

DMAS BEHAVIORAL HEALTH UPDATE 2021

Advancing Proactive, Evidence-Based Solutions

April 20th, 2021



PRESENTERS TODAY

Alyssa M. Ward, Ph.D., LCP
Behavioral Health Clinical Director
DMAS

Laura Reed, LCSW
Behavioral Health Senior Program Advisor
DMAS

Ashley Harrell, LCSW
ARTS Senior Program Advisor
DMAS

Agenda Today

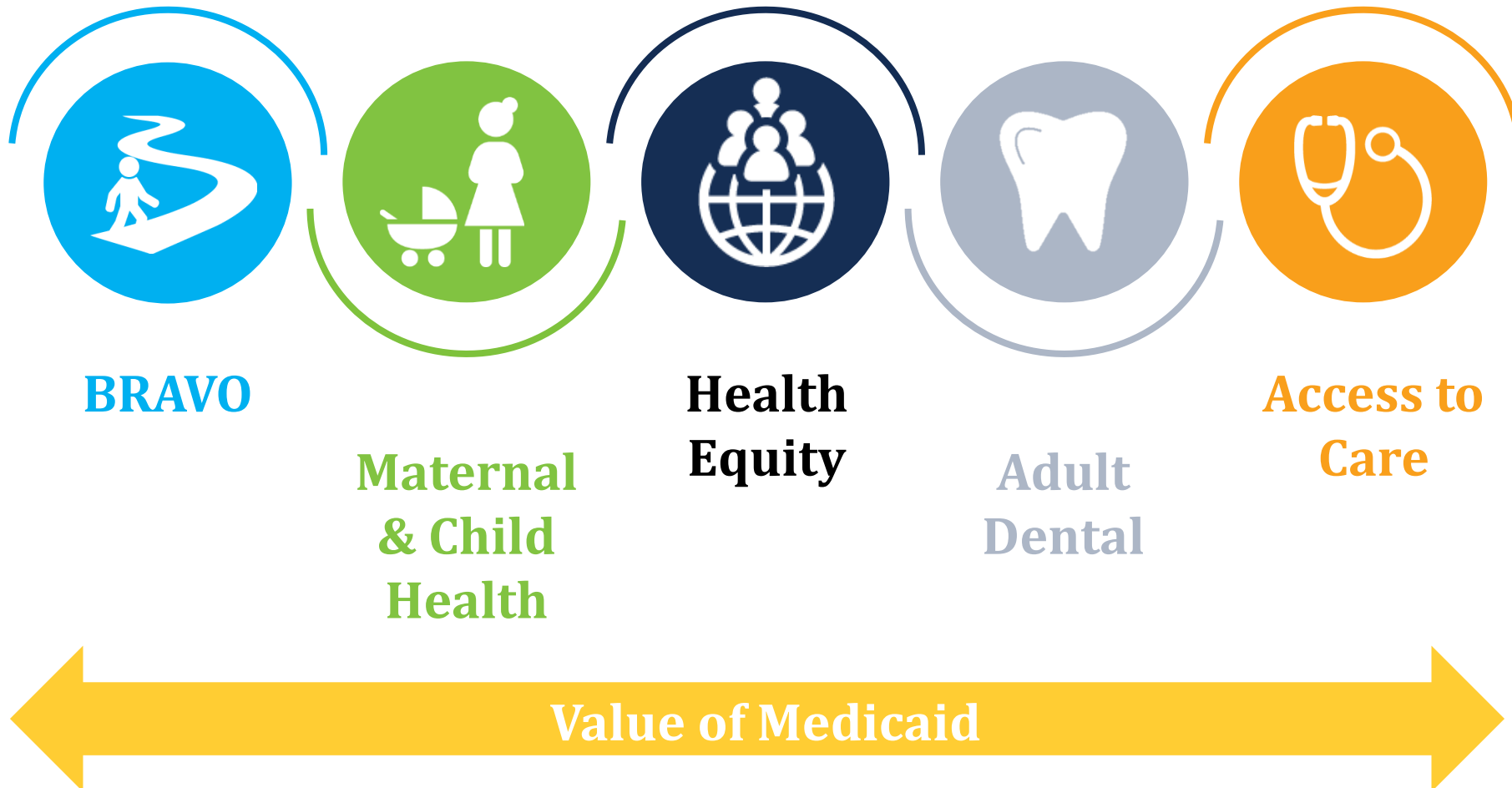
DMAS Behavioral Health Priorities 2021

Behavioral Health Redesign for Access, Value and Outcomes (Project BRAVO) Implementation Update

Addiction and Recovery Treatment Services (ARTS) Program Updates

DMAS Agency Priorities

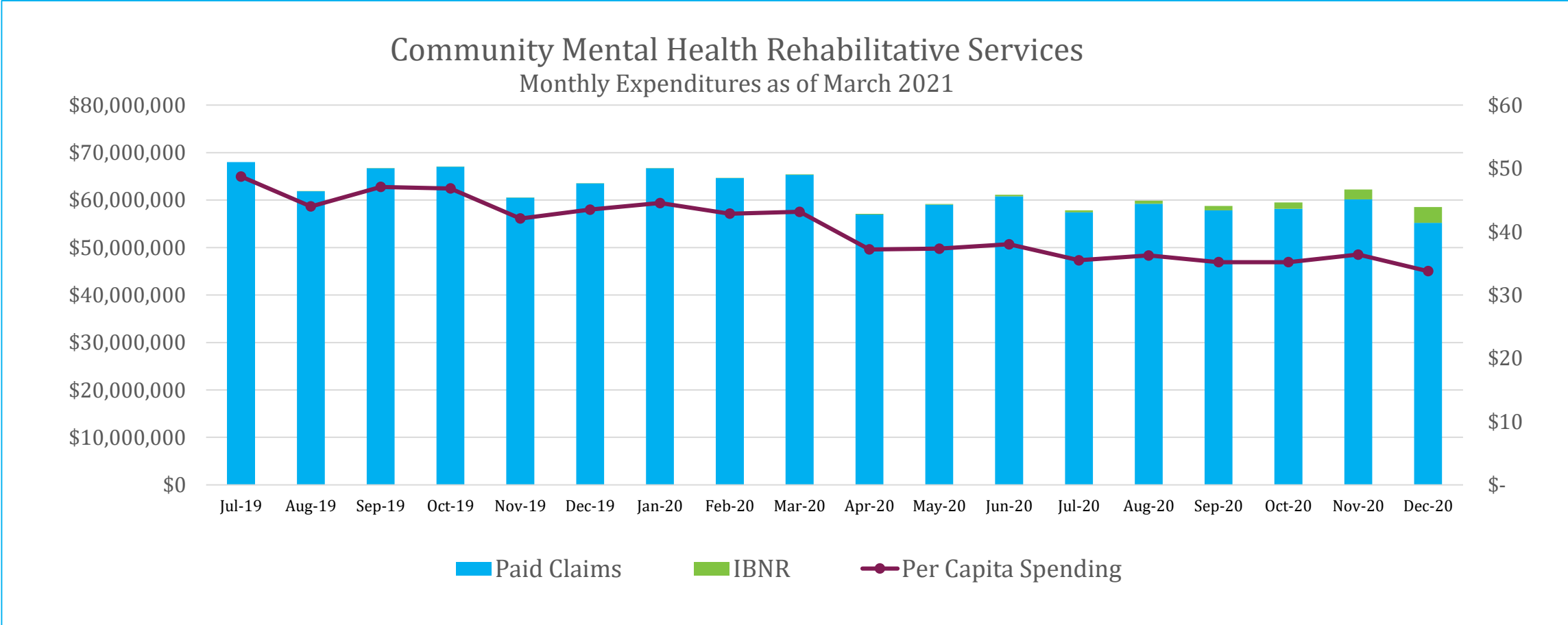
! COVID-19 !



