

# Virginia's Money Follows the Person Demonstration Grant

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# Money Follows the Person (MFP) Demonstration Grant

- Federal opportunity to further develop community integration strategies, systems, and infrastructure for people with long-term care needs
- Emphasizes community living vs. institutional placement to help “rebalance” the system
- Enables a system of flexible financing for long-term services and supports
  - Changes Medicaid funding streams to better enable individuals with long-term care needs to live in a setting of their choice

# Money Follows the Person (MFP) Demonstration Grant

- Three Main Parts:
  - A program that identifies individuals in institutions who wish to move back into the community and assists them with the transition process
  - Assists states by providing an enhanced Medicaid match for individuals who transition from institutions into the community
  - Enhances community services to better support individuals who transition into the community

# MFP Demonstration Benefits to Virginia and other States



- This Demonstration will support Virginia and other states' efforts to address an “institutional bias” in Medicaid-funded long-term care supports
  - Medicaid law historically supported institutional placements
- The MFP Demonstration funding directly supports Virginia's *Olmstead* community integration initiative by:
  - Strengthening the infrastructure for community-based long-term support services so that Virginians who are aging or who have disabilities may choose to move from institutional settings and live in more integrated community settings

# MFP Demonstration Funding

- This is not a Grant!!!! Although Virginia had to apply as if it were a grant opportunity, funding is tied to HCBS expenditures
- States will receive an enhanced federal medical assistance percentage (FMAP) for 12 months for each Medicaid recipient who transitions from an institutional setting into the community during the demonstration period.
  - For Virginia, that means a 75/25 match
- Covers only expenditures on current and demonstration home and community-based services – not acute care services

# MFP Demonstration Funding for Virginia



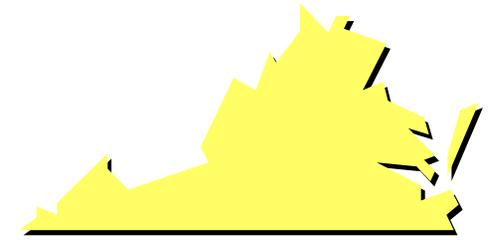
- Award Amount - \$38,508,185
- This amount includes Federal (enhanced) and State funding
  - Federal (\$28,626,135)
  - State (\$9,882,049).
- Four-year award period, from May 1, 2008 through September 30, 2011
- However, this does not mean we will need to come up with \$9.8 million in new general funding (GF) to cover costs for this Demonstration. This amount includes GF that was already forecasted for long-term care services

# MFP Demonstration Funding for Virginia



- It also does not take into account the anticipated savings that will result from individuals transitioning from institutions into the community
- The MFP Demonstration program expects that any cost savings realized through the enhanced match be placed back into the long-term care system to continue rebalancing efforts
  - E.g., cost savings can be used to cover expenses of providing new services to HCBS recipients who are not MFP Demonstration participants
  - Benchmarking measures will be used to measure rebalancing effort success

# Money Follows the Person – Virginia's Demonstration



- Application developed in collaboration with the Office of Community Integration for People with Disabilities, numerous state agencies, self-advocates, their families and other stakeholders
  - Virginia was selected to participate in the Demonstration in May 2007
- Eligibility Requirements – Who Can Participate?
  - Persons who reside in a Nursing Facility, Intermediate Care Facility for Persons with Mental Retardation, or Long-Stay Hospitals for six months and continue to require LTC benefits from Medicaid
- How Many This Demonstration Will Affect
  - It is anticipated more than 1,000 individuals will transition out of institutions during the four-year demonstration period

# Virginia's MFP Demonstration

- Changes to the Long-Term Care Community-Based Services System
  - Providing \$5,000 in transitional funding in Medicaid for home and community-based waivers for those individuals leaving from institutional settings (e.g. rent, utility deposits)
  - Including personal emergency response systems, assistive technology and environmental modifications within select home and community based waivers
  - Providing the services of a care coordination “transition manager” for individuals receiving services in the Elderly or Disabled with Consumer-Direction Waiver

# Virginia's MFP Demonstration

- Changes to the Long-Term Care Community-Based Services System
  - Creating a consumer-directed option for supported employment services for the Mental Retardation and Developmental Disabilities waivers
  - Anticipating the development a community living supplement and supplemental home modification assistance (to include payment of rent during the home modification period)

## Next Steps for the MFP Demonstration



- MFP Subgroups continue work on Operational Protocol development
- Develop Case Study providing a detailed narrative of interventions employed under the demonstration
- Develop annual benchmarks to establish empirical measures of progress
- Develop the Operational Protocol for the MFP Demonstration and submit to CMS by April 2008
  - Document will serve as the “how to” manual for the implementation of the MFP Demonstration

# MFP Demonstration – Launch Date May 1, 2008

## Why Is it Taking Until May 1<sup>st</sup> to Start This Program?

- ✓ The process for determining how to identify and transition individuals needs to be developed
- ✓ DMAS needs to submit proposed changes to its home and community-based waiver programs to CMS for review and approval
- ✓ Waiver program regulations need to be changed
- ✓ The Transition Coordination provider group needs to be developed, recruited and trained
- ✓ Changes need to be made to the Medicaid payment, prior authorization, and consumer-directed payroll system

# Contacts for the MFP Demonstration

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**Questions?**

