# Virginia Certificate of Public Need



#### Virginia Association of Regional Health Planning Agencies September 19, 2006









# How is Virginia Doing?

Medical Expenditures Are Low
 ✓ Use Rates Are Not High

✓ Public, Businesses, and Insurers Benefit

#### Quality Is Good

✓ Mortality Rates Are Low for Services Covered by COPN

#### Access to Care Is Improving

✓ Access to Facilities Is Good

✓ Access to Outpatient Care Is Being Addressed



# **Virginia Expenditures and Use**

- Personal Health Spending as Percent of Gross State Product
  ✓ Only Two States Spend Less
- State Government Spending as Percent of Gross State Product
  ✓ Only One State Spends Less

#### **\*** Below the National Average in the Following Categories

- ✓ Hospital Days of Care Per Population
- ✓ Expenses Per Day of Hospital Care
- ✓ Nursing Home Use Per Elderly Population

#### \* Use and Expenses Higher in Central Virginia (Richmond Area)

✓ Use and Expenses Lower in Other Four Regions



# **Empirical Findings**

✤ U. S. Automakers Found -

Employees in States with Certificate of Need Laws Have:

✓ Lower Health Care Expenditures

- ✓ Lower Expenditures for Hospital Care
- ✓ Lower Expenditures for Diagnostic Imaging (e.g., MRI)
- ✓ Lower Expenditures for Open-Heart Surgery



# **Virginia Quality**

- **\*** Open-Heart Surgery Mortality Rate Fourth Lowest
- **\*** Fourth Most Nursing Homes with No Deficiencies
- Virginia's Cancer Mortality Lowest in Largest Programs
- **\*** Virginia's Infant Mortality Lowest in Largest Programs
- **\*** More Than 100 Studies Link Volume to Quality
- For More Than 20 Medical Services, Including
  - ✓ Cardiac Catheterization and Angioplasty
  - ✓ Transplantation
  - ✓ Intensive Care
  - ✓ HIV Treatment

**The Leapfrog Group, Sponsored by the Business Roundtable, Uses These** 



### **Access Enhancements**

- **\*** Geographic Distribution
- **\*** Charity and Medicaid at Facilities
- **\*** Inclusion of Outpatient Covered Services
- **Support for Primary Care Services**



### **Medical Care & Markets**

**\***Medical Care Is Not Classic Economic Market

✓ Individual Usually

- Has Little Knowledge of Costs
- Pays Little of the Cost Directly
- Has Limited Role in Whether and Where Care Provided

✓ Society Expects Providers To:

- Provide Charity Care
- Serve Medicaid Patients At a Loss
- Cover Losses with Revenue from Insured Patients

 Cross-Subsidize, with Profitable Services Supporting Unprofitable Services



### **Medical Care & Markets**

**\*** Medical Care Is Not Classic Economic Market

✓Insurers

- Determine the Payment Amounts
- Set Payment Rates Based Partly On Average Costs, Providing Collective Cost-Based Reimbursement
- Pass on Costs, Including Payments, to Businesses, Governments, and Individuals

Supply and Demand Are Linked
 When Supply Increases, Use Increases
 When Use Increases, Expenditures Increase

Economies of Scale, However, Do Apply
 Unit Costs Are Low for High Volume Services
 Duplication Results in Higher Costs

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### **FTC – DOJ Report**

**\***Federal Trade Commission/Department of Justice Report

✓ States That Health Care Is Not True Market Because

- Certificate of Need Laws
- Health Insurance
- Administrative Pricing of Medicare and Others
- Service Cross-Subsidization
- Charity Care
- Service Mandates
- Collective Action by Physicians
- Physician Role in Care Decisions



### Virginia and Ohio

#### **\*** Virginia Tried Partial COPN Repeal, 1989-92

✓ Experience Was

- Explosive Growth of Profitable Services
- Concentration in Affluent Areas
- Use Up Substantially

#### **Since Ohio Repealed Its Certificate of Need Law**

✓ Significantly Fewer Inner City Hospitals

- Explosion of Profitable Services
- Numerous Cases of Hospital-Physician Discord
- Specialty Hospitals
- Do Not Provide Money Losing Services
- Jeopardize Community Hospitals



# **Virginia Distinctiveness**

#### **\***Virginia is Distinctive in the Following Ways

- ✓ Financially Stable Facilities
- ✓ Despite Medicaid Coverage and Payment Levels
  - Highest Intensity Nursing Home Patients
- ✓ Level Playing Field for COPN
- ✓ Address Problematic Services
- ✓ Moderate Coverage of COPN Law
- ✓ Competition Encouraged Where Not Detrimental
- ✓ Strong Local Role in the Process
- ✓ JLARC Report Strongly Supports Local Role



### **Regional Agencies**

**\*** Virginia's Regional Health Planning Agencies

- ✓ Five Non-Profit Agencies
- ✓ Local Boards Have Consumer Majorities
- ✓ Hold Public Hearings on COPN Applications
- ✓ Make Recommendations on COPN Applications
- ✓ Community Health Planning Role
- ✓ Data Gathering and Analysis
- ✓ Services for the Uninsured