Behavioral Health Priorities 2021

- Project BRAVO Implementation
 - Managed Care Organization Resolutions Panel
- Substance Use-Disorder Prevention that Promotes Opioid Recovery and Treatment for Patients and Communities (SUPPORT) Act Efforts
- Therapeutic Day Treatment Monitoring & Support
- Telehealth Permanent Policies and Monitoring
- Subject Matter Expertise Support for:
 - Medicaid Enterprise System Implementation
 - Service Authorization RFP Process
 - Other agency priorities (Maternal & Child Health, Health Equity, Adult Dental)

Community Mental Health Rehabilitation Services (CMHRS) Expenditures

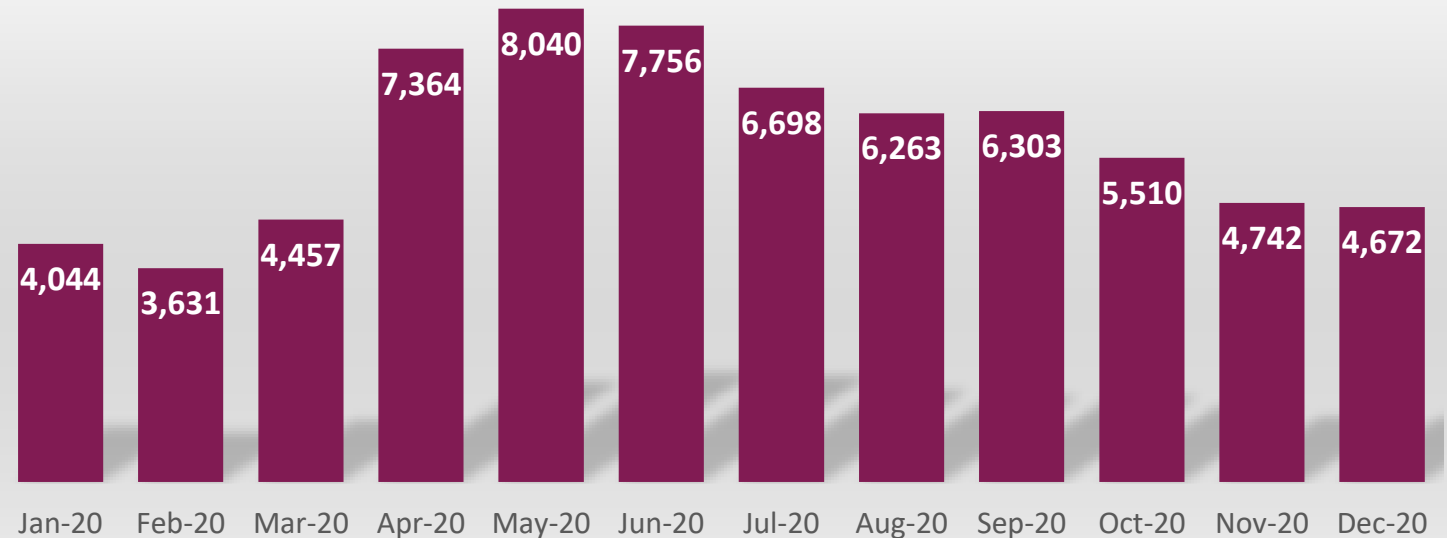


Note: IBNR is "incurred but not reported." This refers to expenditures than the Agency estimates have occurred but have not yet been submitted as claims.

THERAPEUTIC DAY TREATMENT (TDT) MONITORING

- As of June, we noted that among providers that offered TDT prior to COVID-19, **the number of TDT services provided declined by 68%, while the number of IIH services increased by 81% among the same providers.**
- **We have seen these trends reverse over time, while some TDT utilization has picked up over time.**
- As schools resume in-person instruction we are monitoring utilization and potential shifts in services.
- Upcoming TDT Training for Providers and Managed Care Organizations (MCOs) will level set on potential member needs given COVID-19 impacts and interaction with Medical Necessity Criteria and Service Authorization Process

Use of Intensive In-Home Service Among TDT Members



Telehealth Survey 2021

Major Takeaways

- Strengths

- Provider Engagement in Feedback (180 respondents in 2020, 646 in 2021)
- 82% of providers report having what they need to do telehealth
- Providers assisting members with challenges
- >50% of providers note higher rates of participation in sessions (show rates) during telehealth usage

- Opportunities

- Members have challenges with technology access (74% of providers reported this as issue), largely lack of devices or no cell service/internet



Evidence Based Center of Excellence Update



- Charter signed by numerous state agencies
 - DMAS, DBHDS, DSS, OCS, DJJ, VDH
- Establishes a governance structure for the future work of the Center
 - Scott Reiner at OCS was elected as Chair for 2021
- VCU Department of Psychology will serve as Hub
 - Michael Southam-Gerow, Ph.D., LCP is the Director of the Center
 - Initial DBHDS funding of the center will create a post-doc position as well as fund research assistants
 - We envision future collaborations with other academic partners
- Initial work to involve development of universal credentialing database for Evidence-Based Program (EBP)-related data (e.g. training, certification status, fidelity metrics, etc.)
 - Will be accessible to agencies who fund EBP services as well as MCOs/Behavioral Health Systems Administrator (BHSA)
- Dr. Southam-Gerow has conducted informational interviews with each agency for a needs analysis
- Agencies also working together to hold EBP “Are you Ready” implementation events with the center and the National Implementation Research Network (UNC-CH) this spring that will support localities in exploring readiness for EBP

Enhanced Behavioral Health Services for Virginia *Project BRAVO*

Behavioral Health Redesign for Access, Value and Outcomes

Vision

Implement fully-integrated behavioral health services that provide a full continuum of care to Medicaid members. This comprehensive system will focus on access to services that are:



High Quality

Quality care from quality providers in community settings such as home, schools and primary care



Evidence-Based

Proven practices that are preventive and offered in the least restrictive environment



Trauma-Informed

Better outcomes from best-practice services that acknowledge and address the impact of trauma for individuals



Cost-Effective

Encourages use of services and delivery mechanism that have been shown to reduce cost of care for system

Enhancement of Behavioral Health (BH) Services: *Current Priorities Explained*

What are our top priorities at this time?

Implementation of **SIX** high quality, high intensity and evidence-based services that have demonstrated impact and value to patients
Services that currently exist and are licensed in Virginia **BUT are not covered by Medicaid or the service is not adequately funded through Medicaid**

Partial Hospitalization Program
(PHP)

Assertive Community Treatment
(ACT)

Multi-Systemic Therapy
(MST)

Intensive Outpatient Program
(IOP)

Comprehensive Crisis Services
(Mobile Crisis, Intervention,
Community-Based, Residential, 23Hr
Observation)

Functional Family Therapy
(FFT)

Why Enhancement of BH for Virginia?

- ✓ Provides alternatives to state psychiatric admissions and offers step-down resources not currently available in the continuum of care, which will assist with the psychiatric bed crisis
- ✓ Demonstrated cost-efficiency and value in other states

Enhancement of Behavioral Health Services

Special Session 2020 and GA Session 2021

	Fiscal Year 21-22		
	Initial Budget Projection	Reduction Due to Change in Implementation Dates (Pandemic Delay)	Final Budget Allocation
General Fund	\$10,273,553	-\$10,062,988	\$210,565
Non-General Funds	\$14,070,322	-\$38,332	\$14,031,990
TOTAL FUNDS	\$24,343,875	-\$10,024,656	\$14,242,555

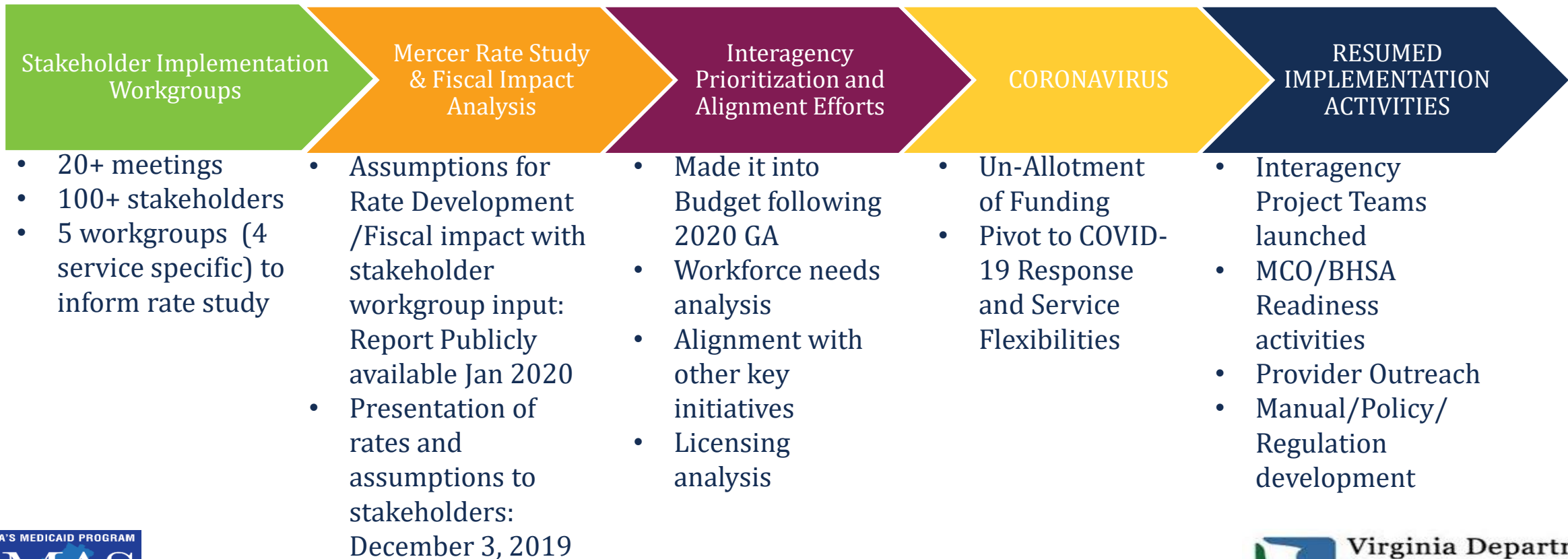
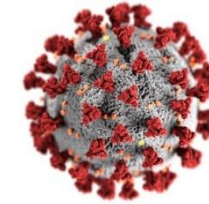
Implementation July 2021

