

**SJ47 Joint Subcommittee to Study Mental Health Services
in Virginia in the 21st Century
Advisory Panel on Mental Health Crisis Response and Emergency Services**

Dean Barker, Hampton/Newport News CSB

Dean Barker is a Certified Substance Abuse Counselor through Virginia Board of Professional Counselors (1997) and has been working in mental health field since 1988. Dean has over 24 years' experience as a Certified Prescriber with the Hampton-Newport News Community Services. He currently serves as CIT Coordinator for the Hampton-Newport News area since forming the program in 2007 and also serves as the CSB's Manager of Forensic Services. The later comprised of restoration to competency efforts, psychiatric operations in local correctional facilities, jail diversion operations, court liaison and the CSBs mental health court docket coordinator. Dean is a member of the Virginia CIT Coalition's Leadership team and chairs the Coalition's CIT Training subcommittee. He has led and participated in over 100 CIT trainings across the Commonwealth of Virginia and Maryland over the past nine years. Honored as Virginia CIT Coordinator of the year 2014; recipient of the Hampton Sheriff's Office Public Service Award 2015, Hampton Citizen of the Year 2008 and recognized by the Hampton City Mayor's office in 2008 for his work with persons suffering with behavioral health disabilities.

Damien Cabezas

Damien Cabezas is currently the Chief Executive Officer at Horizon Behavioral Health. Prior to coming to Horizon, Damien served as the Chief Operating Officer at Catholic Charities, the 9th largest US charity. Damien has twenty plus years of executive management experience in healthcare, behavioral health and reentry. He has spearheaded large-scale medical, mental health, substance abuse, reentry and housing programs, as well as social enterprises within the non-profit sector. He has held oversight responsibilities for alternative to incarceration programs that collaborated with drug courts and mental health courts in New York. Damien's expertise regarding social impact bonds led Santa Clara County in California to issue an RFA that used social impact bonds as a method for financing mental health and housing services. Damien has served as Chair and has been a member of several talent management, health, criminal justice, housing, workforce development and social enterprise committees/taskforces. He currently sits on the Board of Directors and serves as Chair of the Finance Committee of WestCoast Children's Clinic a nonprofit in Oakland, California. In addition, he serves as Board President of Horizon Opportunities, Inc. in Lynchburg, VA. Damien holds a Master of Public Health degree from New York Medical College in Valhalla, NY and a Master of Social Work degree from Fordham University in Manhattan, NY. He is a Licensed Social Worker.

Derek Curran

Derek Curran is currently the Director of Crisis Services at the Hampton-Newport News Community Services Board (HNNCSB). In that capacity he oversees the HNNCSB's continuum of crisis care services: Emergency Services (ES), the Crisis Stabilization Unit (CSU), the Crisis Intervention Team (CIT), Jail Diversion Services, and Reinvestment

Services (which include Eastern State Hospital Discharge Services and a mobile crisis services team, which provide support to fragile clients following hospital discharge). Mr. Curran began work in psychiatric services in 1978, beginning with three years in the inpatient psychiatric unit at Riverside Hospital (1978-81), followed by three years as a crisis counselor in Riverside Hospital Emergency Room and in the community, along with performing jail based mental health assessments for the Newport News courts (1981-84). In 1984 Mr. Curran was recruited and hired by the Chesapeake Community Services Board, where he developed that CSB's jail-based mental health services program. In 1989 he was recruited and hired by the HNNCSB to develop that CSB's Emergency Services program. He has served as the chair of both the HPR 5 regional Emergency Services Council and Virginia's statewide Emergency Services Council, and he has been instrumental in the creation and development of both the CIT program and the CSU at HNNCSB.

Jane Hickey, Esq.

Jane Hickey worked at the Office of the Virginia Attorney General from 1977-2010, serving for 20 years of that time as Section Chief for the Health Services Section providing representation for most of the Commonwealth's health care agencies including the Department of Behavioral Health and Developmental Services. She was also a member of the Commonwealth of Virginia's Commission on Mental Health Law Reform and chaired its Commitment Reforms Task Force and Transportation Work Group, which were responsible for many of the recommendations for improving the civil commitment process in Virginia. Following her retirement, Ms. Hickey served as editor of *Developments in Mental Health Law* published by the Institute of Law, Psychiatry and Public Policy at the University of Virginia from December 2010 through June 2014. Ms. Hickey is currently a citizen appointee on the Virginia Board of Medicine.

