

# Alexandria CORE

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CORE & Jail Diversion Therapist Supervisor  
Alexandria Community Services Board

# Alexandria CORE

## Collaboration for Recovery and Re Entry

A partnership between the Alexandria CSB,  
the Department of Corrections District 36 Office  
of Probation and Parole,  
and Alexandria Criminal Justice Services  
aimed at helping mentally ill offenders live  
healthy and law abiding lives in the community

# In The Beginning

2008 Funding opportunity

2008 Program underway

2008 GAINS Center Conference

2016 Continued nurturing of interagency  
collaboration

# Alexandria Community Criminal Justice Board (CCJB)

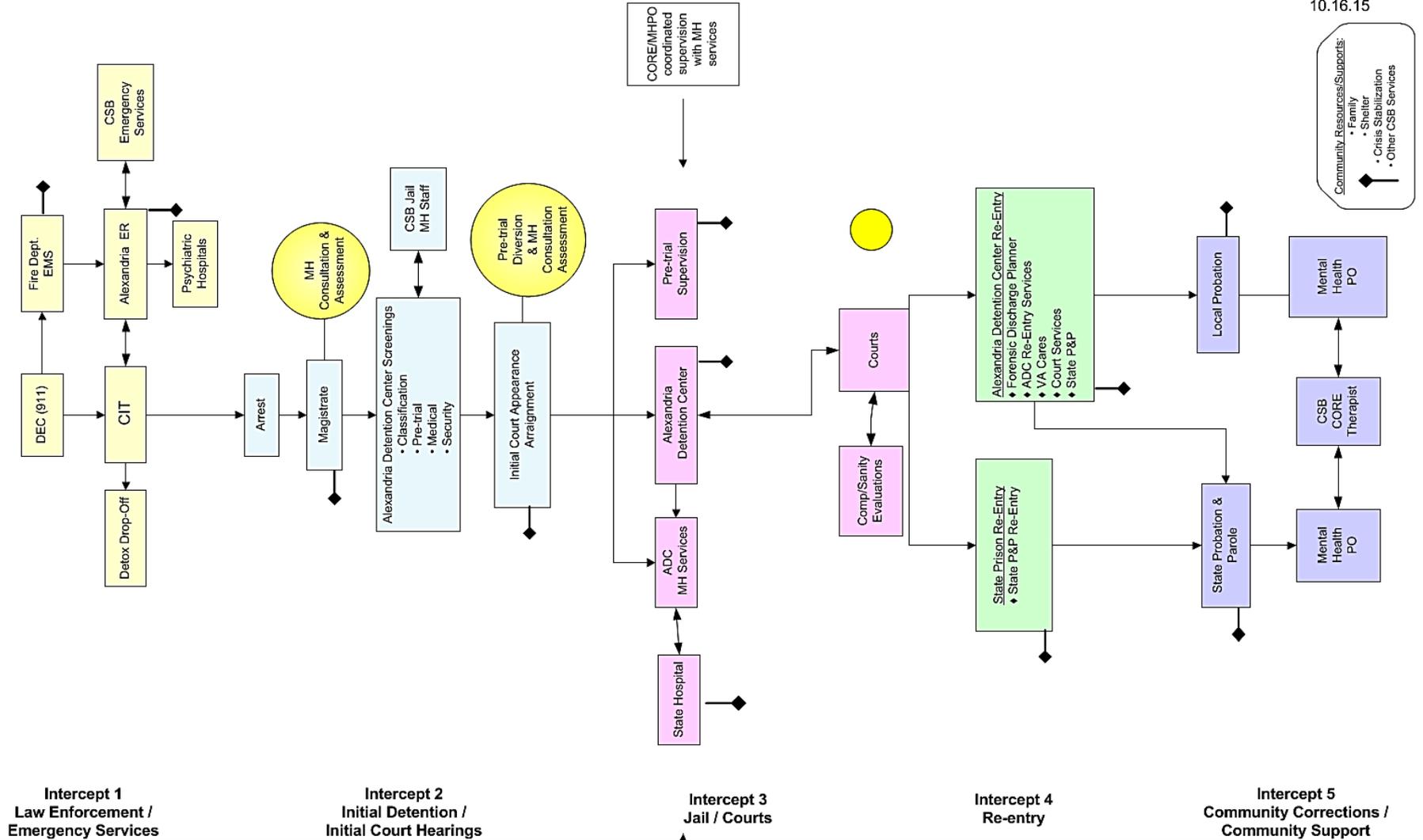
CCJB Jail Diversion Subcommittee  
(Created September 2008)

CORE Coordination  
Meeting

(Created June 2009)