Assertive Community Treatment
Partial Hospitalization
Intensive Outpatient Programs

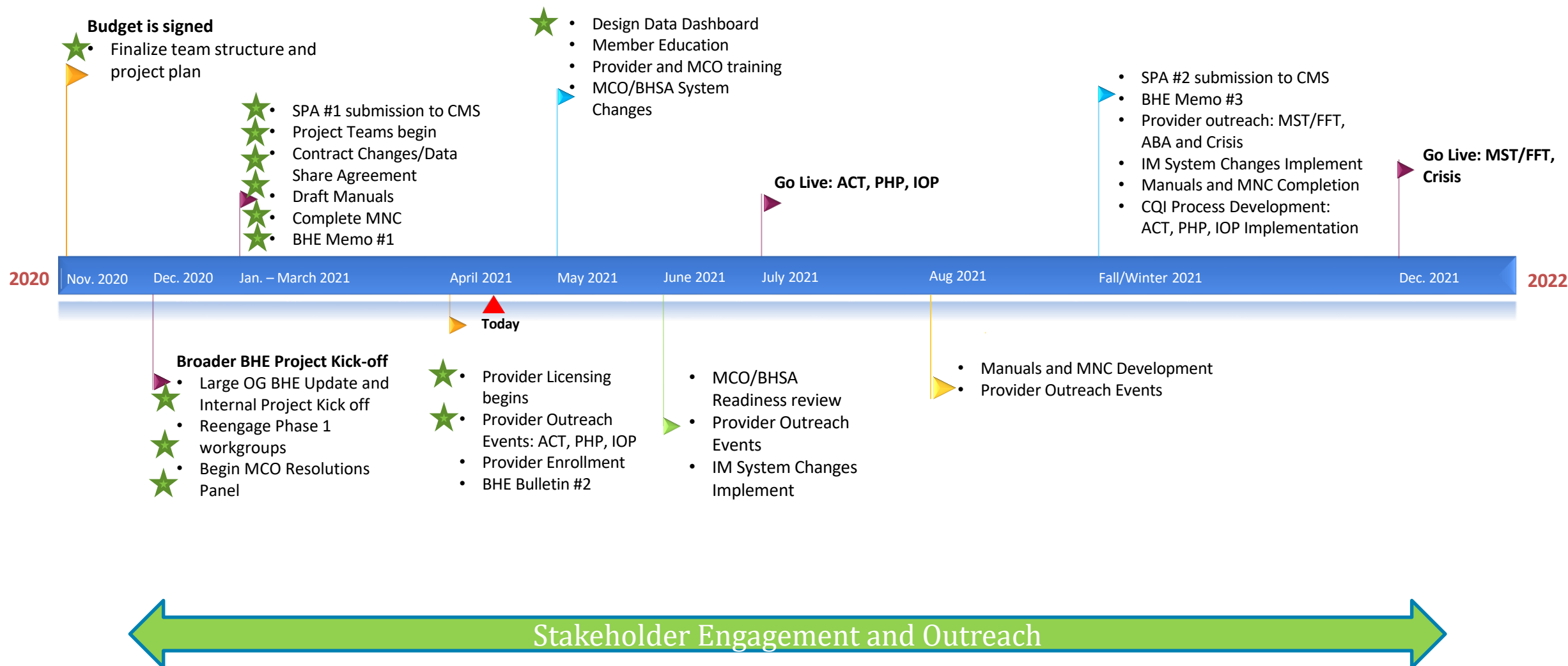
Implementation December 2021

Multi-Systemic Therapy
Functional Family Therapy
Comprehensive Crisis Services (23 hour beds,
Residential Crisis, Community Stabilization,
Mobile Crisis Intervention)

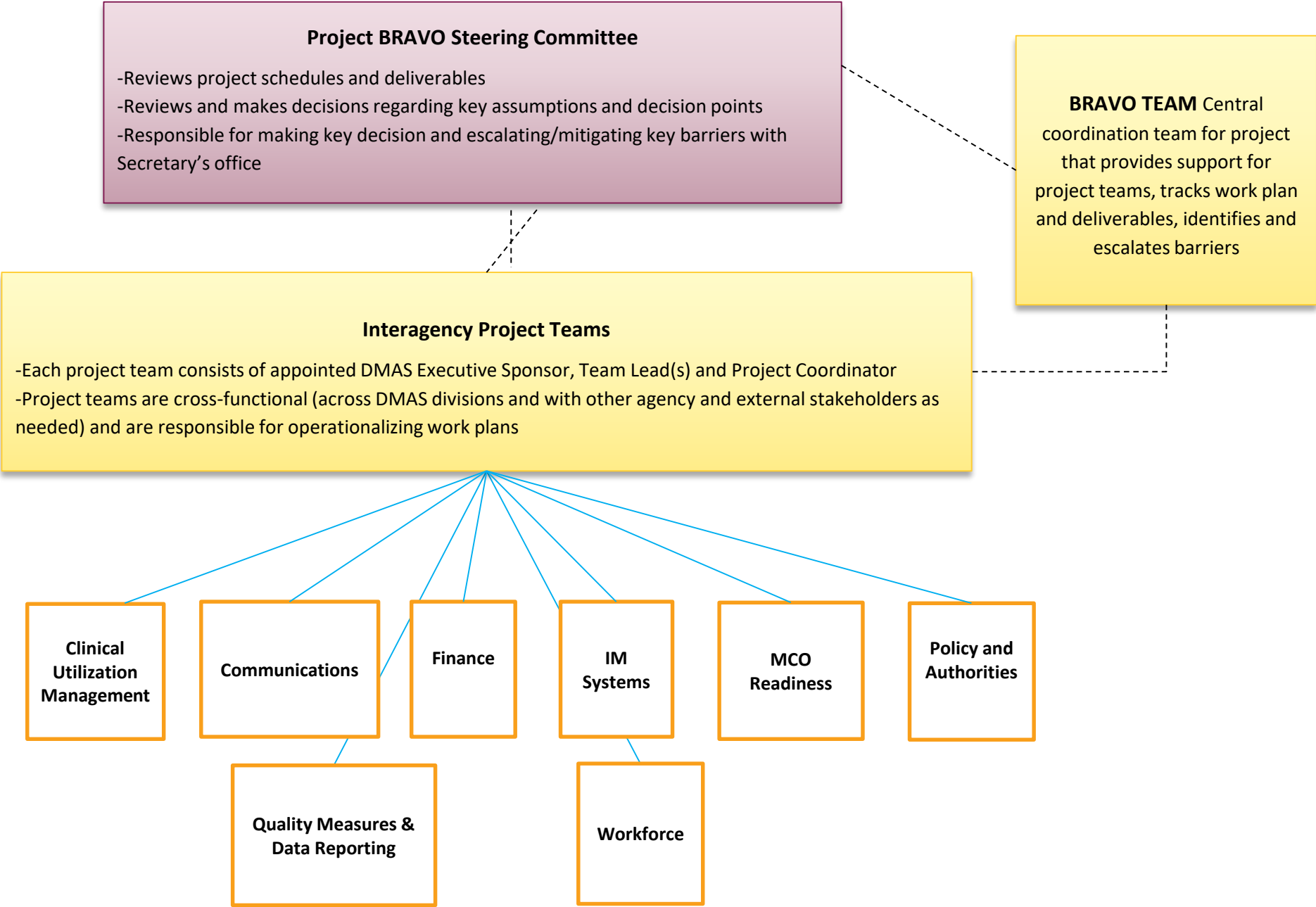
BH Enhancement Timeline May 2019-April 2021



Behavioral Health Enhancement: High-Level Timeline



**DMAS-DBHDS
BEHAVIORAL HEALTH
ENHANCEMENT
PROJECT TEAM
STRUCTURE**



Managed Care Organization (MCO) Resolutions Panel

- Established through budget language attached to Behavioral Health Enhancement, this panel creates a new venue for provider associations like Virginia Association of Community-Based Providers (VACBP) to bring trend-level concerns about MCO actions.
- The panel began on 12/17/20 and re-engaged in March 2021 following the General Assembly session.
- A protocol has been established for receiving complaints and working them to resolution, working towards full transparency in this process.

VACBP PROVIDER FEEDBACK
DMAS MCO Resolution Panel
Submitted February 16, 2021

Overview of challenges
The following provides an overview of the input collected by members of the VACBP during the time period of January 1, 2021 – February 1, 2021.

