program, Office of the Executive Secretary Supreme Court of Virginia

Culpeper Juvenile and Domestic Relations Court

Department of Behavioral Health and Developmental Services

Elk Hill Farm

Fairfax Department of Human Services

Families Forward

Family and Children's Trust Fund of Virginia

Family Focused Treatment Association

Fredericksburg Department of Social Services

Governor's Office

Greater Richmond SCAN

HopeTree Family Services

Norfolk Department of Human Services

Office of Children's Services

Office of the Attorney General

Powhatan Children's Services Act Office

Senate Rehabilitation and Social Service Committee

Spotsylvania Children's Services Act Office

Troutman Sanders Strategies

United Methodist Family Services

Virginia Association of Community Services Boards

Virginia Association of Counties

Virginia Association of Licensed Child Placing Agencies

Virginia Association of Local Human Services Officials

Virginia Coalition of Private Provider Associations

Virginia Department of Health

Virginia Department of Juvenile Justice

Virginia Department of Medical Assistance Services

Virginia Department of Social Services

Virginia League of Social Services Executives

Virginia Municipal League

Virginia Poverty Law Center

Voices for Virginia's Children

Youth for Tomorrow



= **12,210 hours of work** invested in the implementation of the Family First Act in Virginia

***June 2018 – May 2019*

Sample of Workgroup Accomplishments

Prevention Services

- Recommendations on defining key terms
- Continuum of Prevention Services
- Feedback for Development of Federal Clearinghouse

Appropriate Foster Care Placements

- Recommendations for QRTP Assessment
- Defining Key terms for QRTP qualifications
- Feedback for Development of Federal Foster Home Model Licensing Standards

Evidence-Based Services

- Survey for EBS in Virginia
- Collaboration with DMAS, DBHDS and DJJ
- Increased understanding of the Hexagon Tool

Finance

- Maintenance of Effort
- Budget Implications
- Budget Proposal for General Assembly



Moving Forward

Finance Workgroup

- Recommending a fiscal auditing tool and process

Evidence-Based Services Workgroup

- Analyze Prevention Services Clearinghouse Ranking how these might effect Virginia's implementation of Family First.

Prevention Services Workgroup

- Maximize and leverage CSA and Family First Funds (as well as other child serving agencies) to meet the diverse and complex needs of families
- Develop a long term vision for the prevention services continuum

Appropriate Foster Care Placements Workgroup

- Develop workflow recommendations for the judicial and Commissioner review requirements for a youth placed in a QRTP
- Develop strategies to increase foster homes with an emphasis on kinship homes
- Recommendation for key terms: High quality Residential Placements and support services for victims of sex trafficking

Prevention Service Provider Considerations

Federal Prevention Services Clearinghouse

Reach out to community partners(DSS, CSB, CSA, DJJ, Health Dept, etc.) to discuss community needs when choosing an evidence-based program.

Choosing an Evidence-Based Program/Services


Consider the needs of the children and families in your community (especially those that qualify for Family First).

Consider costs, your agency's organizational structure and the administrative support needed to support and sustain an evidence-based program.

QRTP Provider Considerations

Choose an accrediting body that best fits your organization

- Council on Accreditation
- The Commission on Accreditation of Rehabilitation Facilities (CARF)
- The Joint Commission
- Reach out to other providers who have already been accredited for support and information
- Come to the QRTP Conference on June 12th



Reach out to community partners to discuss community needs when choosing a trauma-informed treatment model.

- Approved SAMHSA Definition
- Consider an evidence-based treatment model



Full approval as a QRTP will occur at the state level.

- Virginia Department of Social Services and/or Department of Behavioral Health and Developmental Services
- Contacting currently accredited facilities

Treatment Foster Care Provider Considerations



Think of ways to support kinship placements and approve kinship providers



Explore Evidence-Based Models – Treatment Foster Care-Oregon(Adolescents), Teaching-Family Model, etc.



Review the Children's Bureau's model licensing home standards



Keep in contact with your colleagues who are on the Three Branch Team

To Do

- Consider establishing a local Three Branch Team
- Locate the providers in your community and ensure they're aware of these changes
- Reach out to the Family First Team if you have any questions
- Stay Tuned for our public-facing website which will be debuted soon!

Thank you!

familyfirst@dss.virginia.gov

Family First Team

Elizabeth Lee – Project Manager

Laura Reed – Project Manager

Jim Fiske – Financial Consultant

Allyson Roberts – Change
Management Consultant



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