# Alexandria, Virginia – Sequential Intercepts for Change: Criminal Justice—Behavioral Health Partnerships

10.16.15

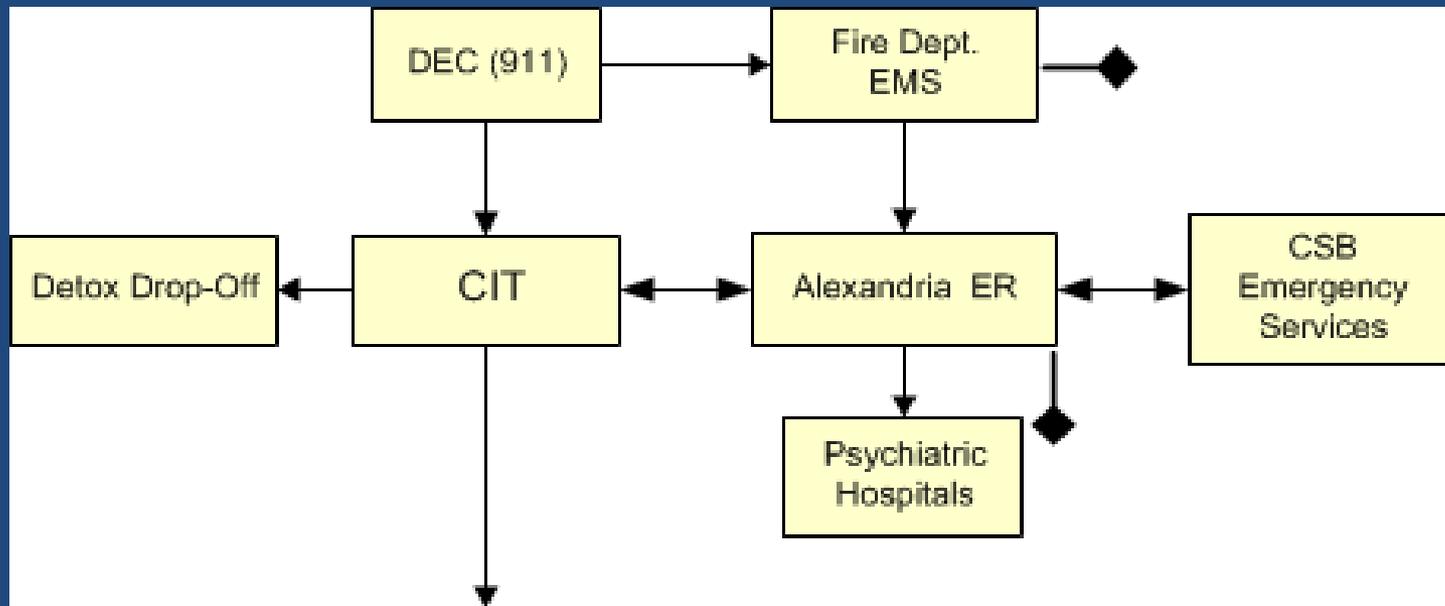


COMMUNITY

# Intercept 1

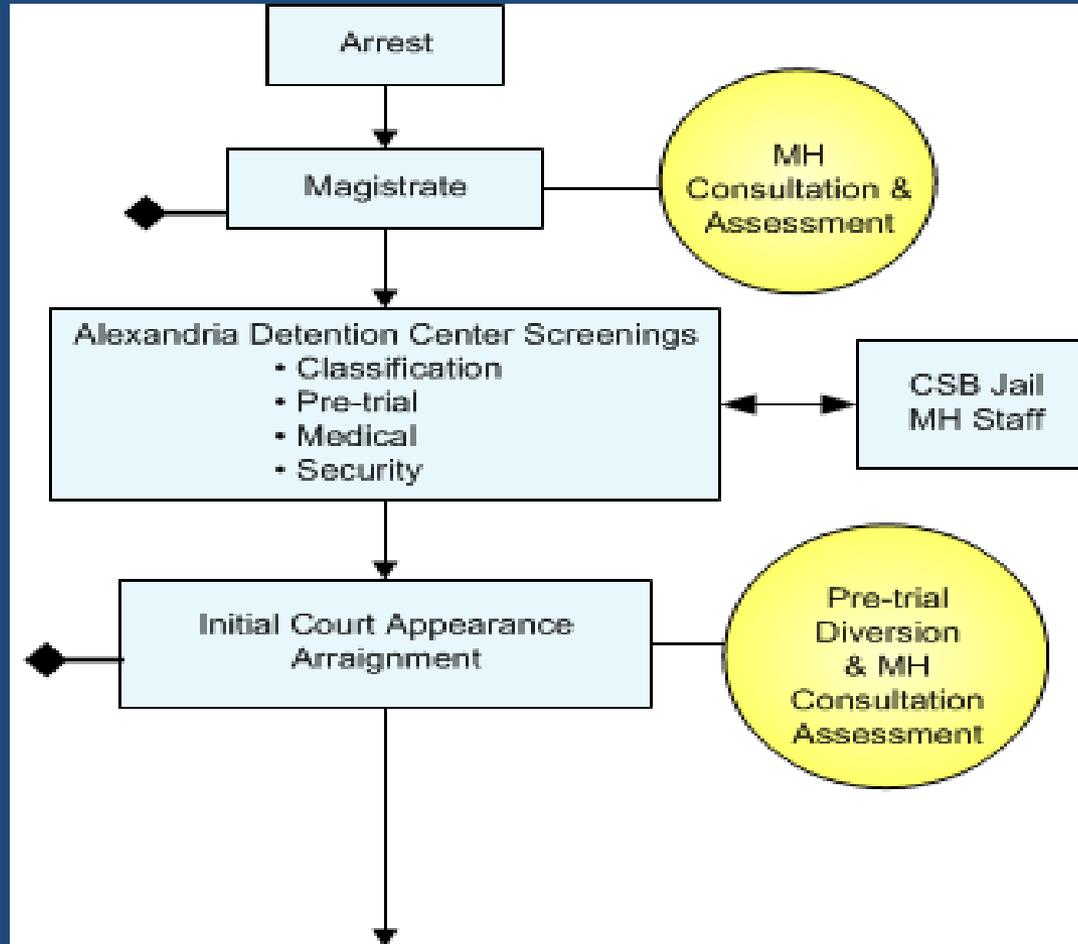
## Law Enforcement / Emergency Services

### COMMUNITY



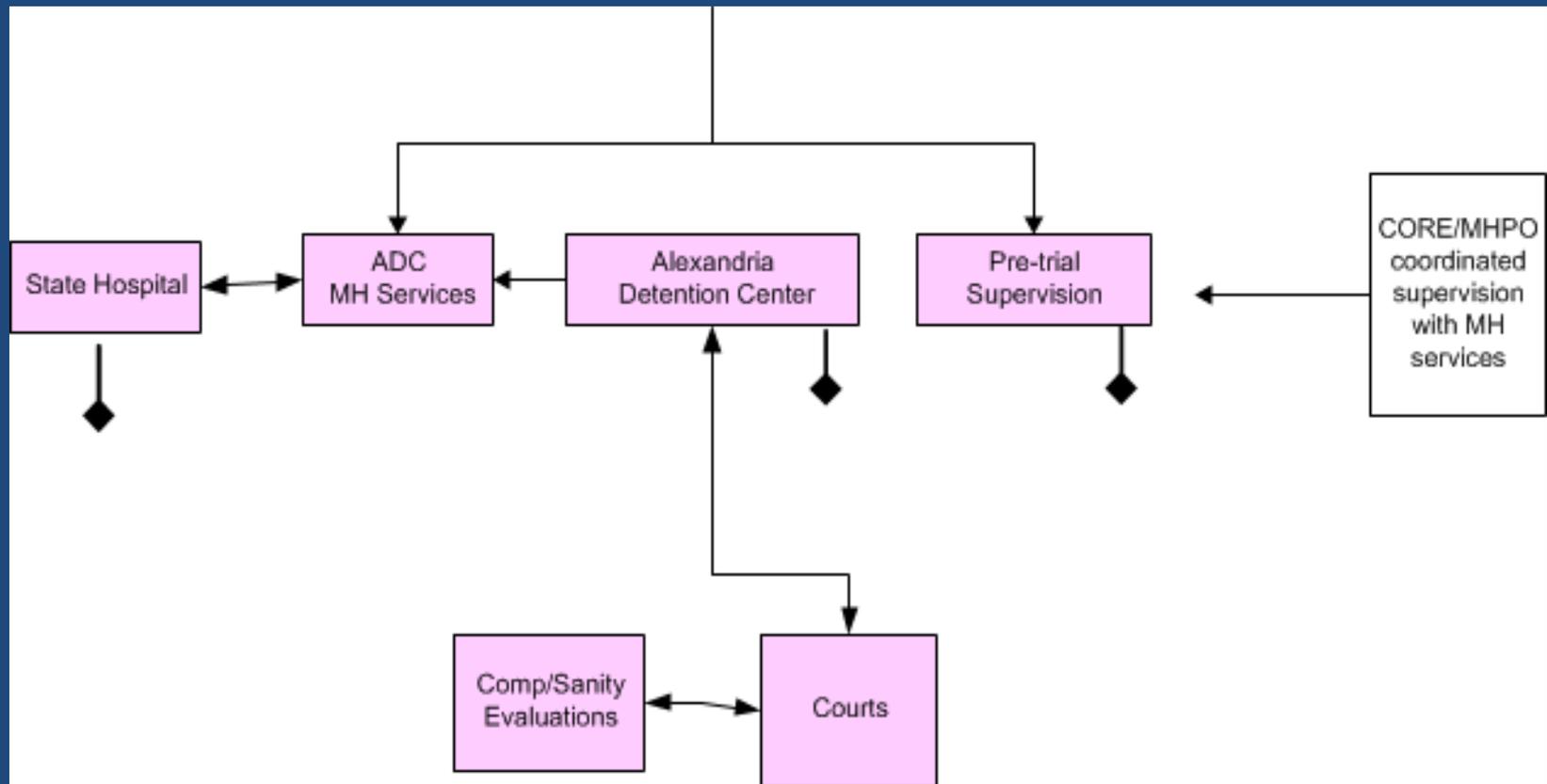
# Intercept 2

## Initial Detention / Initial Court Hearings

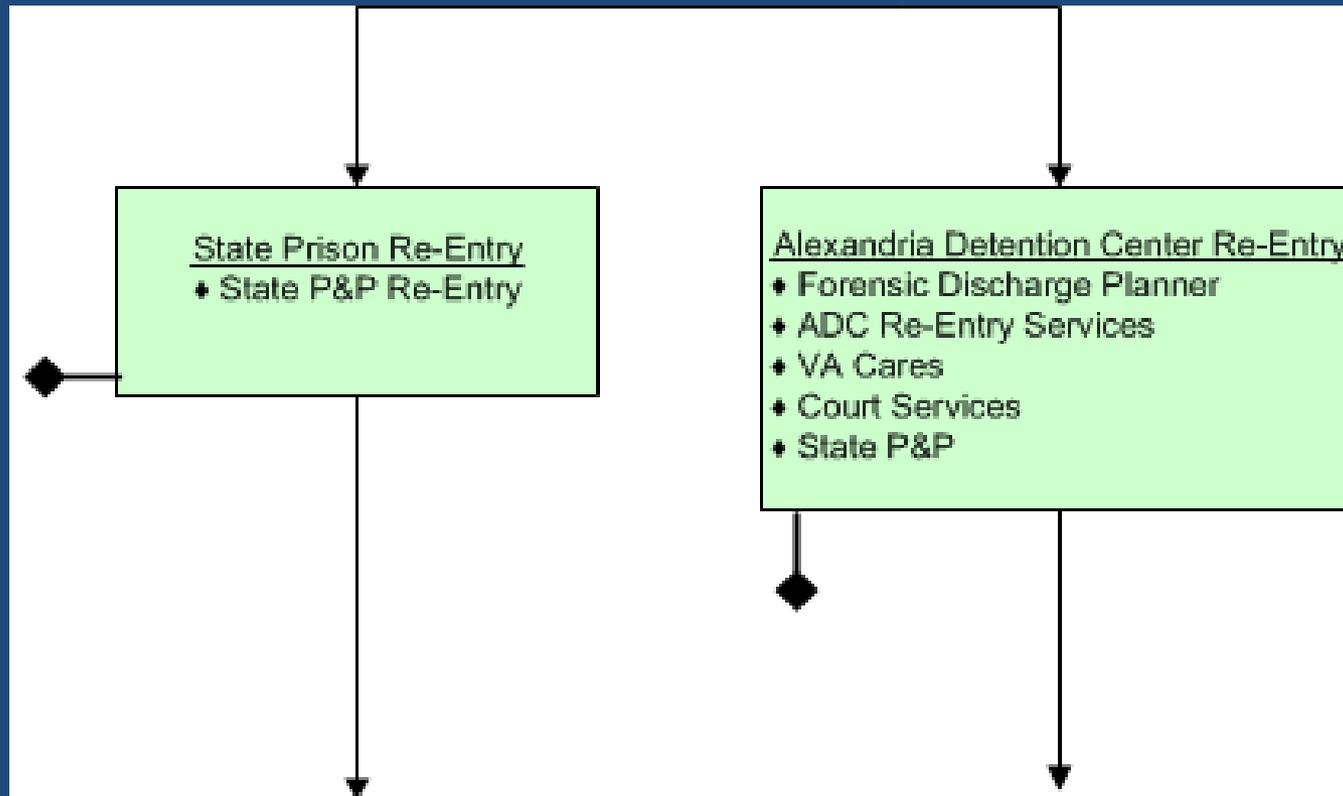


# Intercept 3

## Jail / Courts

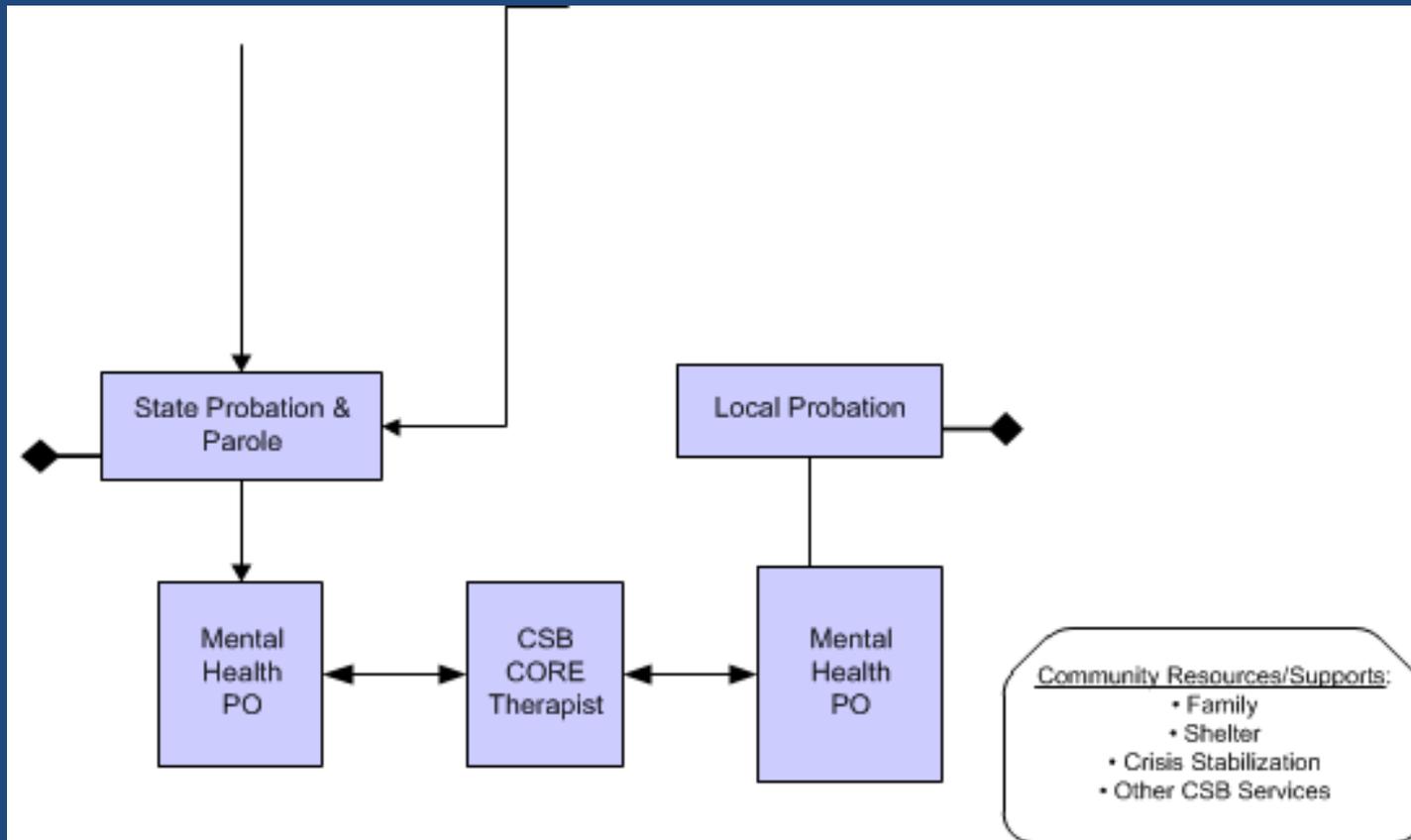


# Intercept 4 Re-entry



# Intercept 5

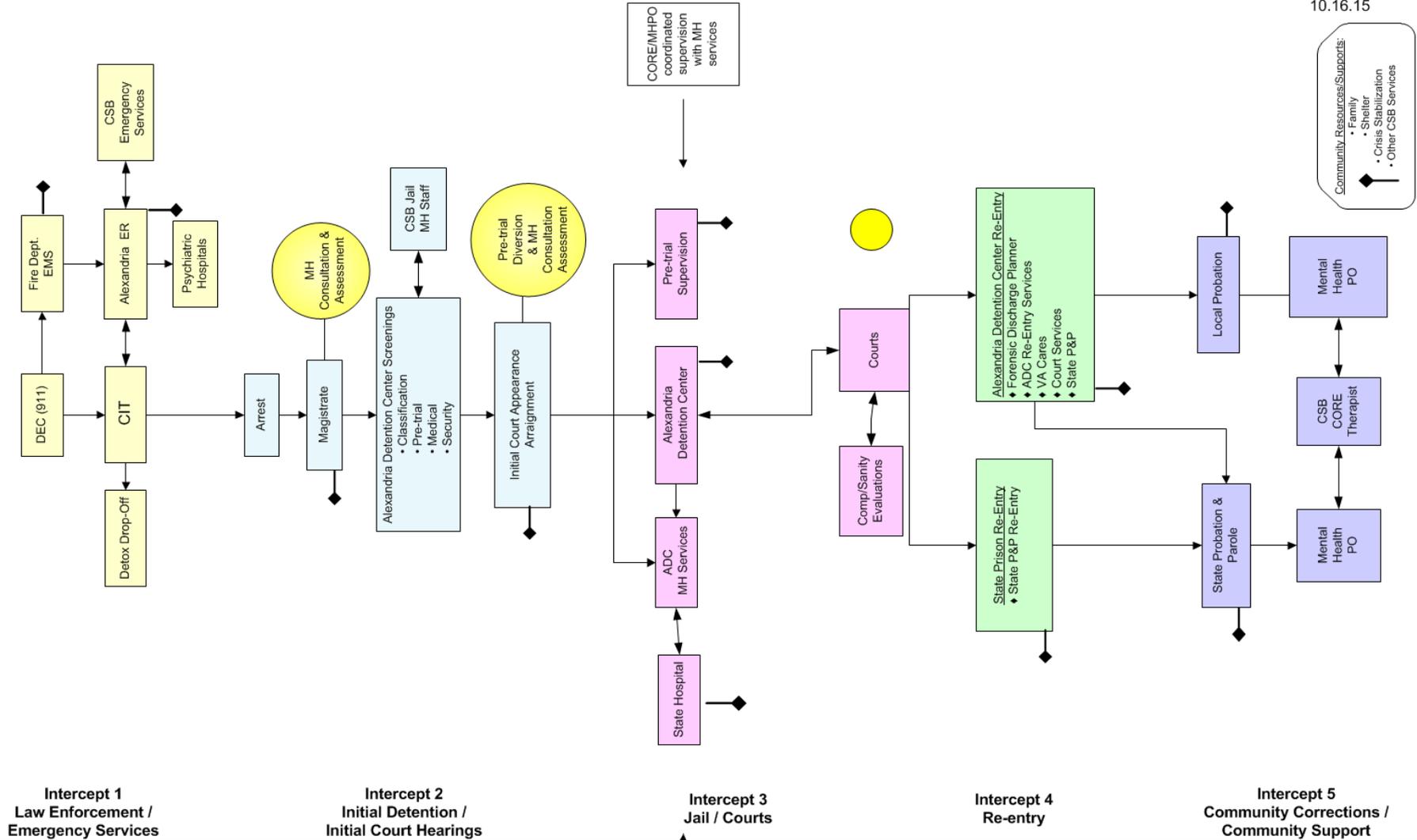
## Community Corrections / Community Support



COMMUNITY

# Alexandria, Virginia – Sequential Intercepts for Change: Criminal Justice—Behavioral Health Partnerships

10.16.15



# Cross System Mapping Priorities

- Improve coordination of Adult Detention Center re-entry services that are culturally competent, language specific, and accessible