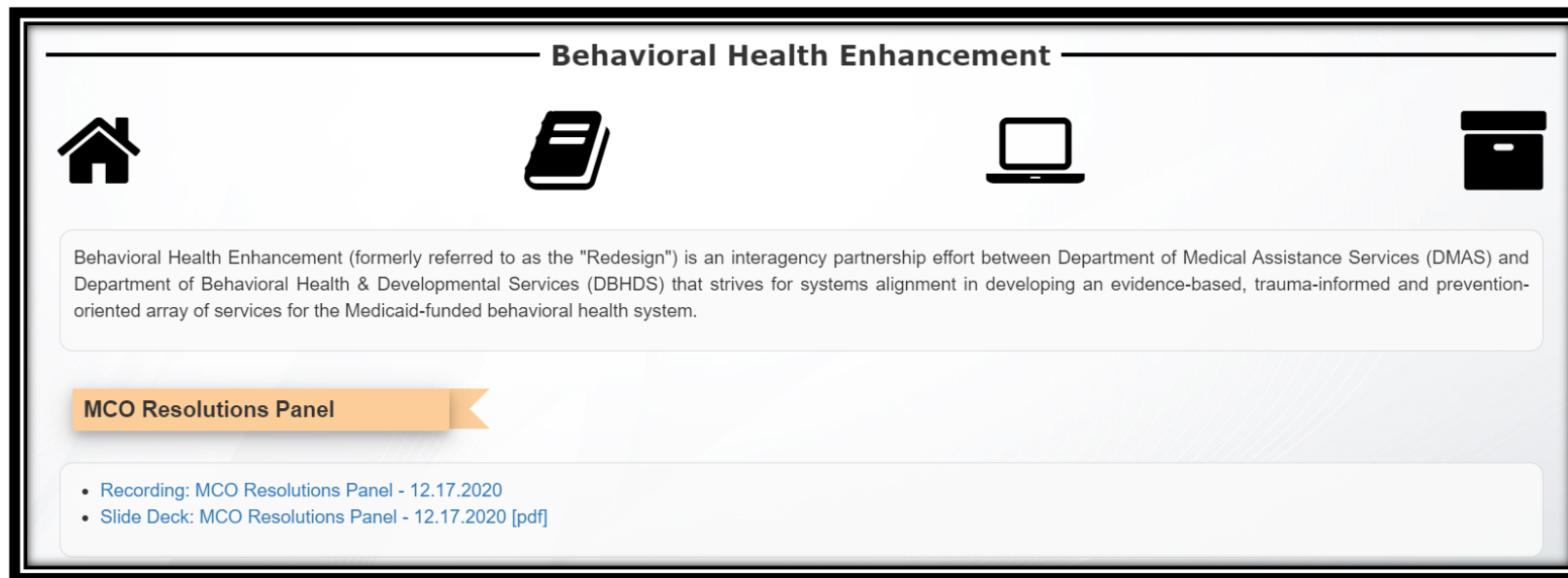
KEY
Often a challenge
Respondents were evenly split on whether a challenge
Not often a challenge

Issue	Aetna	Anthem	MCC	Optima	UHC	VP
Challenging to resolve issues that arise						
Consistently approving fewer units and/or shorter durations						
COVID-19 not adequately factored into service authorization decisions						
Lack of understanding of services by decision makers						
Care coordinators and service authorization decision makers not in sync						
Inconsistent/unclear business practices						
Significantly increased administrative processes						
Paperwork often lost						
Short, unreasonable turn-around times to return phone calls/response to requests for information						
Categorization of service authorization requests as urgent/not urgent						
Inconsistent compliance with NCQA response times						
Challenges with appeals process						
Challenges with credentialing						
Portal challenges						
Challenges with MCO staff being respectful						

Input organized by MCO is provided in Appendix A and the attached circle decks

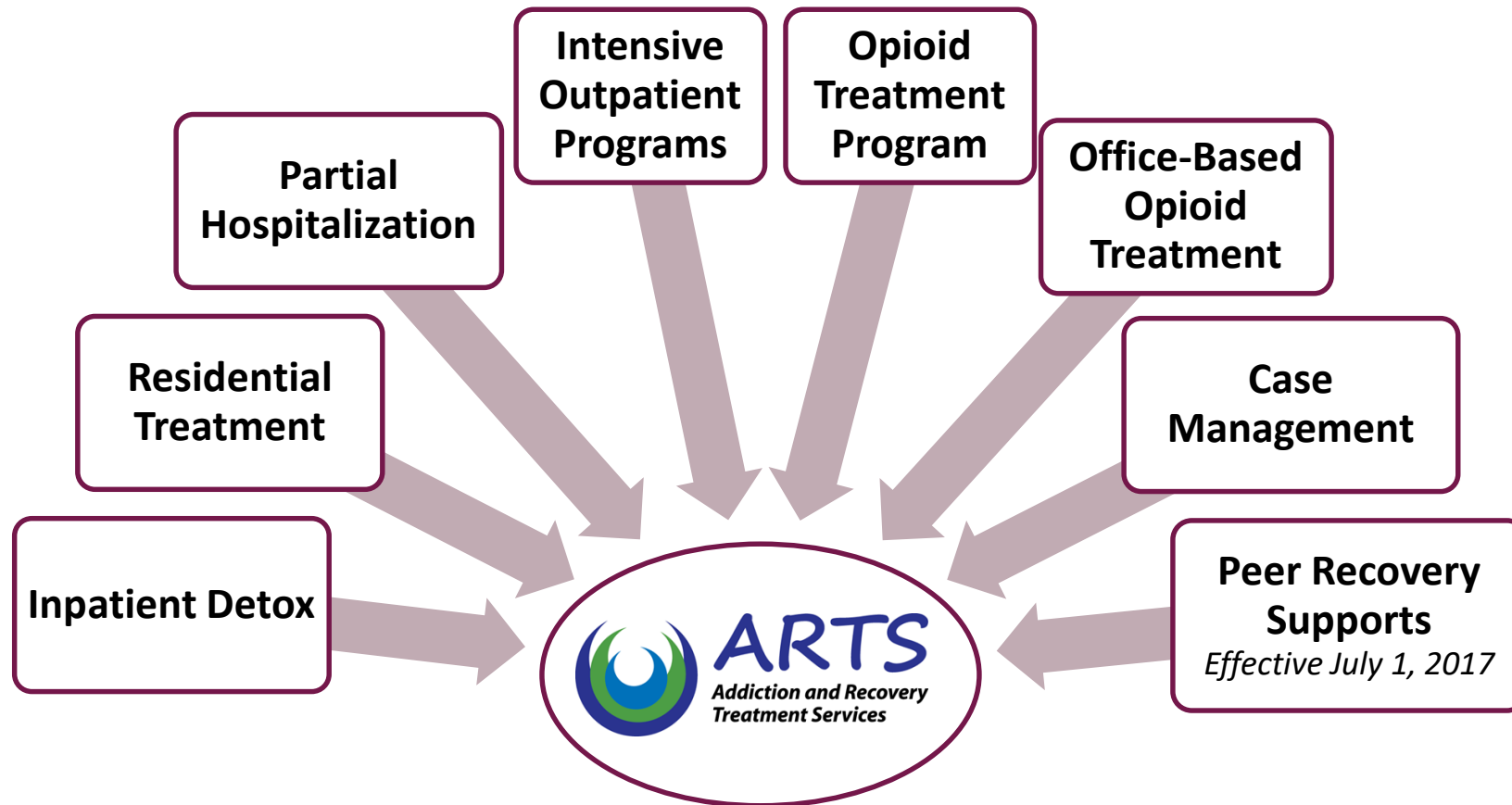
MCO Resolutions Panel

- <https://www.dmas.virginia.gov/#/behavioralenhancement>



Addiction and Recovery Treatment Services (ARTS) Building a Continuum of Care

Effective April 1, 2017 - All ARTS services are covered by Medicaid managed care plans



ARTS offers a fully integrated physical and behavioral health continuum of care.

