DBHDS  Response to JLARC Studies

Joint Subcommittee Studying Mental Health Services in the Commonwealth in the 21st Century
Presentation
July 1, 2019

S. Hughes Melton, MD, MBA
Commissioner
Department of Behavioral Health and Developmental Services
# Implementation Update: STEP-VA Services

<table>
<thead>
<tr>
<th>STEP-VA Service required by VA Code</th>
<th>GA Implementation Date Requirement</th>
<th>Status</th>
<th>STEP VA Funds Allocated</th>
</tr>
</thead>
<tbody>
<tr>
<td>Same Day Access</td>
<td>July 1, 2019</td>
<td>100% implementation as of March 2019</td>
<td>$ 10.8 million</td>
</tr>
<tr>
<td>Primary Care Screening/Monitoring</td>
<td>July 1, 2019</td>
<td>Launch: July 1, 2019</td>
<td>$3.7 million FY19 $7.4 million FY20</td>
</tr>
<tr>
<td>Crisis Services</td>
<td>July 1, 2021</td>
<td>Detox Services RFP issued to CSBs</td>
<td>$2.0 million FY20</td>
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<tr>
<td></td>
<td></td>
<td>Crisis Services Initiated: July 1, 2019</td>
<td>$7.8 million FY20 (proposed)</td>
</tr>
<tr>
<td>Outpatient Behavioral Health</td>
<td>July 1, 2021</td>
<td>Initiated: July 1, 2019</td>
<td>$15 million FY20</td>
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<tr>
<td>Psychiatric Rehabilitation</td>
<td>July 1, 2021</td>
<td>Planning complete Dec 2019</td>
<td>–</td>
</tr>
<tr>
<td>Peer &amp; Family Support Services</td>
<td>July 1, 2021</td>
<td>Planning complete Jul 2019</td>
<td>–</td>
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<tr>
<td>Veterans BH Services</td>
<td>July 1, 2021</td>
<td>Planning complete Jul 2019</td>
<td>–</td>
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<tr>
<td>Care Coordination</td>
<td>July 1, 2021</td>
<td>Planning complete Dec 2019</td>
<td>–</td>
</tr>
<tr>
<td>Case Management (Adults and Children)</td>
<td>July 1, 2021</td>
<td>Planning complete Dec 2019</td>
<td>–</td>
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STEP-VA Implementation Process

• Formulation of STEP-VA Advisory Committee (STAC)
  – Summer 2018 determined need for STAC and engaged VACSB to create.
  – Purpose: Advise DBHDS on step definitions, metrics and funding formulas, and plan for STEP VA implementation
  – First monthly, in-person meeting Nov 2018 with 21 CSB Executive Directors representing the five regions and DBHDS leadership
  – Commissioner convenes, Chief Deputy leads, DBHDS Senior Leadership Team attends
• Milestones to Date:
  – Definitions, metrics and funding formula complete for Primary Care Screening (PCS) and Outpatient Services
  – CSBs submitted Primary Care Screening AND Outpatient plans and distribute funds to initiate July 2019
  – Work groups formed or in process of formation for remaining steps to provide subject matter expertise
  – May 8 STAC: Initial feedback on definition, metrics and funding for Peer & Family Supports, Veterans Services, Case Management, Care Coordination, and Psychiatric Rehabilitation steps
  – June 24 STAC: Final discussion of Peers and Veterans.
STEP-VA Implementation Process

• Future Tasks:
  – July STAC: Final definitions, metrics and funding formula presented for Peers and Veterans steps. No plans till funding specified.
  – September STAC: First round of feedback on Psychosocial (PS), Care Coordination (CC) and Case Management (CM) steps
  – December STAC: Final definitions, metrics and funding formula presented for PS, CC and CM steps. No plans till funding specified.
  – January 1\(^{st}\), 2020 planning COMPLETE for ALL steps. CSBs ready to work on plans when funding appropriated.
  – Determine step initiation timeframe
  – Data collection, analysis and CSB performance assessment
First Two Steps: Same Day Access & PCS

• Same Day Access has been a success, but more work remains:
  – The metric we are currently tracking is number of individuals who get an appointment within 10 days from assessment. We will begin analyzing Jan 2020.
  – DBHDS will examine the number of hours CSBs provide Same-Day Access and the impact on accessibility
  – DBHDS will work with STAC to update the performance measures to reflect the timeliness of assessments and whether hours are sufficient to meet demand

• Primary Care Screening requires monitoring before expansion
  – Any launch of Phase 2 (expansion to all populations) will be considered in context of Phase 1 and initiation of other steps
Leadership and Oversight

• Since internal re-organization (Fall 2019) Chief Deputy Mira Signer has led STEP-VA

• A team of individuals throughout agency support STEP-VA implementation including Project Management, Finance, IT/Data, Office of Adult Community Behavioral Health, and Office of Child & Family Services

• DBHDS agrees additional Central Office resources for oversight and implementation should be considered
  - For federal funds, we have a 1:2 ratio of oversight to dollars
  - For state general funds, we have a 1:15 ratio of oversight to dollars (including STEP VA) leaving only 8 people available for oversight
Aligning CSB Capacity with Funding

- DBHDS will use data from a community needs assessment and behavioral health equity index to inform funding of future steps.

**Goals**

- Assess the needs of Virginians for publicly funded behavioral health services.
- Assess current capacity of Virginia’s behavioral health system to meet the needs.
- Recommend system changes to increase access to care and monitor progress toward that goal.
- Support STEP-VA and broader system initiatives such as behavioral health redesign, and state hospital census.
CSB Funding

- CSBs are operating in a complex environment with several major system transformation underway, any changes in funding allocations must be considered in that context

- DBHDS is undertaking several steps to enhance CSB accountability
  - Major overhaul of CSB Performance Contract FY21/22
  - Community Needs Assessment to align funding with local needs
  - Behavioral Health Equity Index

- Recommend DBHDS, CSBs, and General Assembly return to this discuss after full implementation of STEP-VA and any part of Behavioral Health Redesign that moves forward