Kurt Hooks

Mr. Hooks has been working as a mental health professional in South Hampton Roads for the past 15 years. As a front line clinician, he worked as a crisis respondent/consultant to all of the major hospitals and ERs in the region, as well as urgent care centers, schools, detention centers and physician offices. As a director, he was responsible for assessment and referral teams at Virginia Beach Psychiatric Center, as well as oversight of Admissions and Court Services for the same facility. Mr. Hooks is currently the Director of Behavioral Health Services at Chesapeake Regional Medical Center (CRMC), where he has worked for the past 6 years. He has been facility partner project leader for 2 CIT programs, and has conducted HPR-V research related to outcomes and utilization for the Reinvestment Project. He is currently integrating behavioral health into CRMC services while also developing a discreet behavioral health service line. Mr. Hooks is a fellow with the National Board of Certified Counselors, an Approved Clinical Supervisor in Counseling, holds a M.S. in counseling, a M.P.H., and is a doctoral candidate at Old Dominion University, where he has been providing clinical supervision for graduate students for the past 4 years. He is currently conducting dissertation research on psychiatric boarding in emergency departments and CIT program outcomes.

Alison Land, FACHE

Alison Land is the system Vice President of Behavioral Health Services for Sentara Healthcare, responsible for coordinating and implementing initiatives that improve access, quality, and efficiency in both the inpatient and outpatient settings within Behavioral Health. Her responsibilities include strategic and operational oversight of four inpatient units at Sentara Virginia Beach General Hospital, Sentara Norfolk General Hospital, Sentara Obici Hospital and Sentara Rockingham Memorial Hospital; as well as outpatient services at Sentara Halifax Regional Hospital. She joined Sentara in July of 2015

Mrs. Land began her healthcare career as the Regional Operations Manager for Medpartners, Inc. in Atlanta, GA where she was the interim Administrator of The Leland Clinic. She has also served as the Vice President of Floyd Health System in Rome, GA where she held responsibility for Floyd Behavioral Health Center, a 53-bed Inpatient Acute Psychiatric Hospital with associated emergency response services and outpatient programming. Her areas of responsibility there also included Quality and Coordinated Care functions, Laboratory Services, Physician Liaisons and Floyd's Centers of Excellence for Stroke, Hip, Knee, Spine, Diabetes and Palliative Care.

Mrs. Land is a Fellow of the American College of Healthcare Executives and has served on numerous boards including Georgia State University Institute for Health Administration, The Free Clinic of Rome, and Blood Assurance in Rome, GA.

Bruce Lo, MD

Bruce Lo, MD, has been the medical director of the emergency department at Sentara Norfolk General Hospital for the past 8 years. He is the president-elect of the Virginia College of Emergency Physicians. He has served on a number of committees regarding acute psychiatric care including the Sentara healthcare psychiatric workgroup, co-chair Virginia College of Emergency Physicians Committee, and the Virginia Governor's Psychiatric Task Force.

Janet S. Lung, LCSW

Janet Lung, LCSW, is currently Director of Child and Family Services in the Virginia Department of Behavioral Health and Developmental Services (DBHDS), and previously has served in a variety of capacities within DBHDS, Director of Planning and Evaluation, Director of Resource Management, Acting Director of Prevention, and System of Care Project Director. Ms. Lung has worked in behavioral health care for most of her career, serving two different community services boards in Virginia and the Roanoke Memorial Carillion Hospital in addition to her time at DBHDS. Her primary focus has been on the development of funding for expanded community-based services. She has worked with federal agencies as a principal investigator, co-principal investigator, grant writer, federal grant reviewer and peer reviewer. She is strongly committed to the involvement of mental health advocates, parent, consumer, and family groups in system planning. Janet holds the Master of Social

Work degree, is a Licensed Clinical Social Worker and a Clinical Member of the American Association of Marriage and Family Therapy.

James M. Martinez, Jr. (Jim)

Jim Martinez served in several positions in the Virginia Department of Behavioral Health and Developmental Services (DBHDS) Richmond headquarters beginning in 1977. From 1995 until 2015, Mr. Martinez was Director of Mental Health Services where he managed the Department's mental health, substance abuse, criminal justice, and prevention initiatives for adults, youth and families, and supervised various administrative, policy and operational functions of Virginia's public system of behavioral health services. Throughout his tenure at DBHDS, Mr. Martinez focused on developing community services and supports for individuals with serious mental illness and substance use disorders and their families, and on shaping and implementing a person-centered, recovery-oriented behavioral health system for Virginia. Mr. Martinez has been a leader in strengthening the safety net of behavioral health crisis response services in the Commonwealth, and served as an Advisor to the Supreme Court of Virginia's Commission on Mental Health Law Reform from 2006-11. Mr. Martinez is a 2001 graduate of the Virginia Executive Institute, and holds a B.A from Washington and Lee University and a M.Ed. from the University of Virginia.