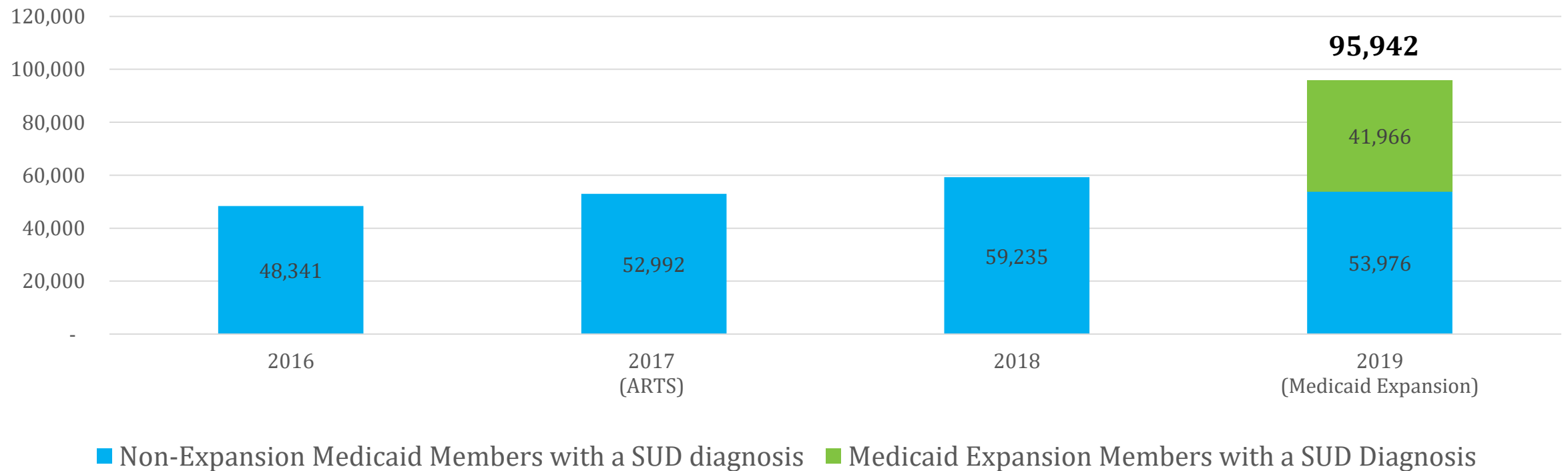


High Quality

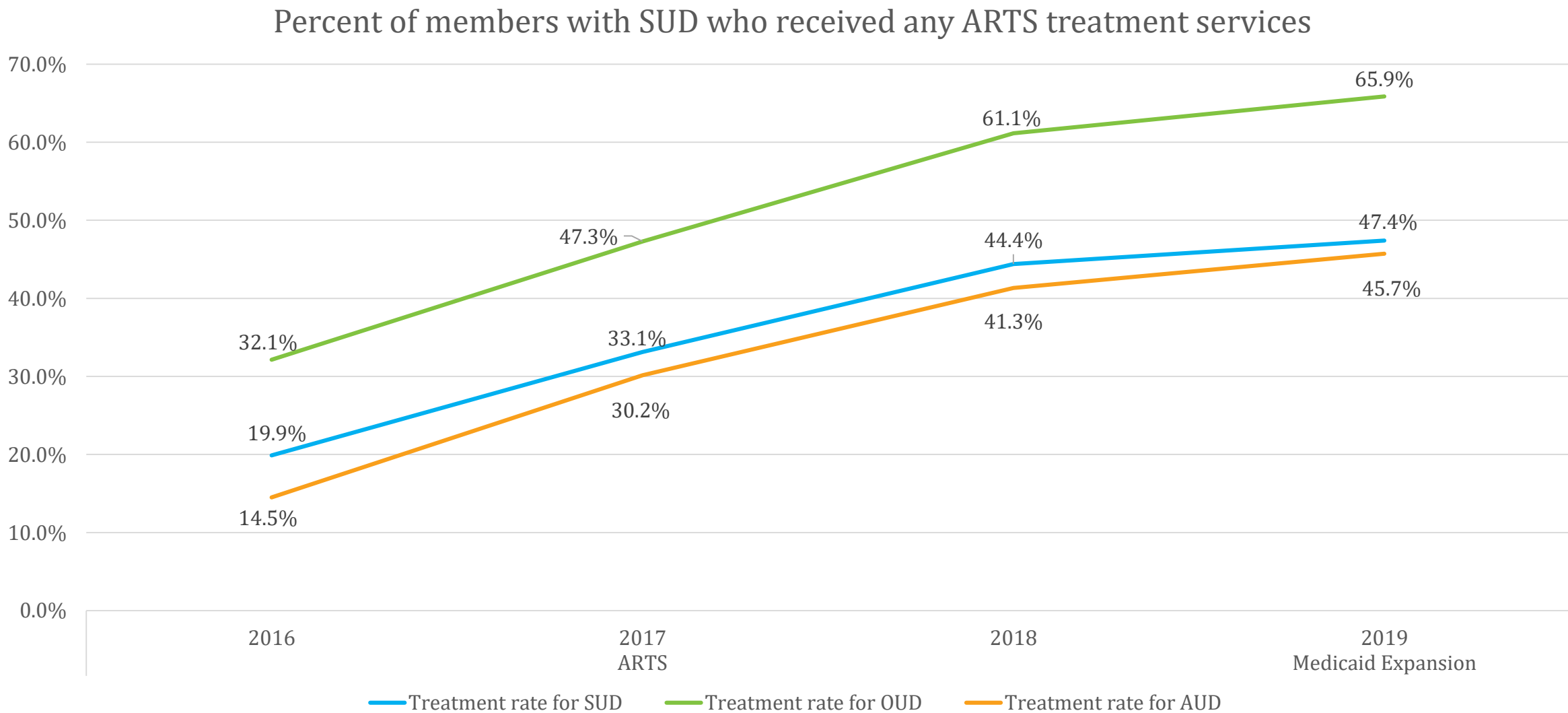


Evidence-Based

Prevalence of Substance Use Disorder (SUD)



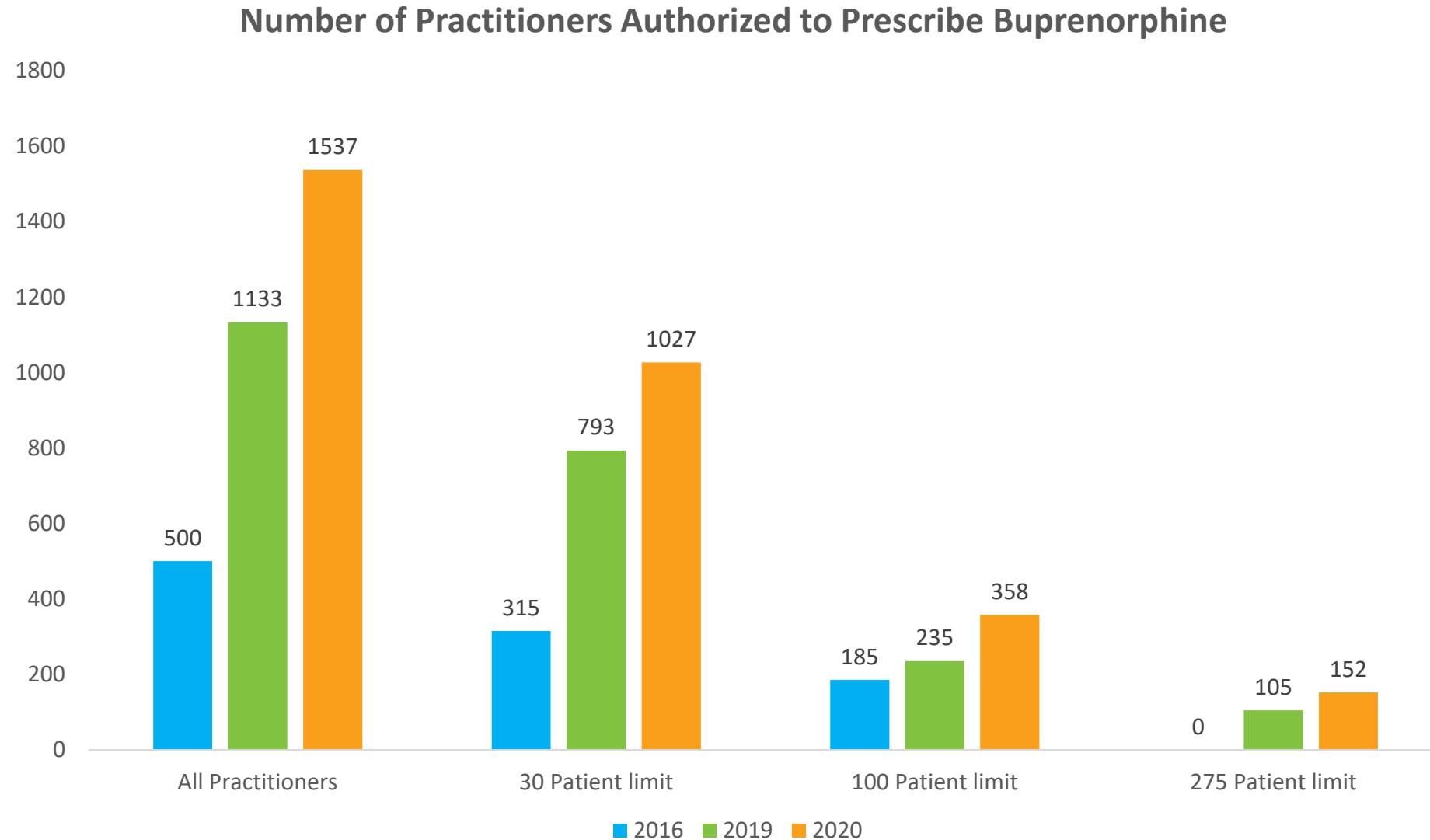
Changes in Treatment Rates for Base Medicaid Members