- Advocate for a full range of housing services from emergency shelter to accessible long term housing
- Increase funding/resources for competency/sanity evaluations
- Advocate for resources for local probation (ACJS) (CORE Mental Health Pretrial/Probation Officer position est. in 2012)
- Continue CIT training and explore Assessment Center options (CIT Assessment Center (CITAC) opened late February 2016)

# CORE Includes...

- CORE & Jail Diversion Therapist Supervisor at Alexandria CSB
- Mental Health Probation Officer at DOC District 36 Probation & Parole (state probation)
- Mental Health Pretrial / Probation Officer at Alexandria Criminal Justice Services (local pretrial/probation)
- Two CSB Case Managers

# CORE Includes...(cont.)

- Two hours a week of psychiatric time
- Client Services Fund
  - Emergency Lodging
  - Medications
  - Clothing
  - Transportation

# Mental Health Probation Officers

- One at State Probation & Parole; one at Local Pretrial & Probation
- Targeted, small caseload (40) of offenders diagnosed with serious mental illness or co-occurring disorders
- Goal is to enhance treatment and supervision compliance and to reduce/prevent incarceration
- Care coordination with community service providers, police, and the courts
- CIT graduates; XSM Facilitator, LCSW

# Mental Health Probation Officer

## **Clinical Practices**

- Compass Risk and Needs Assessment Tool
- Thinking for Change Group
- Motivational Interviewing
- Firm but fair relationship
- Problem solving strategies

# CORE & Jail Diversion Therapist Supervisor

- MH employee
- Rapid intake services
- Close case coordination with criminal justice partners
- Daily comparison of those incarcerated with MH rosters
- Maintain linkage between jail and community; Boundary Spanner
- CIT Instructor
- Also supervises CIT Coordinator/ CIT Assessment Center

# MH Case Managers

- Report to the CORE Therapist Supervisor
- Locally funded MH case manager positions allocated to CORE to provide direct service due to increased need
- Specialize in delivering services for SMI/CJ involved clients (housing, employment, P&P)
- Run weekly CORE Post-Release Group

# Other CORE Members

## Booking Mental Health

Identifies mental health clients entering booking and coordinates with team members

## Forensic Discharge Planner

Identifies program participants at the re-entry intercept and develops CORE Community Release Plan in conjunction with the CORE team

Both attend the bi-weekly CORE team meeting

# CORE Meeting

- Bi-monthly
- Attendees represent each of the 1-5 intercepts
  - CIT / CITAC Coordinator
  - Booking Mental Health
  - Forensic Discharge Planner
  - Local Pretrial/Probation Officer
  - State Probation/Parole Officer
  - Case Managers
  - CORE & Jail Diversion Therapist Supervisor
- Coordinate execution of service and release plans
- Avoid duplication of services
- Improve efficiency of service delivery
- Identify obstacles and remove barriers to success