Bonnie Neighbour

Bonnie Neighbour is the Executive Director of the Virginia Organization of Consumers Asserting Leadership (VOCAL), the Virginia state-wide mental health consumers' network where she has worked since 2007. She is a well-recognized mental health advocate and a change agent for Virginia's mental health system, participating in workgroups with the Commission on Mental Health Law Reform, and serving on the School and Campus Safety Taskforce and on the Crisis Response workgroup for the Taskforce on Improving Mental Health Services and Crisis Response.

Ms. Neighbour's formal education was in music and theology, and she taught music in Nebraska in the early 1980's and has over fifteen years' experience as a youth minister in Georgia and Virginia.

Ms. Neighbour was diagnosed with a severe mental illness in 1995 after fifteen years of looking to make sense of what was happening to her. Over the next several years, while fully complying with treatment and accepting the messages of disability she received from mental health professionals, her condition continued to deteriorate, to the point that she became unable to work, was homeless, and received Social Security disability payments based on her diagnosed condition. When introduced to the concept and process of mental health recovery in 2005, she changed her life dramatically, and became active in mental health services support, advocacy and reform. She is trained as a Peer Specialist; an Advanced Level WRAP (Wellness Recovery Action Plan) facilitator; and an Empowerment and Leadership facilitator for Virginia citizens, including veterans, with mental health concerns. She designs and leads workshops on mental health recovery and advocacy around the state of Virginia and nationally. She has been involved in the leadership of several peer-run groups with connections to DBSA (Depression and Bipolar

Support Alliance); WRAP; The Icarus Project; McGuire Veterans Hospital; Friends 4 Recovery; as well as a regional peer connection/action group in central Virginia. She has also served as the Coordinator of Mental Illness Ministries for the United Methodist Church - Virginia Conference and as the Co-Chair for Mental Health for the Coalition for Virginians with Mental Disabilities. Her personal experience of losing a close friend and an extended family member to suicide has given even deeper resolve to her professional and personal efforts to help people with serious mental illness experience recovery.

John Oliver, Esq.

Mr. Oliver served in the Chesapeake City Attorney's office for 31 years, as an Assistant and then Deputy City Attorney. His work there included behavioral health and social services law. He's now in part-time private practice, where he works as guardian ad litem for children and adults, and as legal counsel in involuntary commitments. He's also working with the Institute of Law, Psychiatry and Public Policy on several mental health law and service reform initiatives and in the publication of the Institute's journal, *Developments in Mental Health Law*.

Becky Sterling

Ms. Sterling is the Director of Recovery Services for the Department of Behavioral Health & Developmental Services (DBHDS) and is the first person to be selected to that position, which was created during the tenure of Debra Ferguson, Ph.D., as Commissioner of DBHDS. Prior to assuming her position at DBHDS, Ms. Sterling worked as the Consumer Recovery Liaison for the Middle Peninsula-Northern Neck Community Services Board. Ms. Sterling has served, and continues to serve, on a number of advisory bodies, including Governor McAuliffe's Taskforce on Mental Health and Safety and Governor Kaine's Community Integration Advisory Commission, and she co-chairs both the DBHDS Adult Behavioral Health Services Transformation Team and the DBHDS Recovery and Support Workgroup. Ms. Sterling received her B.S. in Recreation from Virginia Commonwealth University. She is also a licensed nursing home administrator and certified peer support specialist.

Ted Stryker

Mr. Stryker is President of Mental Health, Senior Care & Rehabilitation Services within Centra, a 627-bed, four hospital system located in Central Virginia. He is responsible for leading the mental health, senior care and rehabilitation business unit, which includes 4 nursing homes, an assisted living facility, 102 independent continuing care retirement community homes, an inpatient acute rehabilitation facility, 9 outpatient rehabilitation centers, 3 PACE (Program of All Inclusive Care of the Elderly) programs, home health, employer health, and the mental health service line. From 2010 through 2015 Mr. Stryker was Centra's Vice President for Mental Health Services, responsible for directing a service array that included 65 child, adult and geriatric acute psychiatric hospital beds, 102 child psychiatric residential treatment beds, 15 residential substance use treatment beds, psychiatric emergency services, autism diagnostic and treatment center, in-home autism services, adolescent group home services, psychiatric and mental health consultation services, outpatient psychiatric and mental health clinics, outpatient substance use treatment services, and 11 special education day schools.

Prior to coming to Centra, Mr. Stryker held positions with several hospitals in New Jersey in a professional career that began in 1982. From 1994 to 2001 he was Vice President and Chief Operating Officer of AtlantiCare Behavioral Health, the behavioral health division of AtlantiCare in New Jersey, and from 2001 to 2010 served as President and Chief Executive Officer of AtlantiCare Behavioral Health.