Changes in the ARTS Provider Network

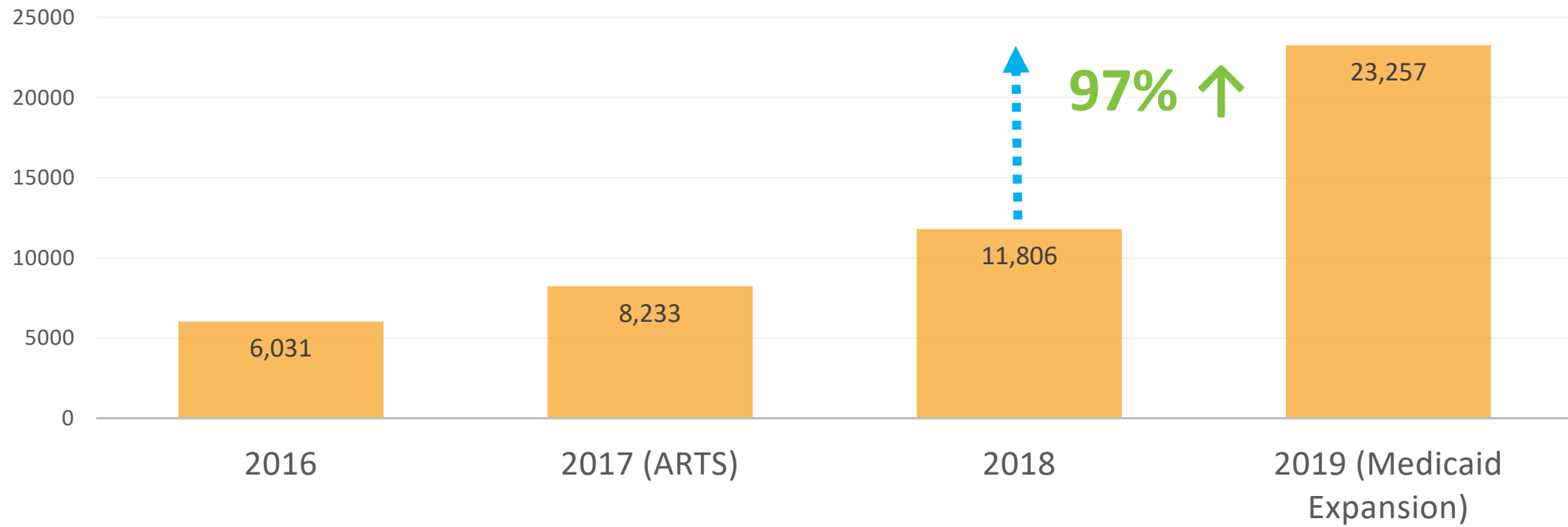
Provider Type	# of Providers Before ARTS	ARTS Year 3
Inpatient Detox (ASAM 4)	N/A	103
Residential Treatment (ASAM 3)	4	92
Partial Hospitalization Programs (ASAM 2.5)	N/A	22
Intensive Outpatient Programs (ASAM 2.1)	49	136
Opioid Treatment Programs	6	40
Preferred Office-Based Opioid Treatment Providers	N/A	164
Outpatient practitioners billing for ARTS services (ASAM 1)	1,087	4,079

Access to Evidence-Based Treatment for Opioid Use Disorder (OUD) Increased



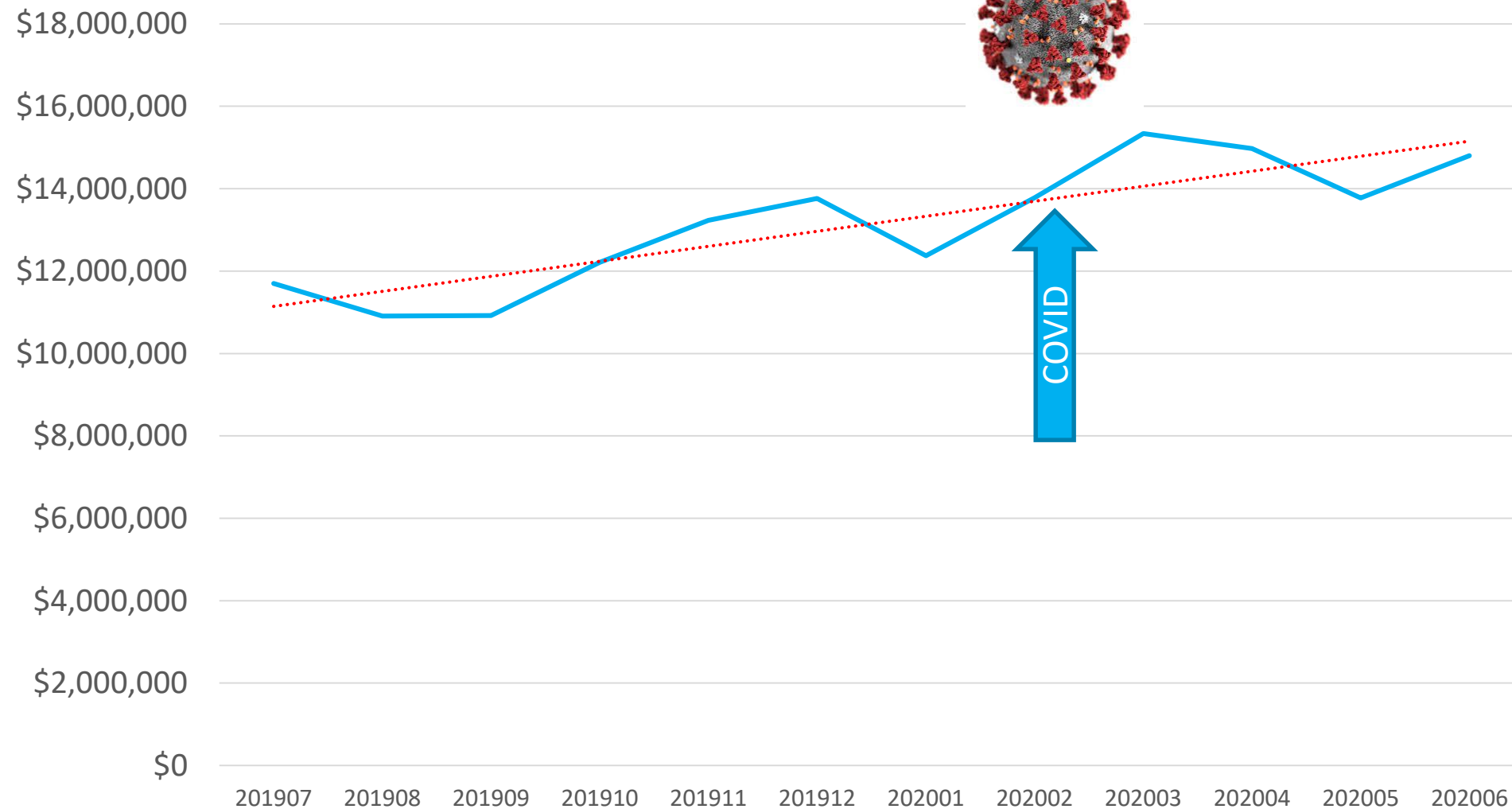
Impact of Medicaid Expansion and Access To Treatment