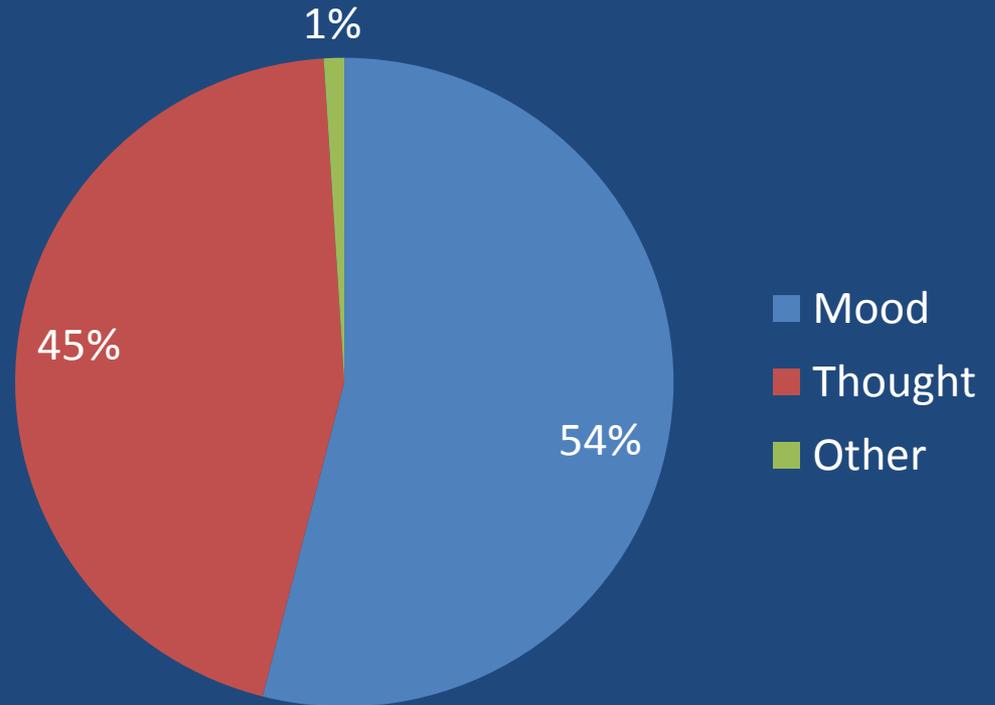
# CORE Outcomes

*March 2009 – July 2013*

- 125 Enrolled (approx 25 per year)
- 75% African-American
- 68% Male
- Average Age 37

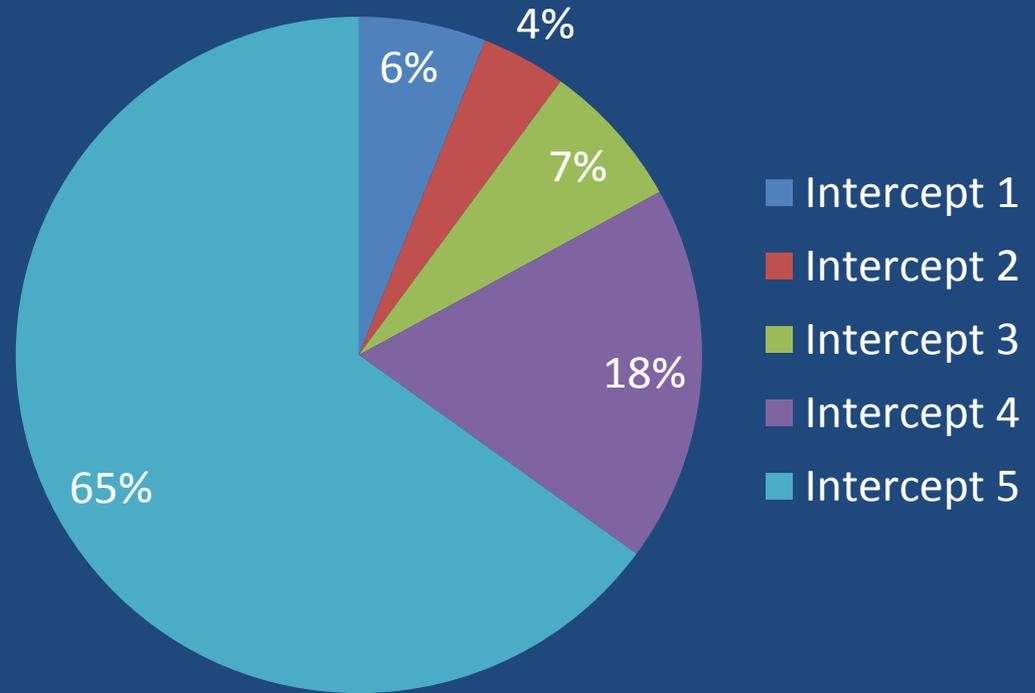
# Diagnosis

69% were diagnosed with a co-occurring substance use disorder



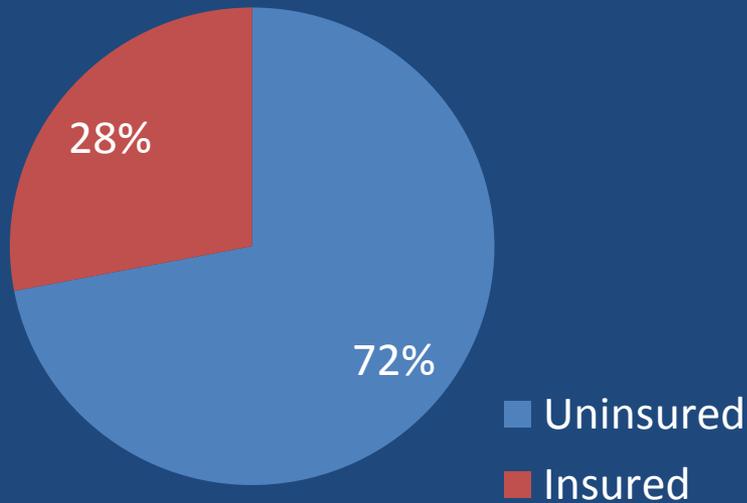
# Enrollment by Intercept

83% of initial interventions have been at Re Entry (4) or while involved with Community Corrections (5)