Members who received Medications for Opioid Use Disorder



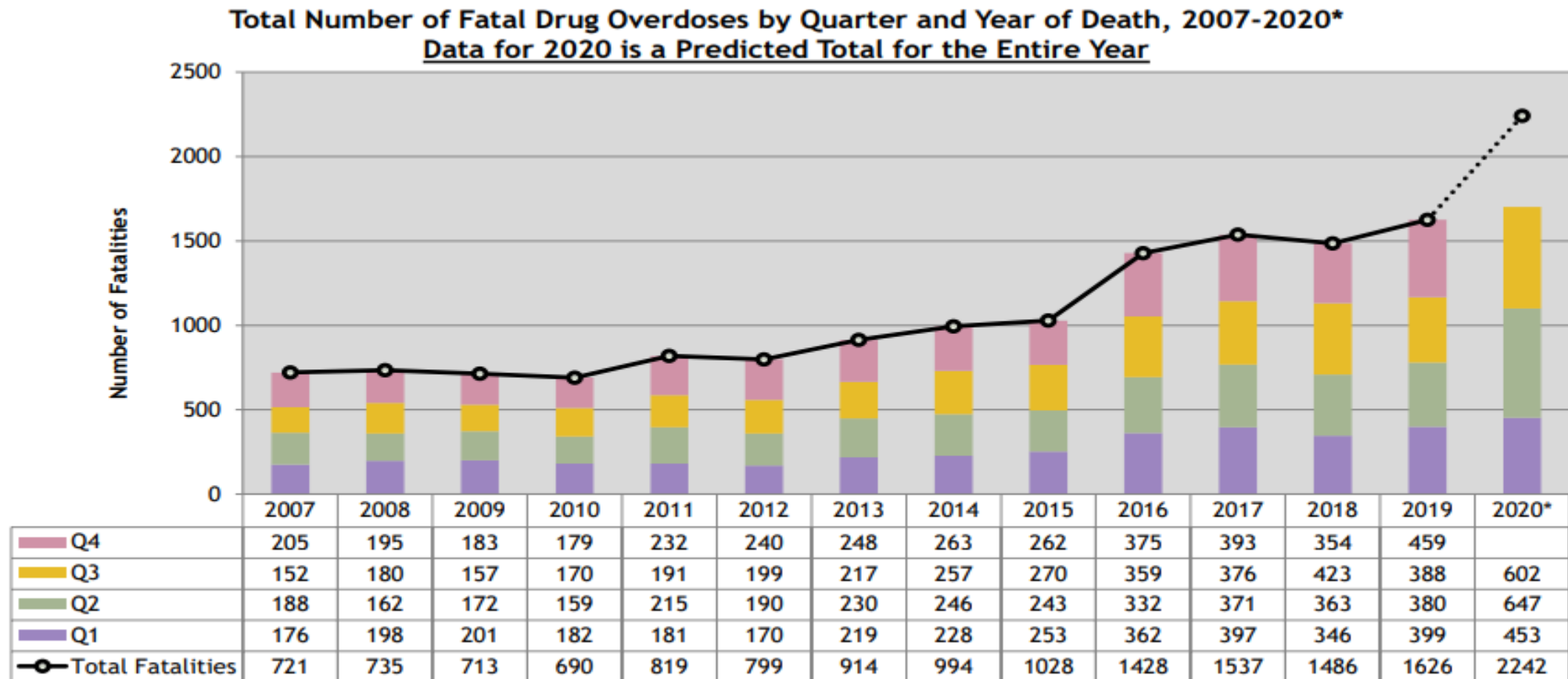
Expenditures for Medicaid SUD Treatment

SFY2020 – By Date of Payment

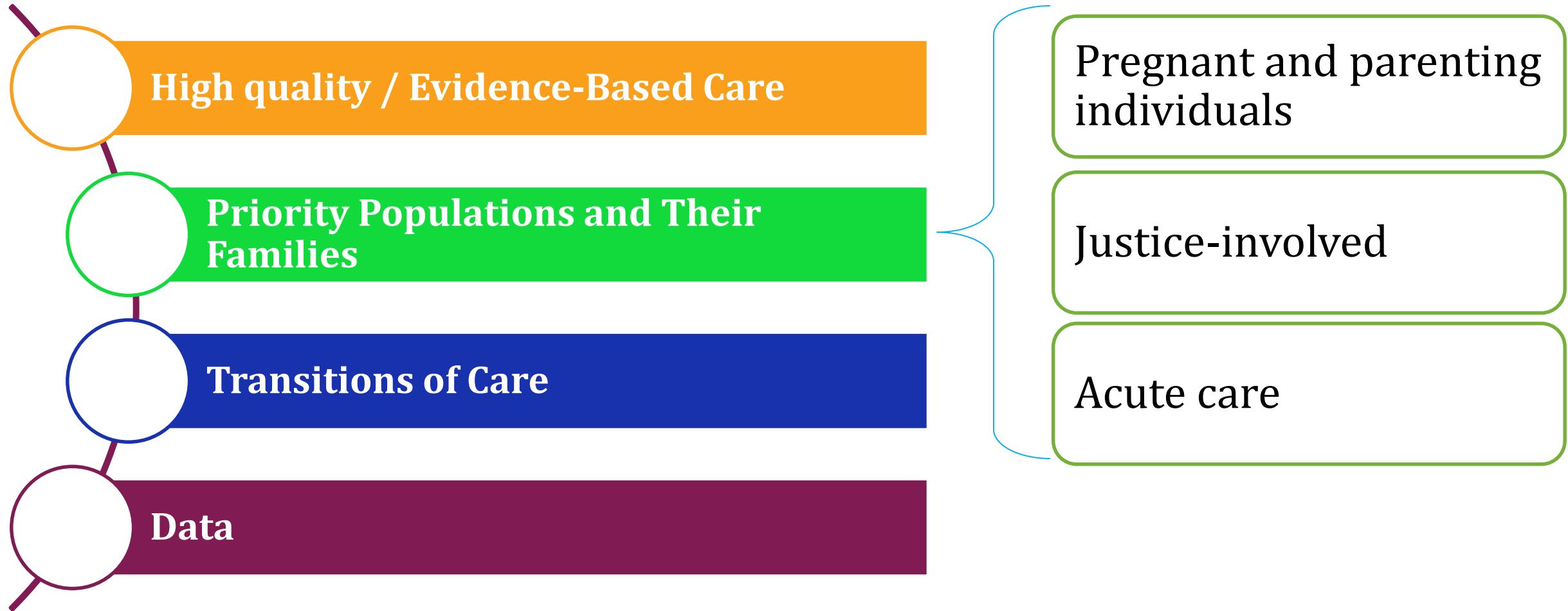


Our Work is Not Done

Fatal Drug Overdose Trends – updated numbers as of **January 2021**



An Evolving Strategy to Address the Epidemic



SUPPORT Grant Demonstration Project

The SUPPORT Grant Project includes:

- Planning grants awarded to 15 states (\$50 million aggregate) for 18 months; and
- 36-month demonstrations with up to 5 states that received planning grants.

Planning Grant Notice of Award to Virginia:

September 18, 2019

Period of Performance:

September 30, 2019 to September 29, 2021 (18 months + 6 month no cost extension)

Approved Budget: \$4.8 million (+\$160K supplemental funds)

Components

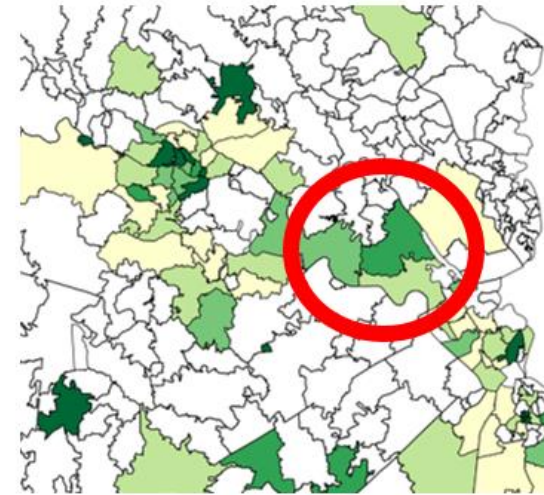
- Need assessment
- Strengths-based assessment
- Activities to increase provider capacity

SUPPORT Act Grant Updates

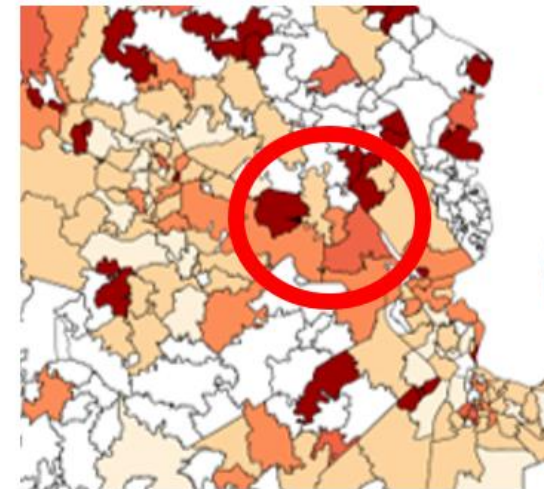
Projects Underway

- **Needs assessment: VCU Department of Health Behavior and Policy**
 - Continuum of care needs assessment
 - ARTS member surveys and interviews
 - Buprenorphine-waivered prescriber analysis and survey
- **Brightspot assessment: VCU Wright Center**
 - Training pre/post-test implemented
 - Project ECHO opportunities
 - Data visualization - HealthLandscape in development
 - Brightspot Analysis

Suboxone Providers in Richmond Relative to Need



Suboxone Providers/1000



ED Opioid Overdoses/1000

SUPPORT Act Grant Updates

Projects Underway

- **Policy Landscape Analysis** – analyze policy options for Virginia in response to changes introduced by the SUPPORT Act
 - Manatt Health and State Health Partners continue to meet with workgroups and interview stakeholders to inform policy landscape
- **SUMS Project – Substance Use Disorder, Medicaid, and the Criminal Justice System**
 - Contract lead: Health Management Associates (HMA)
 - HMA is currently working on community stakeholder surveys and focus group designs
 - Grant team and HMA are working with Department of Corrections (DOC) and related partners on demonstration site selections and outreach – two DOC facilities and two local/regional jails.