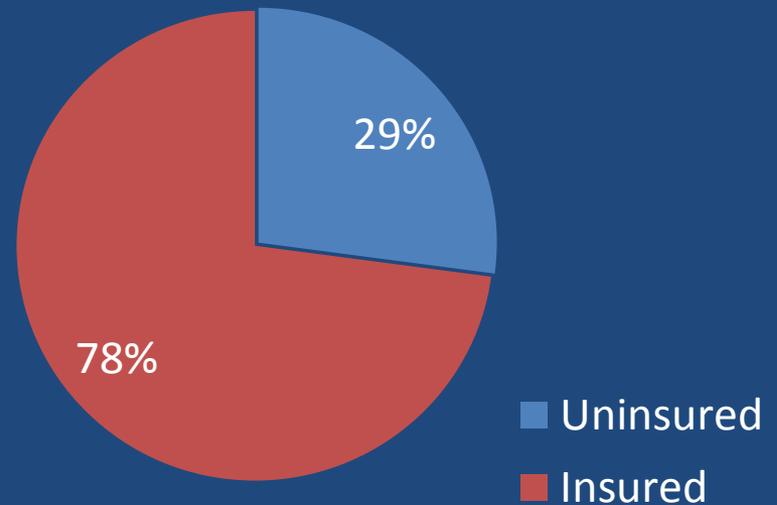


# Insurance

## Enrollment



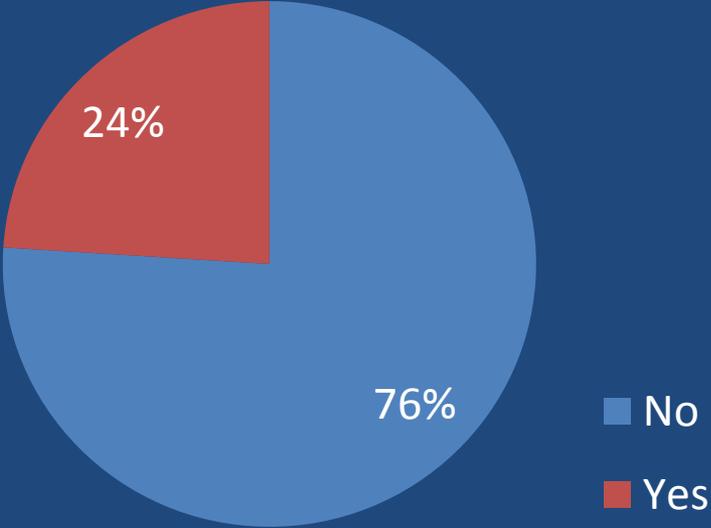
## Discharge



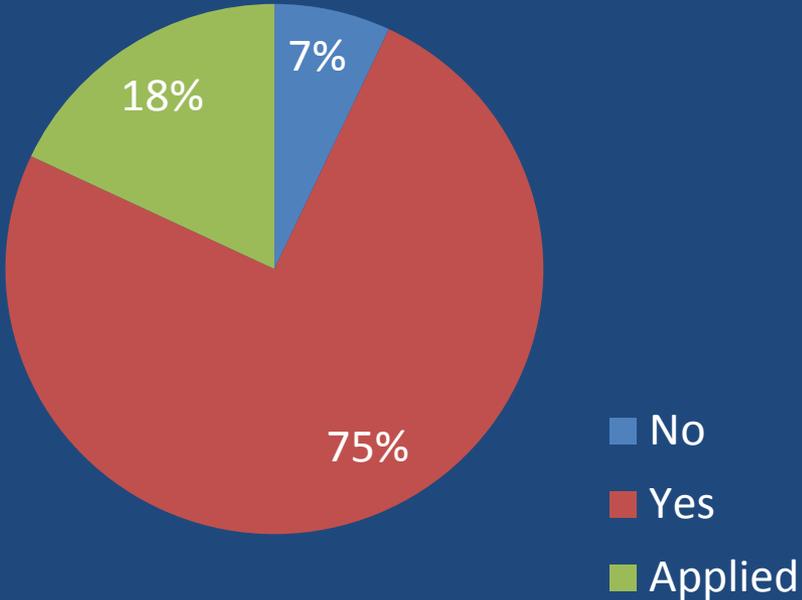
***180% increase in those insured***  
*(35 people pre-enrollment: 98 people at discharge)*

# SSI/SSDI

## Enrollment



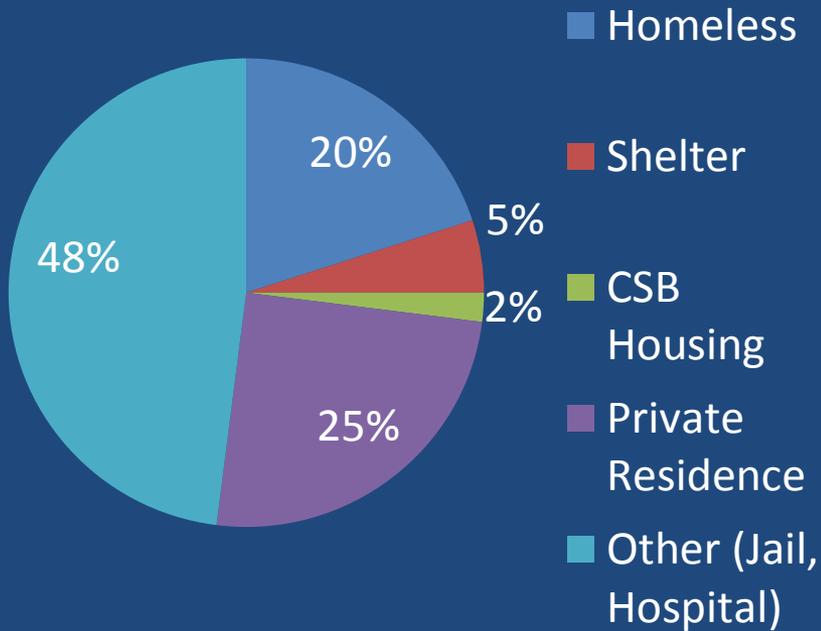
## Discharge



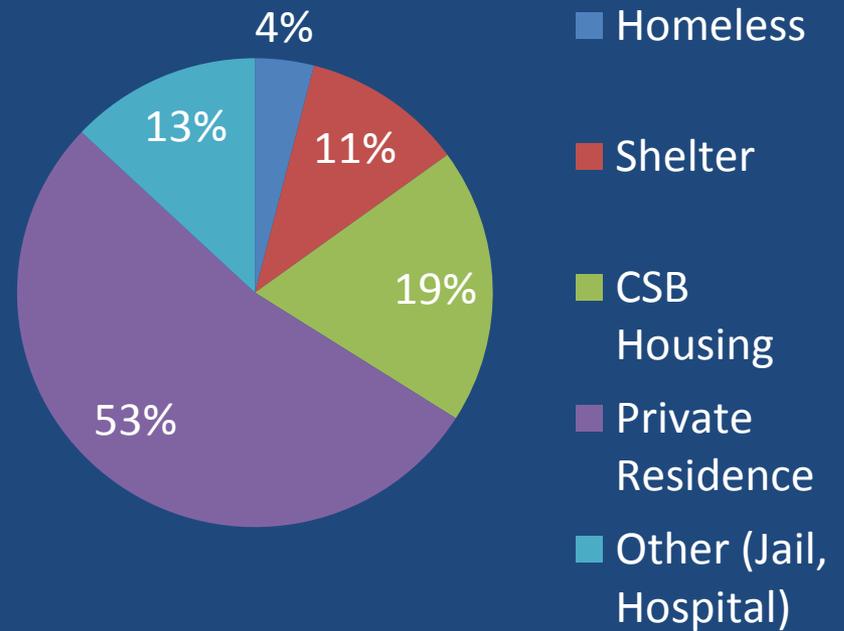
**213% increase in those enrolled**  
**(30 people pre-enrollment:94 people at discharge),**  
**plus 18% waiting for approval**

# Housing

## Enrollment

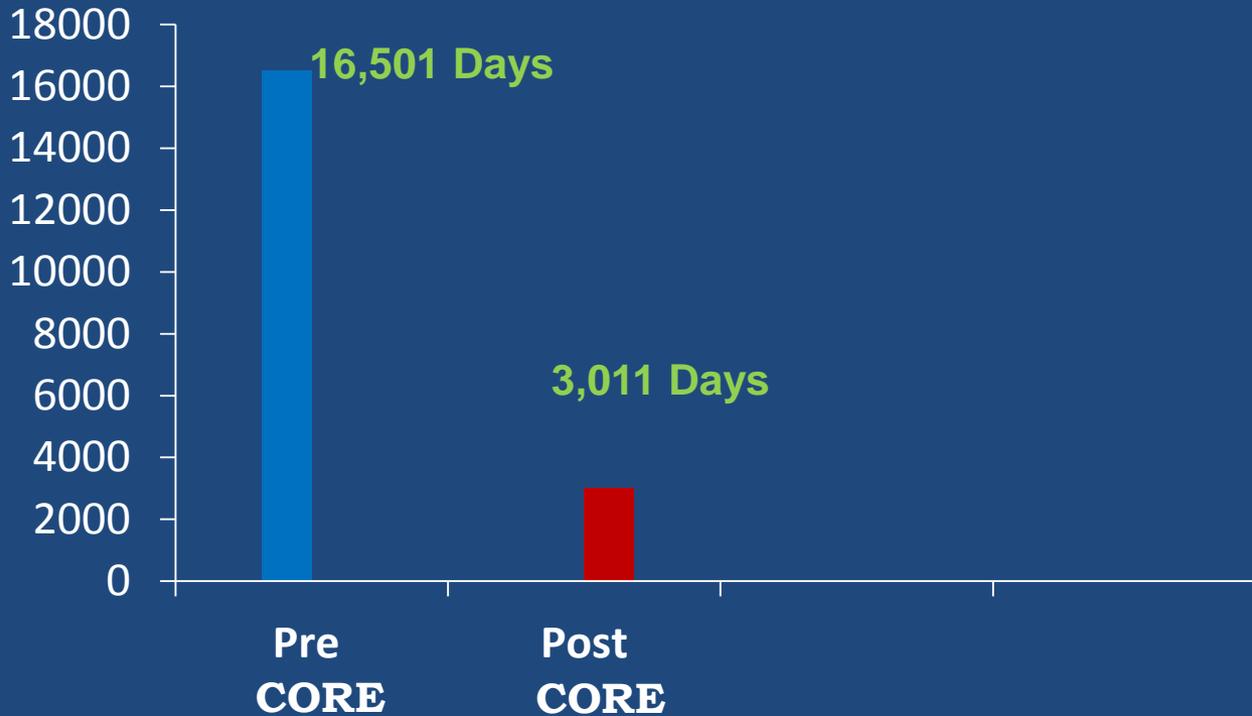


## Discharge



# Days of Incarceration

## Jail Days



**82% (13,490 days) overall reduction in Jail days  
1 year post CORE**

**78% (98 clients) were not re-incarcerated at all**

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