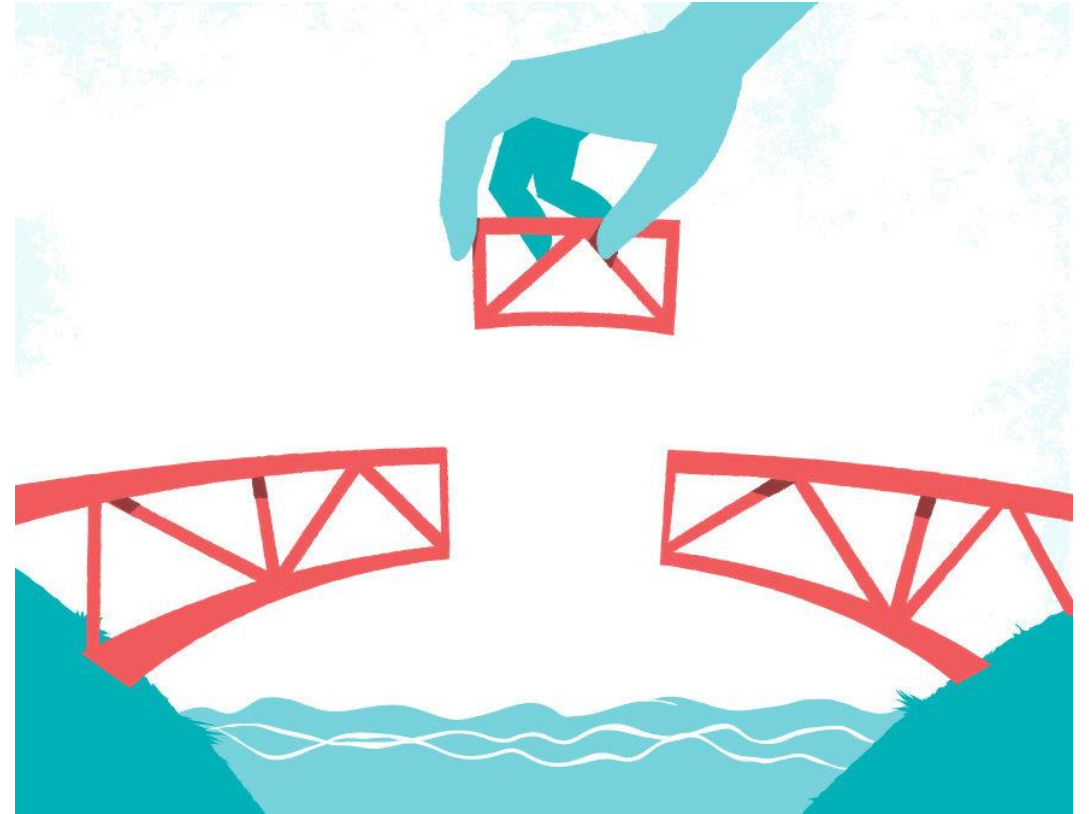
Revolutionizing the System of Addiction Care

Bridge Clinics for Treatment of Opioid Use Disorder

Rapid Access to Evidence-Based Care

Priority Populations

Warm Hand-offs to Community Care



Virtual Bridge Clinics

- Utilizing telehealth flexibilities, DMAS is supporting the creation and expansion of virtual bridge clinics at two emergency departments (EDs) in Virginia.
- Program goals:
 - Support starting buprenorphine treatment in ED settings (prescription, not just administration)
 - Provide tools to enhance virtual post-visit follow-up
 - Strengthen treatment coordination with community providers

SUPPORT Act Provider Trainings

Date	Time	Topic	Presenter(s)	Links to Register and Access the Webinar	Remote Conference Captioning (RCC) Links
March 2021					
Monday, March 29, 2021	1:00 PM - 2:00 PM	ASAM Criteria Assessment Dimensions 1 & 2	Paul Brasler	https://covaconf.webex.com/covaconf/onstage/g.php?MTID=e20ed22acc053abaa8ed55f7b97dbff53	https://www.streamtext.net/text.aspx?event=HamiltonRelayRCC-0329-VA2398
Tuesday, March 30, 2021	10:00 AM - 12:00 PM	ASAM Criteria Assessment Dimensions 1 & 2	Paul Brasler	https://covaconf.webex.com/covaconf/onstage/g.php?MTID=e9a03a42d90eee9d45b988659777a485e	https://www.streamtext.net/text.aspx?event=HamiltonRelayRCC-0330-VA2399
April 2021					
Monday, April 12, 2021	1:00 PM - 2:00 PM	ASAM Criteria Assessment Dimensions 3	Paul Brasler	https://covaconf.webex.com/covaconf/onstage/g.php?MTID=e88480abc133991459bf51007ba4abcec	https://www.streamtext.net/text.aspx?event=HamiltonRelayRCC-0412-VA2400
Tuesday, April 13, 2021	10:00 AM - 11:00 AM	ASAM Criteria Assessment Dimensions 3	Paul Brasler	https://covaconf.webex.com/covaconf/onstage/g.php?MTID=e58e6355f4b32f52401cd73d83b1011ec	https://www.streamtext.net/text.aspx?event=HamiltonRelayRCC-0413-VA2401
Monday, April 19, 2021	1:00 PM - 2:00 PM	ASAM Criteria Assessment Dimensions 4	Paul Brasler	https://covaconf.webex.com/covaconf/onstage/g.php?MTID=e71a18487d0dbe6d1d662c841ad29004d	https://www.streamtext.net/text.aspx?event=HamiltonRelayRCC-0419-VA2402
Tuesday, April 20, 2021	10:00 AM - 11:00 AM	ASAM Criteria Assessment Dimensions 4	Paul Brasler	https://covaconf.webex.com/covaconf/onstage/g.php?MTID=ed3ba208d4dbff26e8dcb47aa78d4dfb9	https://www.streamtext.net/text.aspx?event=HamiltonRelayRCC-0420-VA2403
Monday, April 26, 2021	1:00 PM - 2:00 PM	ASAM Criteria Assessment Dimensions 5 & 6	Paul Brasler	https://covaconf.webex.com/covaconf/onstage/g.php?MTID=e9731bd0b0bfc12f36a3f66719686df70	https://www.streamtext.net/text.aspx?event=HamiltonRelayRCC-0426-VA2404
Tuesday, April 27, 2021	10:00 AM - 11:00 AM	ASAM Criteria Assessment Dimensions 5 & 6	Paul Brasler	https://covaconf.webex.com/covaconf/onstage/g.php?MTID=e0177010bf070ca20315b4d3a451565bb	https://www.streamtext.net/text.aspx?event=HamiltonRelayRCC-0427-VA2405

SUPPORT 101 Webinars

- Session Twenty-Five: ASAM Criteria Assessment Dimensions 4 [pdf]
- Session Twenty-Four: ASAM Criteria Assessment Dimensions 3 [pdf]
- Session Twenty-Three: ASAM Criteria Assessment Dimensions 1 & 2 [pdf]
- Session Twenty-Two: SUD & Clients in Need of Housing [pdf]
- Session Twenty-one: Video - Virginia Medicaid: ARTS Care Coordination
- Session Twenty-one: Virginia Medicaid: ARTS Care Coordination [pdf]
- Session Twenty: "Novel" Substances [pdf]
- Session Nineteen: SUD & LGBTQ+ Clients [pdf]
- Session Eighteen: SUD & Legally-Involved Clients [pdf]
- Session Seventeen: Alcohol & Cannabis [pdf]
- Session Sixteen: SUD and The Family [pdf]
- Session Fifteen: SUD & Cultural Humility [pdf]
- Session Fourteen: Addressing SUD Stigma and Building Provider Empathy [pdf]
- Session Thirteen: Group Therapy Skills [pdf]
- Session Twelve: Individual Therapy Skills [pdf]
- Session Eleven: Co-Occurring Disorders [pdf]
- Session Ten: Screening and Assessment for SUD [pdf]
- Session Nine: SUD Treatment Introduction [pdf]
- Session Eight: Opioids and Stimulants Overview [pdf]
- Session Seven: Substance Use Disorders (SUD) Overview [pdf]
- Session Six: Providing Trauma-Informed Care [pdf]
- Session Five: Withdrawal Syndromes [pdf]
- Session Four: Crisis and Deescalation [pdf]
- Session Three: Suicide Assessment and Screening [pdf]
- Session Two: Client Engagement [pdf]
- Session One: Tele-Behavioral Health in the time of COVID-19 [pdf]
- Dr. Mishka Terplan - Pregnant and Postpartum Care for SUD during COVID-19 [pdf]
- Dr. Mishka Terplan - HIV and HCV Updates [pdf]
- Dr. Mishka Terplan - Chronic Pain and Addiction Treatment [pdf]

Thank you for your partnership, support and participation.

Additional Questions?

Please contact

EnhancedBH@dmas.virginia.gov

SUD@dmas.virginia.gov

SUPPORTGrant@dmas.virginia.gov